

# The T.K.D. Flash

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The National Newsletter of the United States Taekwon-Do Federation

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## IMAGE OF THE YEAR

The remaining top images appear in this issue. The previous issue got to Fourth Runner-up, a great photo. Here, we cap off the contest with the winners.

Thanks, once again, for your 2023 submissions.

## COMING EVENTS

On April 20, the **Axe Taekwon-Do Invitational**. (See poster this issue.)

On May 4 the **2024 USTF Technical Seminar** will be held at Apex Recreation Center in Arvada, Colorado. Contact Headquarters to enroll.



On January 27 kids from **Maestas Taekwon-Do**, **Thornton Taekwon-Do** and **Sereff Taekwon-Do** joined together at Broomfield for a fantastic tournament including pattern and sparring plus a Pinata and Chili Cook off! Mr. **Jason Rose** was the tournament director with Mr. **Dan Fitch** was the head of Referees for this event. The head table was run by Master **Louise Fox** and **Kelly Fitch**. Our Grand Champion for the event was **Sylas Gulsby** after a tie breaker with **Aria Cristi**. The results of the Chili cook off were the Bettis family, 3<sup>rd</sup> place, the Hill family 2<sup>nd</sup> place and the Martin Family took top honors with 1<sup>st</sup> place. More pics next page.



More pics from January 27: champs, grand champs, and, chili champs! And a few more pics next page....



**Mountain View Taekwon-Do**, under the able leadership of Senior Master **David Mason**, will sponsor a Black Belt test on May 17. Testing will be candidates for First, Second, Third, Fourth, and Sixth Dan.

On May 18, the **Pacific NW USTF Championships** will be held in LaCenter, Washington. Promoter Mrs. **Lynette Mason**, Tournament Director Senior Master **Brandon Stoppani**, Chief Referee Senior Master **David Mason**.

**SEREFF WORLD CAMP:** is set for June 16 through 21 in the beautiful Rocky Mountains. Camping, hiking, entertainment, courses, workouts, and lots of fun. Join in that fun, but remaining places extremely limited. Contact USTF Headquarters, 303-466-4963.

A USTF Ground Tactics Seminar will be conducted at Sereff Taekwon-Do, Broomfield, Colorado, on July 20. The instructor is to be Master Anthony Giese. Your Humble Editor has attended Master Giese's Ground Tactics Seminar and highly recommends it. (Poster this issue.)

**AROUND THE COUNTRY**

A USTF Referee Seminar was conducted November 11 at **Axe Taekwon-Do** in Bellevue, Nebraska. Hopefully some copy and photos soon.

The **Utah Chang Hun Taelkwon-Do Alliance** wsponsored a Black Belt Testing on



Some of the action from the Broomfield tournament.

December 9 at Sandy, Utah. Testing will be candidates from **Dubbeld Taekwon-Do**, **Community of Grace Taekwon-Do**, **Ohdoilkwan Taekwon-Do**, and **Jeontong Taekwon-Do**. Hopefully some copy and photos soon.

**LVTKD** and **Stone Taekwon-Do** joined in a Black Belt testing in Henderson, Nevada, on December 16. The promoter: Grand Master **Joe Bosse**. Hopefully some copy and photos soon.

Sr. Master **Paul White** hosted a Black Belt testing on February 8 at **New Life Taekwon-Do**, Arvada, Colorado. Hopefully, copy and photos coming.

On March 9 a Black Belt test was held at **Big Dog Taekwon-Do** in Grand Rapids, Michigan. Promoter, Regional Director **Marianne Armstrong**. Hopefully, copy and photos coming.

On March 16 a USTF Weapons Defense Seminar was held at Sandy, Utah, promoted by the **Utah Chang Hun Taekwon-Do Alliance**, taught by Master **Anthony Giese**. We'll look forward to photos and an article in the upcoming issue.

**The Maestas TKD School Challenge** was held on March 23 at Arvada, Colorado. Ms. **Clare Johnson**, Tournament Director. Hopefully, copy and photos forthcoming in the next issue.

### Special Thank You

Special thank to Master **James Sroykum** for his excellent photos down through the years, some of which are featured in this issue.



**Maestas Taekwon-do** held a color belt test Thursday January 25<sup>th</sup> at Apex Recreation Center in Arvada Colorado. Twelve students tested for their new ranks. High test scores were awarded to **Jacob Olsen** testing for 2<sup>nd</sup> Gup red belt and **Laura Makelky** testing for 5<sup>th</sup> gup high green belt. Group Photo, above: Back row, from left, Ms. **Naomi Bettis**, Ms. **Emily Bettis**, Mr. **Silas Gulsby**, **Max Wiggs**, **Rudy Rico**, **Troy Merrick**, **Theo Crandall**, **Laura Makelky**, Ms. **Tracy Pettijohn**. Middle row, from left: Ms. **Allora Sisnroy**,



Ms. **Amy Bettis**, **Francis Bash**, **Scarlett Merrick**, **Jacob**

**Olsen**, **Grace Bettis**, Ms. **Brianna Bettis**, Ms. **Marsh Wright**, Ms. **Amaya Sisnroy**, Senior Master **Robert Pettijohn**. Front row, from left: **Brandon Pilant**, **Eli Cho**, **Sybil Gulsby**, **T.J. Merrick**.

Photo at right: Master Robert Pettijohn congratulates high test score recipients **Laura Makelky** (Left) and **Jacob Olsen** (Right) Below: **Laura Makelky** and **Rico Rudy** demonstrate beginning two-step sparring.





March 9 was an incredible day for the USTF! 15 candidates for rank gathered at **Sereff Taekwon-Do** from Nebraska, Nevada, Colorado, Washington and Missouri to grade under a highly distinguished test board consisting of Grand Masters **Mike Winegar, Renee' Sereff, Stan Martin, Bill Stephenson, Kirk Steadman, Dan Griffin, Ricky Todd, Sr. Master Paul White,** and Master **Lorie Ruby.** Grand Master **Dennis Swan** joined us as well. Sr. Master **Joseph Bosse'** from Nevada was promoted to Grand Master, Masters **Philip Ordonio, Jr. MO, Kevin Bushor, NE, Brandon Stoppani, WA, and James Smith, CO,** were promoted to VIII Dan Sr. Master, and Ms. **April Bowing, NE,** was promoted to VII Dan Master. From Washington, **Linda Allen, Lynette Mason** and **Randy Shroy** were promoted to V Dan,

**Tyler Griffis, CO,** to III Dan, **Nick Proksch** and **Montana Lang, CO,** for II Dan, and for I Dan from Colorado, **Russell York, Allegra Criste,** and **Aria Criste.** One of the most memorable events was Master April Bowing breaking 8 boards with a side piercing kick and 6 ties with a knife hand. [Photos above and right; other photos follow.] Special thank you our Regional and State Directors that attended this historic event: Regional Directors Grand Master **Kirk Steadman** and **Ricky Todd,** Mr. **Dale Woods,** State Director of Iowa, Mr. **Dan Fitch,** State Director of Colorado, Senior Master **Kevin**



**Bushor,** State Director of Nebraska, and Senior Master **Brandon Stoppani,** State Director of Washington. A reception immediately followed. Congratulations to all!

*Grand Master Renee' Sereff, D.T.S.*



From the test March 9. A bit of basic kicks, a little ho sin sool, and on the next page, more.





Also from the 9th, a bit of step sparring and a good looking cake (and some good looking Taekwon-Do practitioners).




On February 24<sup>th</sup> **Mountain View Taekwon Do** hosted a referee course taught by Senior Master **David Mason**. The following schools attended **Mountain View Taekwon-Do, Bodystrong Taekwon-Do, Valley View Taekwon-Do, Golden Tiger Taekwon-Do, Wolfpack Taekwon-Do** and **Next Level Taekwon-Do**. 36 students attended the course with 3 certifying for Class A, 5 Certifying for Class B and 19 certifying for Class C referee. Senior Master Mason said it was a great time and a great course everyone had great etiquette and had great questions. He also wanted to thank the Class A referees that were there for refreshers and helped out teaching the new referees during actual training time. Picture: Mr. Joe Mason at Center Umpire position with Douglas Williams and Daniel Ziegler sparring.

*—Submitted by Sr. Master David Mason*







**July 20, 2024**

Starts 10:30 am –3:30 pm

***USTF Ground Tactics Seminar***

**Sereff Taekwon Do will host  
Master Anthony Giese,  
Wyoming State Director to instruct this  
course.**

**Cost: \$75.00 First time  
\$50.00 Refresher**

*Please call 303-466-4963 to pre-register for  
this course by July 6th. Checks to be made  
out to STKD sent with signed liability form.*

*Wear your uniform and bring light snack for  
early afternoon. If you are ill, please stay  
home because lots of contact!*



15<sup>th</sup> Annual Axe Taekwon-Do Invitational  
USTF Taekwon-Do Tournament

Sanctioned by the United States Taekwon-Do Federation (USTF). Axe Taekwon-Do invites all USTF-affiliated schools and their students to this tournament. This event will include individual patterns, sparring, and team breaking. All divisions will be created on the day of the event at the discretion of the Chief Bracketeer.

The competition will be in accordance with USTF rules. Sparring gear including hand and foot pads, mouthpiece, headgear, and protective cup for male competitors will be required. Headgear is mandatory for all ranks. All referees and judges must be certified by the USTF and dressed properly in the official dress code established by the USTF.

Saturday, April 20th, 2024  
Offutt Youth Center Bldg. 5085  
25<sup>th</sup> Street & Hruska Blvd  
Bellevue, Nebraska 68123

Registration Starts: 8:00 am \*\*\*pre-registration suggested by **April 16<sup>th</sup>, 2024**  
Black Belt Meeting: 8:30 am  
Tournament Starts: 9:00 am

**Preregistered Cost: \$45.00** – Fighting/Patterns/Team Breaking  
(Team Breaking – 3 breakers per team, must be a green stripe or above, downward punch (knife hand for Peewees), side piercing kick (can be modified), and mid-air 180 back piercing kick (Blue Stripes and below can perform back piercing kick to D with rear leg). The hand breaks will use the UMAB (green-black) plastic boards. The foot breaking will use the PNP (tan/white/black) plastic boards.

Spectators: Free

**\*\*\*Registration is \$55.00 at the door\*\*\***

Contact: Grand Master Todd (402) 650-4399

For more information contact: Grand Master Todd at [axetkd@gmail.com](mailto:axetkd@gmail.com) or Master Bushor at [kbushor@cox.net](mailto:kbushor@cox.net)

<b><i>Tournament Director:</i></b>	<b><i>Grand Master Stephenson</i></b>	<b><i>9<sup>th</sup> Degree</i></b>
<b><i>Chief Referee:</i></b>	<b><i>Mrs. Bowling</i></b>	<b><i>6<sup>th</sup> Degree</i></b>
<b><i>Tournament Promoter:</i></b>	<b><i>Grand Master Todd</i></b>	<b><i>9<sup>th</sup> Degree</i></b>



Third Runner-Up  
Image of the Year  
2023



Second Runner-Up  
Image of the Year  
2023



First Runner-Up:  
Image of the Year  
2023

# Image of the Year 2023

