

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts
The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail fmvh1@mac.com. Archived at USTF Region III site www.ustf-region3.org Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Award-Winning Contributing Staff: Distinguished Stringers Roselyn Romberg (M.D.F.S.), Ricky Todd, Renee' Sereff and Guy Williams, and Stringers Corinne Sroykum, Lisa Eastin, David Mason, Melanie Bunch, Linda Allen, Sharon Spungen, Cary Gulsby and Marsha Wright.

UPCOMING EVENTS

The **AAMA Spring Classic Tournament** for 2019 will be held at Grafton, Wisconsin, on May 4. Promoter is the **Academy of Martial Arts, Grafton**. Tournament Director is Mr **Jim Pals**, to be assisted by Fourth Dan **Chris Langlois**. Chief Referee is Master **Rick Bauman**,

Grand Master **Bill Stephenson** will host the Ground Tactics Seminar in Kirksville, Missouri on the 4th of May.

A Black Belt test will be held at **The Sheboygan Falls Academy of Martial Arts** on May 11. The Promoter is USTF State Director **Jacqueline Karpinsky**.



“I can tell from your
patterns how you can fight.”
—anonymous instructor



Grand Master **Louis Reyes** conducted a patterns course at **Concord TaeKwon-Do** on February 10th for the New England region. Students included candidates testing for II Dan in May as well as Black Belts of all ranks from around the region. Many thanks, Grand Master, for an excellent refresher! Photos show the instructor and the instructor with Sixth Dan **Karl Huffman**.

Roselyn Romberg, M.D.F.S.

On May 18 **Marquette Taekwon-Do**, truly one of the most venerable clubs in North America, will hold a Black Belt test.

The 2019 Utah Chang Hon Annual Utah Cup tournament will be held on May 18 in Salt Lake City. As we used to say in high school, “Be there or be square.” Well, YHE’s high school anyway.

On June 1 the **UCHTA Spirng Black Belt test** will be held at Salt Lake City.

On June 1, there will be a Black Belt test at **Maestas Taekwon-Do**.

There will be a combined gup level and Black Belt test at **Sereff Taekwon-Do** on June 8.

On June 22 there is a step sparring seminar at **Sereff Taekwon-Do** in Broomfield to be instructed by Masters **Robert Pettijohn** and **Kevin Bushor**.

USTF Nationals for 2019, will be July 20th and 21st in Broomfield, Colorado.

The annual **Sereff Taekwon-Do Workout in the Park** will take place August 3.

The Utah Chang-Hun TKD Alliance will hold its Summer Weekend TKD Camp at East Canyon State Park in Morgan, Utah August 2 through 4.

On August 24 a USTF Tournament will be held at Kirksville, Missouri, Promoter Grand



Sereff Taekwon Do held the Spring Color belt test March 30 and the results were fantastic! The Sereff TKD black belts were out in force to support our color belts! The test board for this test was **Gregory Shain, Lorie Ruby, and Jason Rose** with **Cameo Zugschwert** leading the test. **Tom Ruby** lead the breaking portion of the test. Grand Master **Renee’ Sereff**, Grand Master **Kirk Steadman, Louise Fox, Gahlen Bell, Tom Ruby, Dan Fitch, Devin Fitch, Lisa Winkler, and Dr. Shevaun Duiker** attended for support. Congratulations to **Benjamin Parish** and **Emily Rose** for having high test score. Breaking was exceptional, especially with the board that was selected for Miss **Rebekah Parish** for her suspended break— two hug knots and she

broke it with ease. The spirit of this test was over the top! Our instructors have done a great job in preparing these students. Photos: High test scores, Emily Rose and Benjamin Parish; families that kick together stick together! The Parish family, the Ogletree family, the Rose family, Garrett Tillery, Kaden Manley.

Grand Master Renee’ Sereff, D.T.S.



On Saturday, April 6th, at Offutt Air Force Base in Bellevue, Nebraska, Axe Taekwon-Do hosted the **12th Annual Axe Taekwon-Do Invitational Tournament**. The USTF sanctioned tournament featured 83 competitors, 15 schools, and 21 breaking teams this year.

There were numerous distinguished USTF officials in attendance. Grand Master **Sereff**, USTF Headquarters, Sereff TKD, Broomfield, CO. Grand Master **Martin**, Martin's TKD, Casper, WY. Grand Master **Stephenson**, Kirksville TKD, Kirksville, MO. Grand Master **Steadman**, USTF Director, Region 1, Sereff TKD, Broomfield, CO. Sr. Master **Stephenson**, Kirksville TKD, Kirksville, MO. Sr. Master **Todd**, USTF Director, Region 2, Axe TKD, Bellevue, NE. Sr. Master **Ed Lebow**, Thornton TKD, Thornton, CO, Sr. Master **Ikuko Lebow**, Thornton TKD, Thornton, CO. Sr. Master **Graham**, White Oak TKD, Unionville, MO. Master **Pettijohn**, Maestas TKD, Arvada, CO. Master **Ordonio**, Kirksville, TKD, Kirksville, MO. Master **Bushor**, USTF Nebraska State Director, Axe TKD, Bellevue, NE. Mr. **Woods**, 6th dan, USTF Iowa State Director. Mr. **Giese**, 6th dan, USTF Wyoming State Director, Wyoming TKD, Casper, WY. Mr. **Rolston**, USTF Missouri State Director, Kirksville TKD, Kirksville, MO. The Tournament Director was Sr. Master **Stephenson, D.**, and the Chief Referee was Mr. **Rolston**. Tournament Promoter – Sr. Master **Todd**. The announcer for the event was Mr. **Dan Linder**.

Opening the tournament, Mrs. **Deborah Ragone**, 4th dan sang the National Anthem. Grand Master **Sereff** welcomed the crowd and participants with opening comments. There were too many individual winners to list in the newsletter, but pictures have been posted on the Axe Taekwon-Do Facebook page and by Grand Master **Sereff**. The winners for every division will be listed on the Axe Taekwon-Do webpage.

After the individual patterns and sparring competition, points were tabulated for an overall Grand Champion of the tournament. The Black Belt division winner was Mr. **Jason Rose**, 4th dan from Sereff TKD. The Color Belt division winner was Ms. **Hannah Chang**, red belt from Kirksville TKD. The black belt breaking championship team was from Axe Taekwon-Do: Mrs. **Deborah Ragone**, 4th dan, Mr. **Dawsen Ragone**, 3rd dan and Ms. **Ashleigh Ragone**, 2nd dan. The color belt breaking championship team was from Kirksville Taekwon-Do: Mr. **Adrian Geisbuhler**, red belt, Ms. **Hannah Chang**, red belt and Mr. **Slater Kelly**, yellow belt green stripe.

I want to thank all instructors and students who helped make this a great event! More pictures on the next page, group below.

Sr. Master Ricky J. Todd, D.F.S.



Master Stephenson, Tournament Director Sr. Master **Ricky Todd**, Chief Referee Sr. Master **Dustin Stephenson**.

A Black Belt test will be held at **Sereff Taekwon-Do** on September 7.

On September 14, the **20th Annual Wyoming Invitational** will be held at Casper, Wyoming.

A **USTF Referee Course** will be conducted at Broomfield, Colorado on October 19.

On November 2 the **2019 UCHTA State Championship Tournament** will be held at Salt Lake City.

A Junior Ho Sin Sool Course will be at **Sereff Taekwon-Do** on November 9.

The **Utah Chang Hun Taekwon-Do Alliance Fall Black Belt Testing** will be held on November 23.

On December 7 **Sereff Taekwon-Do** will conduct its last Black Belt test of 2019.

Some pics from the **Axe TKD Invitational**. Immediately below, Black Belt Team Breaking Champions, Ms. Ashleigh Ragone, Mr. Dawsen Ragone & Mrs. Deborah Ragone. 7:00 o'clock Color Belt Team Breaking Champions, Mr. Adrian Geisbuhler, Ms. Hannah Chang, and Mr. Slater Kelly. Right, Grand Champions: Color Belt Ms. Hannah Chang, Black Belt Mr. Jason Rose. 5:00 o'clock Ms. Staci Chamberlin, 5 board mid air 180 back piercing kick. Center: Medal.



AROUND THE COUNTRY

Snowy Range Taekwon-Do travelled to **Rock Springs Taekwon-Do** for a Black Belt testing presided over by Grand Master **Stan Martin** on April 20. Hopefully, some information in the next Flash.

On April 27 there was a Step Sparring seminar hosted by Sr. Masters Cope and Winn at Harrisburg, Missouri, instructed by Master **Kevin Bushor**. Hopefully, some information in the next Flash.

EDITOR’S NOTE

Has your school got a Facebook page, a website, or the like? Give some thought to amplifying its voice and promoting your school nationally, increasing recognition of YOUR diligent students and hard-working teachers throughout the U.S.A. E-mail Your Humble Editor at fmvh1@mac.com to find out about the Flash’s free “Amplify My School” program.

YHE



What, you can’t do this? Time to work on flexibility, opine **Wen Xi Wang, Kayla Seo, Hannah Seo**, Splits Club members at Concord Taekwon-Do.

Maestas TaeKwon-Do held their annual tournament on March 23rd. The event included team patterns, team breaking, and individual patterns, sparring and breaking too! It was great to see everyone's competitive spirit and sportsmanship meet in the middle! Thank you to all who participated and worked the tournament too! Fun was had by all! Photo credits: Mr. Cary Gulsby, F.S.

Marsha Wright, F.S.





Some more photos by Mr. Gulsby from the Maestas Takeown-Do Tournament.





July 20th & 21st, 2019

Broomfield High School
Broomfield, Colorado



For more information, contact USTF Headquarters
at (303) 466-4963 or Email rsereff@rmi.net



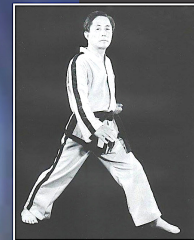
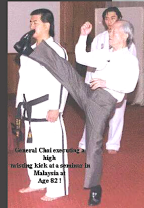
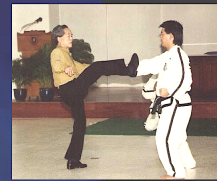
www.USTF-ITF.com



Concord TaeKwon-Do hosted a Breaking course on Sunday, March 3rd, led by Mr. **Ramon Colon**, V Dan. Mr. Colon began by instructing the group in proper forging techniques, using specially wrapped bricks and wood blocks. He then led students through the most common hand breaking techniques and positions, first on plastic boards and then with wood. Once basics were demonstrated with competence, he allowed more advanced Black Belts to attempt single-board breaks with more advanced techniques. Next, the group moved on to basic foot breaks, using plastic boards on a fixed machine at first and then advancing to technique breaks and wood. The course, a favorite around the New England region, ended on a high note with Mr. Colon demonstrating several of his own favorite breaks. Thank you, Sir, for an excellent course! Photos: Ms. **Alison Maloney** and Ms. **Joy DSouza**, Gup 1 Black Stripes both, learn proper forging techniques; Mr. **Mark Clasby**, II Dan, demonstrates a downward reverse knifehand strike for the group. *Roselyn Romberg, M.D.F.S.*



2019 June 08 Ottawa Canada!!
GEN. CHOI MEMORIAL CUP



General Choi, the founder of Taekwon-Do, with Mr. Philip Lu, of the US Air Force American Embassy in Chungking, on November 6, 1956.

Algonquin College Woodroffe Campus Gynasium

hosted by www.lustaekwondo.com contact: gmpapl@gmail.com

sanctioned by www.chitf.org Ticket: \$5