The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts
The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail fmvh1@mac.com. Archived at USTF Region III site www.ustf-region3.org Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Award-Winning Contributing Staff: Distinguished Stringers Roselyn Romberg (M.D.F.S.), Ricky Todd, Renee' Sereff and Guy Williams, and Stringers Corinne Sroykum, Lisa Eastin, David Mason, Melanie Bunch, Linda Allen, Sharon Spungen, Cary Gulsby and Marsha Wright.

UPCOMING EVENTS

A USTF Referee Course will be conducted at Rock Springs, Wyoming, March 2.

On March 9 there will be a Black Belt test at **Sereff Taekwon-Do** in Broomfield, Colorado.

On March 16, **Sheboygan Falls Academy of Martial Arts,** Sheboygan, Wisconsin, will host a USTF Basic Ho Sin Sool Course to be taught by Mr. **Anthony Giese**. The Promoter is USTF State Director **Jacqueline Karpinsky.**

The **2019 Maestas Team Challenge** is scheduled for March 23, 2019 at the Apex Center in Arvada.

There will be a gup level testing at Sereff Taekwon-Do on March 30.

Senior Grand Master **Charles E. Sereff,** and Grand Masters **Mike Winegar, Renee' Sereff, Paul DeBaca, Stan Martin, Earl Weiss,** and **Kirk Steadman** getting together for the USTF Technical Seminar in Denver, Colorado, on February 23. Pictures and story on subsequent pages.

The **12th Annual Axe Teakwon-Do Invitational Tournament** will be held on April 6 at Bellevue, Nebraska. Tournament Director: Sr. Master **Dustin Stephenson;** Chief Referee, Mr. **James Roston,** Tournament Promoter, Sr. Master **Ricky Todd.** For more information contact: Sr. Master Ricky Todd at ustfneb@cox.net or Master Kevin Bushor at kbushor@cox.net

Snowy Range Taekwon-Do travels to **Rock Springs Taekwon-Do** for a Black Belt testing to be presided over by Grand Master **Stan Martin** on April 20.

On April 27 there will be a Step Sparring seminar, hosted by Sr. Masters Cope and Winn at Harrisburg, Missouri to be instructed by Master **Kevin Bushor.**

The **AAMA Spring Classic Tournament** for 2019 will be held at Grafton, Wisconsin, on May 4. Promoter is the Academy of Martial Arts, Grafton.

A Black Belt test will be held at **The Sheboygan Falls Academy of Martial Arts** on May 11. The Promoter is USTF State Director **Jacqueline Karpinsky.**

On May 18 **Marquette Taekwon-Do**, truly one of the most venerable clubs in North America, will hold a Black Belt test.

On June 1, there will be a Black Belt test at **Maestas Taekwon-Do.**

There will be a combined gup level and Black Belt test at **Sereff Taekwon-Do** on June 8.

Over 123 students braved the bad weather and storm to attend the 2nd USTF Technical Course in Colorado at the Thornton Community Center. Grand Master **Mike Winegar**, the USTF Technical Director taught an excellent course including stretching, kicking and some patterns. There were 4 Grand Masters, 8 Sr. Masters and 13 Masters training alongside the 1st Gup through 6th Dans. This course is only required once between each grading, but the numbers let us know that when we have it, everyone will come! From Alaska to Florida, most of the USTF Regions were represented. Above, an incredible assembly of the high end punching power in attendance.

Grand Master Renee' Sereff, D.S.S.

Gettin' down to real business, and making the case: So here are two pictures encapsulating what we are all about. In one, we see Grand Master Mike Winegar teaching at the Technical Seminar summarized on the preceding pages; in the other, we see him **doing**. The truth: you can't teach, brilliantly or otherwise, unless you do, or have done and understand (and understand how to convey the truth of what you do). At this point Your Humble Editor has attended no fewer than nine of Grand Master Winegar's USTF Instructor Seminars, including multiples of C, B, and A seminars. Obviously, I've had the time, money, and interest to engage my passion. (Besides, why not cram all this knowledge in while one is still young?) But there is a lesson in all of this: superb teachers are a treasure.

On June 22 there is a step sparring seminar at Sereff Taekwon-Do in Broomfield to be instructed by Masters Robert **Pettijohn** and **Kevin Bushor.**.

USTF Nationals for 2019, will be July 20th and 21st in Broomfield, Colorado.

The annual Sereff Taekwon-Do **Workout in the Park** will take place August 3.

On August 24 a USTF Tournament will be held at Kirksville, Missouri, Promoter Grand Master Stephenson, Tournament Director Sr. Master **Ricky Todd**, Chief Referee Sr. Master **Dustin Stephenson.**

A Black Belt test will be held at **Sereff Taekwon-Do** on September 7.

On September 14, the **20th Annual Wyoming Invitational** will be held at Casper, Wyoming.

A **USTF Referee Course** will be conducted at Broomfield, Colorado on October 19.

A Junior Ho Sin Sool Course will be at **Sereff Taekwon-Do** on November 9.

On December 7 Sereff Taekwon-Do will conduct its last Black Belt test of 2019.

AROUND THE COUNTRY

The **Utah Chang Hun Taekwon-Do Alliance** held its 2018 Falss Black Belt Test on November 17. Hopefully, some information as

to this event will be forthcoming in the next Flash.

Mr. **Faren Lindsey** is Promoter of a Black Belt test for **Quincy Taekwon-Do** in Quincy, Illinois held in December or January. Hopefully, some information as to this event will be forthcoming in the next Flash.

Oliver Benjamin Locklair was born on January 25th weighing 7.2 pounds and measuring 20 inches, son of Chodan Oliver Joshua Locklair and Joya Locklair.

On February 1, a Dan testing may have been held at Senatobia Taekwon-Do, Senatobia, Mississippi. The promoter is Mr. **Jeremy Bennett.** Hopefully, some information as to this event will be forthcoming in the next Flash.

A Black Belt Test was held at **Bodystrong Taekwon-Do** in Sequim, Washington on February 2. Master **David Mason** presided. Hopefully, some information as to this event will be forthcoming in the next Flash.

On February 24 its annual Women's Collegiate Basketball Outing was held by the **Academy of Martial Arts, Grafton**, Wisconsin. Left, from left, **Matthew Thur, Valerie Locklair,** F.M. Van Hecke, **Jeremiah Van Hecke, Mary Lubner, Matilda Van Hecke,** and, below, Mattie makes it all go downhill.

While may people were preparing for Super Bowl LIII on February 3rd, 3 students of Master **Brandon Stoppani** were prepping for their own Super Bowl. Mr. **Larry Muckley,** Mr. **Joe Ryan** and Mr. M**arshall Phipps** tested for 2nd Dan and 1st Dan black belts respectively. Master **David Mason** and Mrs. **Lynette Mason** III Dan trekked up to Sequim with Master Mason presiding over the test.

Having the honor of watching these 3 candidates progress through the ranks and achieve their new black belts, I immediately reflected on the uniqueness of each candidate and what a wonderful art TKD actually is to bring people so different together.

Mr. Muckley, Bodystrong's newest II Dan often refers to himself as "the old stubborn horse." Mr. Muckley will be the first to admit his rocky beginning as a white belt. This somewhat rocky start is what makes him such a loyal student to both Master Stoppani and all the students of Bodystrong. Being a busy father and business owner he rarely misses class and is a valued assistant instructor.

Mr Marshall Phipps new 1st Dan could be characterized by Tradition. He is the newest Black belt in the Phipps family He was preceded by his two older brothers and his dad Mr. Troy Phipps II Dan. His dad is still training and also an assistant instructor.

Mr Joe Ryan.... Perseverance....Mr. Ryan new 1st Dan has been training for 18 years! We all have our hurdles in life, Mr. Ryan has chosen to not let them deter him from what he has always wanted and trained for. Mr. Ryan never has excuses and always gives 110%.

These 3 students represent a spectrum of age and physical attributes; however, they were equally successful on Feb 2nd 2019 in achieving their goals. In the group photo, front row left to right, Masters Mason and Stoppani, and in the back, Mssrs. Ryan, Phipps, and Muckley. In the individual photo, Mr. Muckley is about to make lots of little stones.

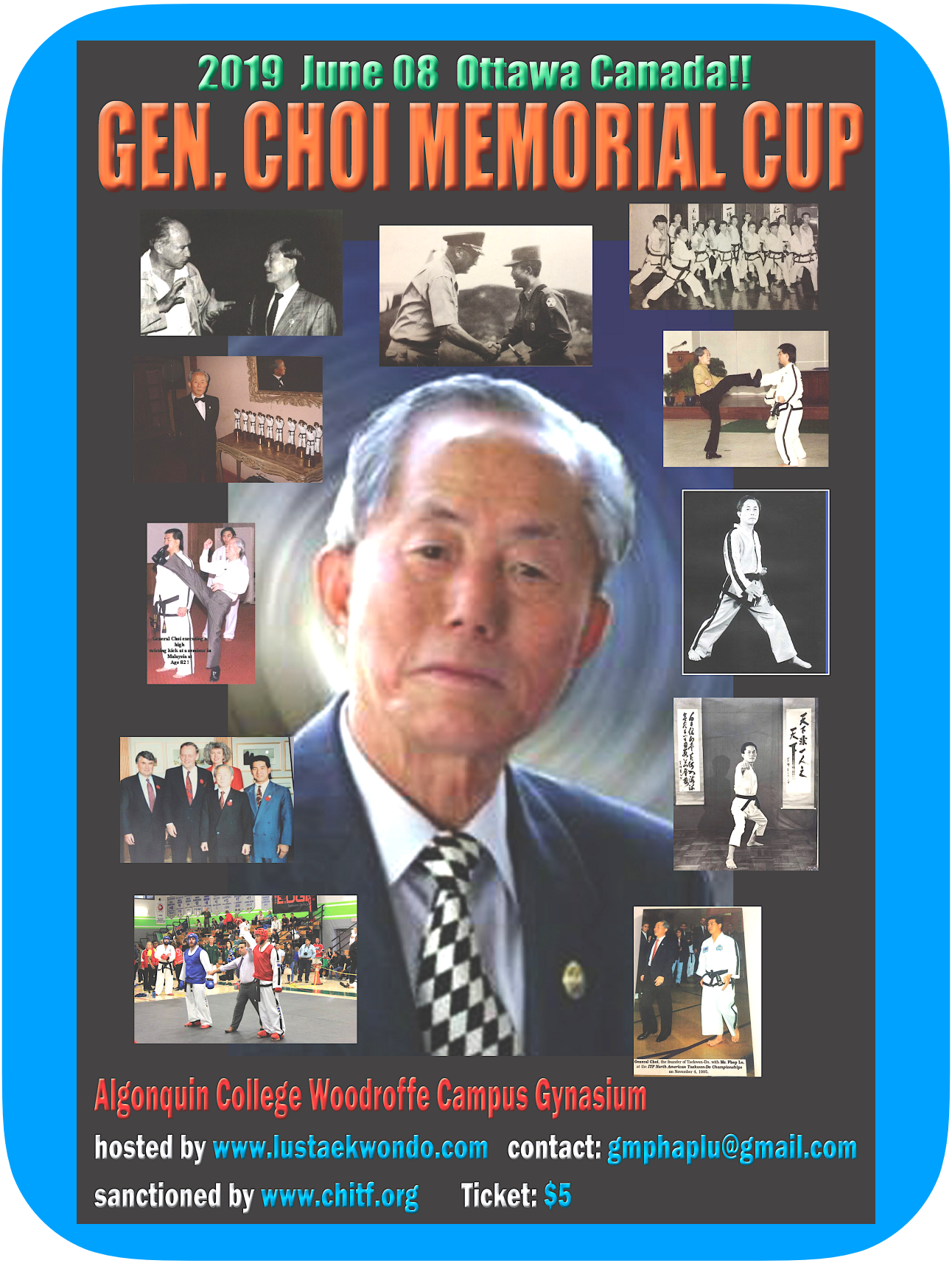
Dr. Linda Allen, F. S.

Gup level students tested at the **Academy of Martial Arts** in Grafton, Wisconsin, on February 19. Presiding were Master **Rick Bauman,** Mrs. **Mary Lubner**, 5th Dan, Mr. **Paul Hebein**, 5th Dan, Mr. **Kevin Friede,** 4th Dan and Sr. Master F.M. Van Hecke**.** At the Corner were **Yash Jha** and **Shaunak Chaudhuri**, both Gup One.

Pictured here: first row from left: **Connor Maehl**, who tested to Gup 6 Green Belt, **Matilda Van Hecke,** who tested to Gup Four Blue Belt, **Ivan Huang**, to Gup Three Red Stripe, **Gabriel Pals**, to Gup Two Red Belt, **Shaunak Chaudhuri**, who cornered, **Roshan Selvakumar**, to Gup Eight Yellow Belt, **Ivan Huang,** to Gup Three Red Stripe, and **Patrick Kaye**, to Gup Six Green Belt; second row, **Rebecca Ramirez,** to Gup Eight Yellow Belt, **Andy Gieschen**, to Gup Six Green Belt, **Sophie Wall**, to Gup Four Blue Belt, **Ben Lorenz**, to Gup Three Red Stripe, **Shambav Ashwinkumar**, to Gup Eight Yellow Belt, and **Aniela Van Hecke,** to Gup Three Red Stripe; and, back in the third row, **Ryan Hebein,** to Gup Seven Green Stripe, **Jacob Post,** to Gup Seven Green Stripe, **Eric Wall**, to Gup Four Blue Belt, **Tyler Hebein**, to Gup Six Green Belt, **Noah Friberg**, to Gup Two Red Belt, and **Yash Jha**, who cornered. Pictures on following pages.

Some pics from the February 19 Grafton Academy of Martial Arts gup test. Top left, Ivan Huang, top right, Connor Maehl, lower left, Ben Lorenz, immediately below right, Patrick Kaye, far lower right, Matilda Van Hecke.

More photos from the 2/19/19 Grafton test. Photo credit, this and pages 6 and 7, **Kathleen Van Hecke**, who has had the knack, beautifully. Top right, Andy Gieschen, left, Tyler Hebein, left center, Sophie Wall, bottom left, Eric Wall mashes three and then, lower right, defends the attack of Matilda Van Hecke while in the background the presider writes and Fifth Dan Paul Hebein is clearly worried as to Mr. Wall's safety…


2019 June 08 Ottawa Canada!!
GEN. CHOI MEMORIAL CUP
Algonquin College Woodroffe Campus Gynasium
hosted by www.lustaekwondo.com contact: gmphaplu@gmail.com
sanctioned by www.chitf.org Ticket: $5