

# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts  
The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail [fmvh1@mac.com](mailto:fmvh1@mac.com). Archived at USTF Region III site [www.ustf-region3.org](http://www.ustf-region3.org) Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Award-Winning Contributing Staff: Distinguished Stringers Roselyn Romberg, Ricky Todd, Renee' Sereff and Guy Williams, and Stringers Corinne Sroykum, Mario Manera, Lisa Eastin, David Mason, Melanie Bunch, Linda Allen, Sharon Spungen, Cary Gulsby and Marsha Wright.

## EDITORIAL NOTE

Unfortunately, you may find this issue somewhat “wanting” due to the absence, since October 20, of the Editor, who is traveling abroad. If so, the fault is entirely his, and not that of our trusty and able News Department, Stringers and Distinguished Stringers and generous and helpful contributors. The Editor will, despite his creditors, return to the United States shortly before

Thanksgiving, so hopefully the December issue will not be so afflicted.

On another important note, we apologize in advance to those who submitted articles subsequent to our departure. They should be assured that we will make every effort to include them in the December issue.



**Maestas Taekwon-do** said good-bye to 20 years at the Secrest Youth Center gym. Here it is, looking a bit lonely, no? (Photo credit: Master Robert Martin.) See on page 5 how they “broke in” their new digs at the Apex Racquetball and Fitness Center on August 24.

The **Backside Splits Challenge** of the Misses Aniela and Matilda Van Hecke in the June and October issues finally yields a competitor in the conventional splits category. Ms. **Melanie Bunch** offers splits in a waterfall. I'm not sure how one "warms up" for that....



### UPCOMING EVENTS

On November 3, the **UCHTA Championship Tournament** will be held at Salt Lake City.

Also on November 3 Mr. **Tony Giese** will teach a USTF Weapons Course in Wyoming.

Questions? You can inquire of Mr. Giese at 307-277-2581.

According to a recent communication from Mrs. Marianne Armstrong, November 3 will bring a USTF Breaking Seminar to **Mountain View Taekwon-Do**. Promoted by Master **David Mason**.

A combined Black Belt and Gup testing will be held at **Axe Taekwon-Do**, Bellevue, Nebraska, on November 15.

The **Utah Chang Hun Taekwon-Do Alliance** will hold its 2018 Falss Black Belt Test on November 17. Venue to be announced.

On December 1 a Black Belt test will be held at **Fox Valley Takeown-Do**, Neenah, Wisconsin. Dr. **John Butitta** is the Promoter, Sr. Master F.M. Van Hecke will be the principle presider. Students

from three clubs will be testing for ranks from First through Fifth Degree.

A USTF REFEREE SEMINAR will be held at Sereff Taekwon-Do on December 1. Grand Master Kirk Steadman will undoubtedly do his usual outstanding job.

### AROUND THE COUNTRY

On October 3 **Marley Tetley-Wescott** and **Melody Pals** tested successfully for Gup Eight Yellow Belt before Fifth Dan **James Pals** at the



Master **Guy Williams** of Fairbanks submits a very, very late entry to the **Taekwon-Do Kids' Art Contest** (see previous issues). Unfortunately he mis-read the rules, thought he could submit in September and the “under” age limit was 114. Anyway, he sends best wishes to all.

Academy of Martial Arts, Grafton, Wisconsin. **Juhi Jha**, Gup One, acted as Corner. Congratulations, Ladies!

On October 6 Sixth Dan **Karl Huffman** served as Tournament Director and Master **John Murphy** as Chief Referee for the **Victory Taekwon-Do Inaugural Tournament** in Schenectady, New York. The Promoter of the event was Mr. **Thomas Gibbons**. Hopefully, info and photos, by the December issue.

The **Sereff Fall Championship** October 14 was held at Broomfield High School. Hopefully, info and photos, by the December issue.

On October 2 there was a USTF Ground Combat Course taught at **Mountain View Taekwon-Do**, Washington State. Hopefully, info and photos, by the December issue.

On October 27, a Wyoming Black Belt testing was held in Casper, Wyoming, Promoter Master Sisco, attending Grand Master Stan Martin. Hopefully, info and photos, by the December issue.



If dogs can make soccer teams, how long before they matriculate Taekwon-Do schools? Anielia Van Hecke and Scout T. Bear.



At the Apex Racquetball & Fitness Center, Maestas Taekwon-Do held a color belt testing on August 24. 14 candidates tested from High White Belt through Red Belt. Congratulations to our high test scores **Kynan Shisler** (High White belt) and **Brianna Bettis** (Red belt). Photos: the mandatory group photo; below left Master **Robert Pettijohn** and Brianna Bettis; and **Aaron Powers** gets airborne. Photo credits: Gary Gulbys, F.S.

*Marsha Wright, F.S.*





The **Concord School of TaeKwon-Do** held a Gup test on September 23rd. Promoted to Gup 4 Blue Belt were **Alexander Koh** and **Aadya Goel**. **Tesu Ham** and **Shanti Samnotra** tested successfully for Gup 5 Blue Stripe. **Megan Kim**, one of the members of the Korean Drum group, promoted to Gup 6 Green Belt. New Gup 7 Green Stripes include **Eric Blankenship**, **Nina Cavallo**, and **Justin Lu**. **Connor Shortell** was promoted from Gup 10 to Gup 9 Yellow Stripe. Congratulations, all! [Photos: Eric Blankenship executes a knife hand strike; Megan Kim practices Korean drumming (bent over backward) and in the middle of the fan dance.]

*Roselyn Romberg, D.F.S.*





Mother nature decided to throw us a curve bright and early Sunday morning with a pretty good snow storm in Broomfield, Colorado. Instructors and students from Colorado, Utah, Wyoming, Florida, Missouri and Nebraska joined us for the **Sereff Fall Championship**, on October 14, more like Winter Championship! With over 46 divisions in Pattern and Sparring, it was an exciting event with Adults and Juniors, Color and Black Belts. Grand Master **Kirk Steadman** was our Tournament Director, Mr. **Dan Fitch** the Chief of Referees, and Sr. Master **Ricky Todd** running the Breaking Teams event. Ms. **Louise Fox** ran the table and kept the event running smooth.



8<sup>th</sup> Gup from Sereff Taekwon Do, Junior Color Belt Grand Champion was **Richard Zhang** from The Chinese School Bohua, picture above left,

This year's Adult Color Belt Grand Champion was **Dustin Lambert**, Adult Black Belt Grand Champion was **Amy Wilcox**, Martin's Taekwon Do, Wyoming, picture above right, and the Junior Black Belt Grand Champion was **Alex Bennett**, Martin's Taekwon Do, Wyoming, picture lower left..



Students competed in a Team Breaking event both Junior and Adult divisions. The **Maestas Taekwon Junior Team** took first place and **Sereff Taekwon Do Junior Team** took 2<sup>nd</sup> Place. **Axe Taekwon Do Team** took 1<sup>st</sup> place in the adult Team breaking and **Sereff Taekwon Do Team 1** took 2<sup>nd</sup> place, with **Maestas Taekwon Do Team** taking 3<sup>rd</sup>. We happy to announce no injuries and some great breaks including an 8 board side kick from Ms. **April Bowing** from Axe!

The presence of Grand Masters **Mike Winegar**, **Renee' Sereff**, **Paul Debaca**, **Kirk Steadman** plus Sr. Masters **Dustin Stephenson**, **Ricky Todd**, **Dan Griffin**, **David Ott** and Masters **Robert Martin**, **Robert Pettijohn**, **Denise Moormeier**, helped ease the fact that this was the first Sereff tournament Sr. Grand Master **Charles Sereff** has missed in over 45 years! He is feeling great but had some dental work done and needed to rest.

More photos on page 8.

*Grand Master Renee' Sereff, D.F.S.*



Adult Color Belt Grand Champion was **Dustin Lambe** at the Sereff Fall Championships. Lower left, the Junior Breaking Teams, and, right, the Adult Breaking competitors.





**The Sixth Dr. Audrey Farley Perseverance Award  
Presented to  
Wanda Steadman**

by Grand Master Renee' Sereff, Distinguished Flash Stringer

In loving memory of Dr. Audrey Farley, the instructors and students of Sereff Taekwon Do have annually selected someone that honors Dr. Farley's legacy.

Dr. Farley's perseverance through her 9 year battle with cancer, endured over a dozen surgeries, multiple chemotherapy treatments never complained about what she was going through but her first concern was about how you were doing.

What a pleasure to present Wanda Steadman with this special award. Being involved Taekwon Do from 1979, the year she married Grand Master Steadman. Taekwon Do is why they are together, first date not so good, second one so so but what sealed the deal was the night she watched GM Steadman teach. She liked the way he was teaching the kids. She did not start TKD until her kids were teenagers and as white belt her instructor had her sparring in a tournament with green belts in Odessa, Texas at which she received the bronze medal and promptly retired. The athletic nature of being a playing Soccer Coach for her own team and kids teams led her toward supporting all athletics her family was involved in. Her support to all the seminars, tournaments, promotions and events make her a beloved supporter of TKD.



As a family that always volunteers their home during Taekwon Do events, she was a hostess to New Zealand, Australia, Papua New Guinea, Japan, Scotland, and the states of Wyoming, Texas, Nebraska, Michigan, New York, New Jersey, California, Connecticut, Washington, Oregon and Nevada.

All this while fighting her own battle of MS. The successful MS Walks to find a cure with research funding "Welcome to My World" has raised over \$40,000. The continue effort she brings to this makes her a perfect recipient of the Dr. Farley Award.