

The T.K.D. Flash

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The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail fmvh1@mac.com. Archived at USTF Region V site www.ustf-region5.org Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Award-Winning Contributing Staff: Distinguished Stringers Roselyn Romberg, Ricky Todd, Renee' Sereff; and Stringers Corinne Sroykum, Guy Williams, Robert Martin, Mario Manera, Lisa Eastin, David Mason, and Melanie Bunch.

LAST CHANCE KIDS' ART CONTEST, 2016

The Flash Annual Taekwon-Do Kids' Art Contest for 2016 is over August 15! Hurry and get those entries in.

The rules are simple. Entries may be scanned and e-mailed, if that way is convenient for you, as attachments, to fmvh1@mac.com. In addition, actual original artwork may be submitted to "Flash Art Contest" at P.O. Box 853, Grafton WI



From the *Omigoshwhydidn'tIpublishItEarlier? Department* and with special thanks to Flash Stringer Ms. **Melanie Bunch**, some pictures from the **Burning Phoenix Taekwon-Do** of North Salt Lake, Utah. They had their 5th Annual Taekwon-Do tournament on March 19th. Left, **Abigail Friese** breaks with knife hand inward strike, and, right, **Ms. Myra Schjelderup** (II Dan), two direction kick.

Sir:

Grand Master **Louis Reyes** presided at the **New England Regional Black Belt Test** on Sunday, May 22nd, held at **Concord Taekwon-Do**. Twenty-six testing candidates, with their sparring and Ho Sin Sul partners on the floor, made this the largest Black Belt test in the region's history. Mr. **Frank Gentile** tested for IV Dan. Drs. **Tara Kent** and **Michael Kent**, Mr. **Robert Gough**, Mr. **Daniel Smith**, and Ms. **Roselyn Romberg** tested for II Dan. The pool of I Dan candidates included Mr. **Joseph Ramaci**, Mr. **Jack Champagne**, and Mr. **Zev Andruk** from **New England Taekwon-Do**; Mr. **Neal Longe** from **Victory Taekwon-Do**; Ms. **Jessica Cohen**, Mr. **Alex Hirsch**, Ms. **Keren Dahan**, Ms. **Olivia Fisher**, Mr. **Drew Mason**, Mr. **Luke Steele**, Mr. **Jackson Kinney**, and Mr. **Michael Srephanini** from **Giorgio's Academy of Taekwon-Do**; and Mr. **Alan Chen**, Ms. **Laurie Chen**, Ms. **Chloe Fox**, Ms. **Stephanie Hellman**, Ms. **Katherine Kelly**, and Mr. **Edward Shi** from Concord.

Roselyn Romberg, D.F.S.



53024. However, original artwork should be submitted with an understanding it may not be returned (unless a suitable container or envelope for return is included).

Along with your entry please submit your name, rank, age, and the name of your school so we can give appropriate credit for your work. **All entries must be submitted by August 15.**

UPCOMING EVENTS

There will be a USTF Ground Fighting Seminar at **Sereff Taekwon-Do** on August 13th. Also that date, we can all celebrate the promotion of Master **Frank Hannon** to Senior Master Eighth Dan. Master Hannon will instruct the course. Congratulations are in order!

Miss **Leilani Manera** will test for her Third Dan at **Flyer's Taekwon-Do** in Richmond Hill, Georgia, on August 13. Go, Leilani, go!

On August 20 a combined Black Belt and gup testing at **Axe Taekwon-Do** at Offut Air Force Base will take place.

On September 17 the **Seventeenth Annual Wyoming Challenge** will be held at the Casper Recreation Center, Casper, Wyoming.

On September 24 the **Second Annual Kirksville Invitational Tournament** will be held in Kirksville, Missouri. The Tournament Director will be Sr. Master Ricky Todd, and the Chief Referee Master Dustin Stephenson. Questions? mdustinstephenson@gmail.com

And in the U.P. at the venerable Marquette **Marquette Taekwon-Do** Mr. Chuck Giotto will host a Black Belt Test on September 24.

On October 9 and 10 there will be a USTF Class C Instructor course taught by Grand

Left to right, Master Riley, his student Mr. Paul Beard, Mr. James Sroykum, his instructor Master Dubbeld, and Sr. Master Griffin, President.



Sir,

On June 25th, Sr. Master **Dan Griffin** flew down to conduct a black-belt testing for USTF-Utah. Mr. **James Sroykum** (Utah State Director) tested for 6th Dan, and Mr. **Paul Beard** tested for 3rd Dan. After an excellent testing, Sr. Master Griffin graciously taught a seminar focused on teaching us how to include white and color belts in classes and seminars. We want to send another THANK YOU to Sr. Master Griffin for sacrificing his time and sleep to be with us that day!

Yours in TKD,

Corinne Sroykum, Stringer



And so how could YHE resist a picture of his most senior Stringer and her great family, James, Leo, and Nathan? (See previous page for the occasion.)

Master Mike Winegar at **Bodystrong Taekwon-Do** in Sequim, Washington. Promoter: Mr. **Brandon Stoppani**. Teaching the course will be Grand Master **Mike Winegar**. Bound to be excellent and, of course, thorough.

A tentative date for the **Sereff Fall Championships** in Broomfield, Colorado: October 16.

On November 5 you can look forward to tournament action in the **2016 Utah State Championships** in Salt Lake City.

Sr. Master **Ricky Todd** will promote a testing at Axe Taekwon-Do on November 19.

Utah's 2016 Fall Black Belt Testing will be held November 19.

On November 20 expect a Black Belt test at Arvada, Colorado, for **Maestas Taekwon-Do**.

Burning Phoenix Taekwon-Do has scheduled a Black Belt test for December 3.

And also on December 3, a Black Belt test will be held at Sequim, Washington, Master **David Mason**, presiding.

AROUND THE COUNTRY

A breaking tournament was held July 30 at Sequim, Washington. The Promoter was Mr. **Brandon Stoppani**, the Director **Linda Allen**, and the Chief Referee, Mr. **Troy Phipps**.

Matthew Stautz, Second Dan, son of Rollie and Jean, father of Megan, brother of First Dan

At the end of the match, The Winners: Second Dans **Teresa Brandt** and Col. **Todd Welsch**, (U.S.A. Ret.) of Columbia, South Carolina, recently married. They have taken the care, despite the passages of war, geographic separation, and the years, to keep in touch, and are always thought of fondly by YHE, who was honored to have taught both. Photo credit: Kathleen Van Hecke.



Jamie, took Yidan in 2000. He had been active at our West Bend School from childhood, continued with us (and brought in his daughter, Gup Ten, to Grafton in 2007). He was a Navy veteran. YHE was his teacher and friend.

Matt passed away on Saturday, July 16. He was in a motorcycle accident. As he was leading a group of friends (8 bikes or so), a pickup truck heading the other way crossed the center

line and hit him head on. Both Matt and the driver of the truck passed. I believe the other bikers survived, although some were in critical condition. The driver of the truck may have had a heart attack precipitating the accident.

We will miss Matt and pray for him and his family's consolation.

YHE



Missouri Region -3 area students tested at **Columbia Academy of TaeKwon-Do** on June 28th. Senior Master **Larry Winn** tested 5 students with Senior Master **Tom Cope**, back row. Testing for 2nd Dan, **Jeffrey Owen** and **Samantha Joiner**, both on right from **Fairchild Taekwon-Do**. Testing for 1st Dan, **Louis Hendricks** and **Aleks Shin** from Columbia TKD, on left, and **Elizabeth Joiner**, front center, from Fairchild TKD. Samantha and Elizabeth are sisters. Also pictured are Mr. **James Givens** 3rd Dan of Columbia TKD and **Kenny Fairchild** 5th Dan Fairchild TKD.

--Mr. Fairchild via GMRS



Twelve participants attended the **6th Annual Burning Phoenix Taekwon-Do Camp** June 24th – 26th in Huntington Canyon, Utah. The fun began immediately after camp set-up with a session practicing the use of throwing knives, hatchets, and throwing “cards”. Many students were successful in getting their chosen projectile to stick into the target once or twice.

The creek shown on the map of the campground turned out to be little more than a tiny trickle of water, but some members of camp scouted the Huntington River across the road from camp, and were able to locate a nice spot to play in the water there. The river turned out to be ice

cold, which gave an opportunity for “Cold Showers and Baths”. Ms. Myra Schjelderup (II Dan) gets credit for being the first person brave enough to submerge her entire body in the frigid water, but all the adult participants eventually took their own turns.

The group also drove up the road to a nearby lake, and enjoyed some time swimming in the calm waters. On the way back to camp, they stopped at an interesting man-made embankment for a stream, and discovered a large area of quicksand! Mr. Eric Gemmell (V Dan) demonstrated the danger of quicksand to the group by showing how quickly a large rock was completely swallowed by the ground.

Around camp, activities included trying out several ways of starting a fire without matches. Some methods were quite easy, and others left participants feeling like they’d remain cold if that were their only option for starting a fire.

This year’s camp t-shirt featured glow-in-the-dark ink, much to Mr. Gemmell’s delight. The glowing phoenix on the shirt showed up well during sessions around the campfire, toasting s’mores and having fun.

The last day had a short hike to a beautiful waterfall, and everyone got to pose in the falls and get their picture taken. Then everyone stopped for burgers on the way home. It was a great camp over all! Above, camp T-shirts on campers; below, from left to right: Ms. Abigail Friese (I Dan), Ms. Ari Schjelderup (II Dan), Ms. Kristie Eysser (II Dan), Ms. Myra Schjelderup (II Dan), Ms. Samantha Williams, Mrs. Alex Baird.

Ms. Melanie Bunch. Flash Strinaer



SWC 2016 (Sereff World Camp) was hosted by SGM and GM Sereff in the beautiful Rocky Mountains of Colorado July 10th – 15th. Bai Rui, Australia and two groups from Ireland along with students and instructors from Utah to New York! The agenda included training with Sr. Grand Master **Charles E. Sereff**, Grand Master **Mike Winegar**, Grand Master **Renee' Sereff** and Grand Master **Paul De Baca** to start the camp and continued throughout the week with Senior Instructors and International Instructors.



The camp was divided into three teams with Mr. Rose captain, Mr. D. Ragone as assistant, Mr. Sroykum captain and Mr.

Gibbons assistant and Mr. Bennett captain with Ms. Bowling as assistant. Teams were graded on several events including the décor of their mascot, photographing their mascot, and a resume of their mascot! We saw everything from Monkeys baking, Monkeys sparring, and Monkeys helping seniors with their trays of food in the Commons! The teamwork was the best part of this event. Mr. Rose and Mr. Ragone took top honors and presented their award to the student they felt had contributed the most, Mr. **Abraham Bailey** from Florida.



Taekwon-Do with **Ivo Lisis** teaching Knife defense! Thank you to all that participated in this training and instruction! Siamese Sparring Tournament with no injuries and lots of experience in refereeing was a big hit at this camp! (Continued, next page.)

The water training in Grand Lake was one of the favorite highlights of the camp. It started with color belts and I Dans, worked up to Sr. Masters and of course Grand Master Renee' Sereff could not let the students have all the fun and decided to get a little wet too! There was a team event with Advanced one-step sparring in the lake that had even the tourists cheering! Of course the Polar Bear Plunge was an exciting time too! Some took a trail ride after the Grand Lake event and special thank you to Mrs. D. Ragone for gathering the troops for that!

International Day was a team rotation with Master **Val Keane** of Ireland teaching patterns one group, the **McCarthy** sisters from Ireland teaching stretching and **Bai Rui**



We were all entertained at the Fire Ring with music from Ireland, Australia, Michigan and Colorado! Each team took turns with gathering wood, s'more duty and clean up with even a little time for Monkeys in the Tree!

The awards night ended with Sr. Master Steadman's brother Mark bringing a cake for Sr. Master **Kirk Steadman's** birthday. Of course Brotherly love took over when he had it decorated "Happy 60th Birthday," (he was only in his 50's), and spelled his name wrong on the cake, instead of Kirk it was Kick. It seems that many years ago on a



silver tray for their parents 25th anniversary, the engraver spelled his name wrong and of course his brother keeps that alive! First photo



previous page, the Team Captains. Lower previous page, Grand Masters in attendance. Above, the group (couldn't keep 'em off the playground equipment). Right, **Ben Pemble, Clare Johnson and Tracey Rodgers**, flying side piercing kick without reference to how to do the landing.

Yes, there will be another Sereff World Camp 2018! Happy Trails! Salute, below left, Mr. **Tony Rauchbauer**, Australia.

Grand Master Renee Sereff, D.T.S.

The first-ever **World Camp World Class One-Liner Contest**, sponsored by The TKD Flash, was a fabulous and fun success! On the last full day of Sereff World Camp, Campers and Instructors were invited to submit the funniest, strangest, silliest, most interesting one-line sentence they had heard all week, with backstory if appropriate or interesting. A panel of judges awarded Bronze, Silver, and Gold medals to the winners.

Some notable entries: "At Sunrise Patterns on Thursday morning, I turned to Mr. Sweemer and said, 'Look, Sir, there's a bobcat!' He swiveled around, startled. The 'bobcat' was the name on a piece of machinery! It was pretty funny. Well, maybe you had to be there..."

"At the waterfall Mr. Cown decides to break some slabs of rock with a Knife Hand Strike. He says, 'It's going to be awesome!' and then prepares and strikes. After the strikes, he lets out a loud, 'OW!' SM Martin asks, 'What's with the OW?' Mr. Cown replies, 'Oh, that's Indian for 'My Soul goes through you!'"

And, from one of the kids: "I think we should have to go horseback riding every day!"

The Third Place Bronze medal was awarded for Sr. Master **Ricky Todd's** comment, "There are some things you cannot unsee," referring to Sr. Master **Kirk Steadman's** modeling of his gift of "Nighty Time Things." (Sr. Master Steadman, in brief...)

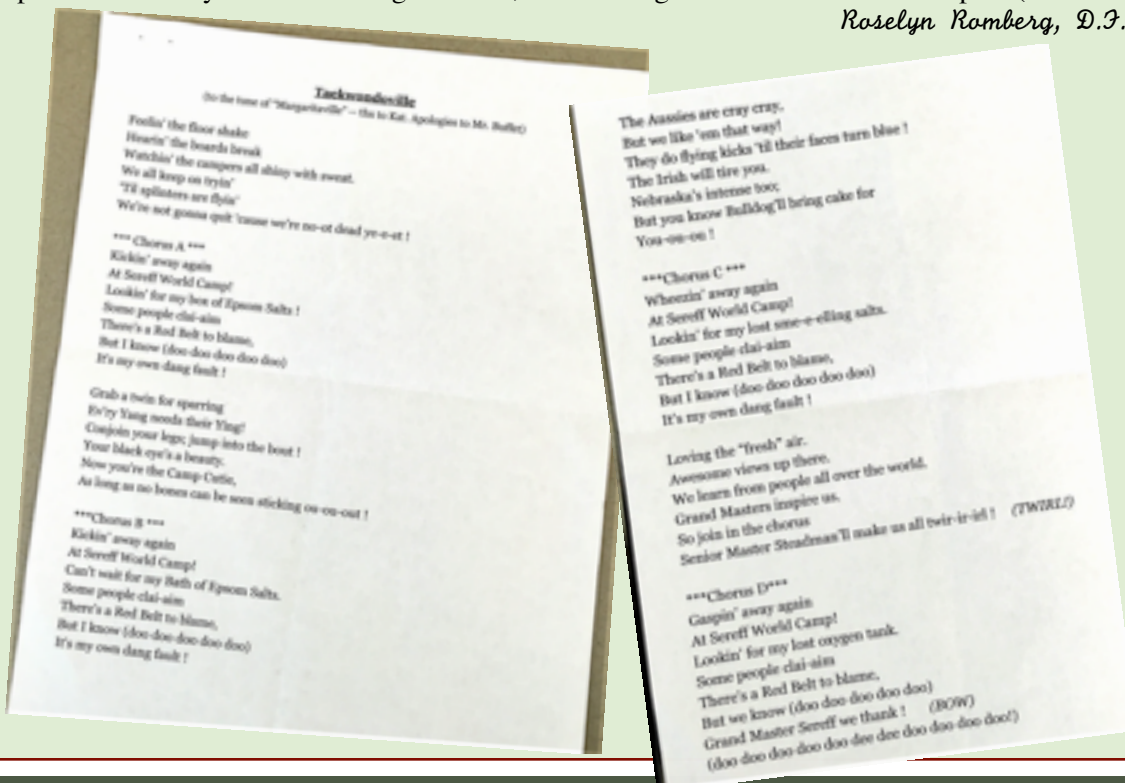
The Second Place Silver medal was awarded for this overheard remark: "Where I'm from I'm kind of a Big Thing." (!)

And the Gold for First Place, submitted by **Dawsen, Graysen, and Ashleigh Dragone**, was Sr. Master Todd's admonition, "I need your eyes and your ears! I don't need your mouths!"

Roselyn Romberg, D.F.P.

Sir - At the Wednesday evening campfire at Sereff World Camp one of the larger groups performed this adaptation of Jimmy Buffett's "Margaritaville," to the delight of the assembled Campers (see below).

Roselyn Romberg, D.F.P.





Students and faculty of the **Academy of Martial Arts**, Grafton, Wisconsin, Mr. **Matthew Thur**, Miss **Alyssa Jankowski**, Mr. **Patrick Jankowski**, Mr. **Joshua Locklair**, **Camille Lineberry**, **Yash Jha**, **Juhi Jha**, **Andrew Klein**, **Shaunak Chaudhuri**, **Seva Belousov**, **Noah Friberg**, and **Zach Kelley** joined Sr. Master F.M. Van Hecke June 2 at a demonstration at the “Grillin’ in Grafton” festival. Clockwise



from top left, Noah & Zach, proving it’s Wisconsin, fight in front of the cheese curds booth, old man wears superpower baseball cap to break concrete brick, and Pat makes a confusing pile of two by slamming Josh & Matt into the “wall.”





Continuing the pictures from the July 2 Demonstration in Grafton, clockwise from top left, Yash Jha with downward kick, his sister Juhi, not to be outdone, with side piercing kick, Ms. Alyssa Jankowski lands one on Mr. Matthew Thur, and Miss Camille Lineberry begins a wicked Hwa-Rang. All photo credits: Kathy Van Hecke, this, prior, and following page.





First break, ever.
Zachary Kelley,
June 2, 2016.