

The T.K.D. Flash

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The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail fmvh1@mac.com. Archived at USTF Region V site www.ustf-region5.org Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Award-Winning Contributing Staff: Distinguished Stringers Roselyn Romberg, Ricky Todd, Renee' Sereff; and Stringers Corinne Sroykum, Guy Williams, Robert Martin, Mario Manera, Lisa Eastin, David Mason, and Melanie Bunch.

UPCOMING EVENTS

Sr. Master **Ricky Todd** will promote a testing at Axe Taekwon-Do on November 19.

Utah's 2016 Fall Black Belt Testing will be held November 19.

The Northeast Region will conduct a Black Belt test on Sunday, November 20th at **Concord TaeKwon-Do**. Grand Master **Louis Reyes** will preside. Candidates from around the New England region, and New York, will be testing that day.

On October 3 at the Academy of Martial Arts, Grafton, Wisconsin, before a testing Board consisting of Sixth Dan **Rick Bauman**, Fifth Dan **Mary Lubner**, First Dans **Valerie Peters**, **Alyssa Jankowski**, and **Elliot Humiston**, chaired by Sr. Master F.M. Van Hecke, a gup testing was held, ably cornered by Shantanu Chaudhuri and First Dan **Rachel LaPorte**. Promoted to Gup One was **Shantanu Chaudhuri**, Gup Two **Yash Jha**, Gup Three **Juhi Jha**, Gup Four **Shaunak Chaudhuri**, Gup Six **Aniela Van Hecke** and **Noah Friberg**, Gup Seven **Christopher Giraldo-Carranza**, **Zachary Kelley**, **Gabriel Peters**, **Andrea Carranza-Gomez**, and **Luis Giraldo-Valencia**. Gup Eight promotions were **Anika Garg**, **August Schultz**, **Daniel Peters**, **Ivan Huang** and **Jason Huang**. Promoted to Gup Nine were **Benjamin Lorenz** and **Matilda Van Hecke**. The test was marked by some very interesting free sparring matches.



Miss Juhi Jha and her brother Yash have been students at the Academy of Martial Arts, Grafton, for two years. Here, Juhi breaks with downward kick in her recent test.



Poetry in Motion: Wisconsin State Director **Jacqueline Karpinsky**, Sheboygan Falls, Wisconsin, at her Fifth Dan test in Marquette, Michigan on September 24. (Next page, photo credits for this series.)

On November 20 expect a Black Belt test at Arvada, Colorado, for **Maestas Taekwon-Do**.

Burning Phoenix Taekwon-Do has scheduled a Black Belt test for December 3.

Sir:

The Northeast Region is excited to announce the kickoff of a new Advanced Techniques Class Series. Once a month a Senior Instructor will teach a 90-minute to two-hour session on such topics as Ho Sin Sul, Advanced One Steps, Advanced Sparring Techniques, Defense Against Weapons,

*Floor Techniques, and more. The syllabus for each session is prepared by the Senior Instructor and Assistants, and then approved by Grand Master **Louis Reyes**. All sessions are overseen by Mr. **John Murphy**, VI Dan and Regional Director. The series is conceived as an opportunity to share advanced techniques not usually covered in classes, and to provide observation and correction for students at appropriate levels. The series arose out of Grand Master **Renee Sereff's** encouragement, expressed at USTF Nationals last summer, that all Regions develop the "next generation" of*

leaders, and provide opportunities for advanced practitioners to practice presentation and advanced teaching skills. Guests from schools in all Regions are warmly invited. We look forward to sending photos and updates monthly!

Roselyn Romberg, D.F.P.

On December 3, a Black Belt test will be held at Sequim, Washington, our good friend Master **David Mason**, presiding.

Ground Fighting Ho Sin Sool with Mr. **Anthony Giese** will be taught at **Cadillac TKD** in Cadillac, Michigan on December 3. Dr. **Steve**

Osborn, Promoter. Participants are expected from throughout Region 3.

USTF NATIONALS will be held June 24 and 25, 2017, in Broomfield, Colorado.

As always, **Best Image of 2016** and **Best Text of 2016 by a Non-Stringer** will be awarded in the January issue. The Graphics Committee's Awards Subcommittee has reserved Conference Room B-14 on the fourteenth floor of the Flash Building in downtown Manhattan for its usual marathon sessions starting on December 15. They have work to do.

A bit more September 24 Upper Peninsula Poetry from **Anija Spiessl**, testing for her Second Dan at Marquette. More photos, page 4. (All photo credits: Gary Karpinsky and Heidi Spiessl.)





More photos from September 24 at Marquette: around the clock at 11:00, **Deirdre Attwell**, at 12:00 **Duane Wisuri**, at 2:00 **Autumn Dutka**, at 5:00 Sara Wisuri, and at

7:00 **Paul Hebein** demolishes four concrete blocks.



On Saturday, October 1st **Concord TaeKwon-Do** hosted an advanced class on Ho Sin Sul techniques. Mr. **Karl Huffman**, V Dan, assisted by Mr. **Tom Gibbons**, IV Dan and NY Regional Director, led the class. Attendees were introduced to advanced techniques involving controls, throws, and breaking and killing blows. Students worked in pairs to practice techniques multiple times, with careful attention from Mr. Huffman and Mr. Gibbons, who demonstrated each advanced technique. The attendees were unanimous in their praise for the course, and the NE Region will plan on offering it again in the future. Thank you, Grand Master Louis Reyes, for approving the course content, and Mr. Huffman and Mr. Gibbons, for instruction! Here, Mr. Huffman plants Mr. Ed Vitiello, which, given environment, appears an apt turn of phrase.

Roselyn Romberg, D.F.P.



AROUND THE COUNTRY

On September 17 the **Seventeenth Annual Wyoming Challenge** was held at the Casper Recreation Center, Casper, Wyoming.

Master **Randy Casco** promoted a testing in Hawaii in October. Hopefully some pictures and text in the next [Flash](#).

Also on October 10 **Manera's Taekwon-Do** hosted a dan testing at Kennesaw, Georgia. Hopefully some pictures and text in the next [Flash](#).

Also on October 16, a Black Belt test was conducted under the supervision of Senior Master **Frank Hannon** in Leavenworth,

Kansas. Hopefully some pictures and text in the next [Flash](#).

The **Northeast Region** hosted a USTF Referee seminar for all referee classes on Sunday, October 23rd. Grand Master **Louis Reyes** provided instruction, with assistance from Mr. **John Murphy**, VI Dan and head of Concord TKD, Mr. **Karl Huffman**, V Dan, and Mr. **Tom Gibbons**, IV Dan and head of Victory TaeKwon-Do of New York.

On October 27 the **Oregon State Black Belt Test** took place at Golden Tiger TKD. Hopefully some pictures and text in the next [Flash](#).

On October 22 there was a tournament at Harrisburg, Missouri. Mr. **Ken Fairchild** was the Director and Mr. **Robert Perkins** Chief Referee.

A Tale of Manners

By Master Ed Newcomer

Tonight, I had the opportunity to attend a state dinner at the US Ambassador's residence in Gaborone. He was hosting Linda Thomas-Greenfield, an Assistant Secretary of State who works directly for Secretary of State John Kerry. I wasn't invited because of my importance but only because everyone enjoys hearing a wildlife crime fighting adventure story! It was a multi-course meal with many pieces of silverware I had never seen before and did not know how to use. I faked my way through that by watching what everyone else did! When the food was served, I noticed that no one at the table, including the US Ambassador to Botswana, took a bite or touched a fork until after the Assistant Secretary had picked up her fork and taken her first bite. Of course, neither did I. So, the lessons learned at Sereff TKD and my

lifelong connection to TKD helped me with proper protocol at an important, high level, US Government dinner meeting. How do you like that? Thank you!

LETTER TO THE EDITOR

Sir: I saw a great picture of my daughter in a recent issue. Can I order a copy?

Reader: If you wish a copy of the issue, I can send you one via e-mail or you can download from the archives (see masthead). Photos published have usually been greatly reduced, cut and edited. If you wish originals as sent us electronically, we generally do not archive reporter submissions beyond one year. Original work may be with the photographer and we do not always receive information as to a photographer's identity. We'll help if we can-- just ask.

YHE

Two of **Mountain View Taekwon-Do's** beloved black belts, Ms. **Sibyl Crawford** and Mr. **Michael Clark** were stricken with different types of Stage 4 cancer. Following



in the oriental tradition of presenting a 1000 cranes to represent ones wishes of wellness and recovery from sickness, Master **David Mason's** students organized in secret the making of 2,000 origami cranes by all of the students and family members of Mountain View. This project was spearheaded by **Mauni Stiffler**. Mr. Clark's cranes were presented to him at the school as he is still able to train on a limited basis (left). Ms. Sibyl Crawford's cranes were presented, right, at her door at her home as she is too weak to no longer attend classes or travel. Mrs. **Lynette Mason** organized a surprise training session on



Ms. Crawford's front lawn

attended in uniform by both current and retired Mountain View Martial Arts members.

Sir:

Kirksville Taekwon-Do hosted the second annual **Kirksville Invitational Tournament** on September 24th. The event was well-attended with competitors from Colorado, Nebraska, Illinois, and, of course, Missouri.

Competition was keen, especially in the Team Pattern Division which started off events. Seven teams competed for top honors, but the home club pulled out wins in both the black belt division by **Team Kirksville**, and the colored belt division by **Team Black Stripes**.

This year also saw the addition of a Grand Champion category. **Matthew Matheny** (III Dan) of Kirksville won top honors among the black belts, and **Liliana Lindsey** (4th gup) of **Quincy Taekwon-Do** took the trophy for the colored belts.

Following the tournament, many members of Axe Taekwon-Do of Nebraska attended a barbeque hosted by Kirksville at the home of Lisa Eastin (IV Dan).

Attached picture: Team Pattern Competition included many students. Winning competitors are in front (from left to right) **Alec Hazen, Brice Hazen, Zachary Peterson, Nick Gravett, Megan Matheny, Genet Eastin, Emily Garth, Starlight Katsaros, and Matthew Matheny**.

Lisa Eastin, Flash Stringer



On October 22, the Wisconsin State Director Mrs. **Jacqueline Karpinsky** hosted a tournament at the Academy of Martial Arts, Sheboygan, Wisconsin. Mr. **Marc Mikkelson** served as Tournament Director, Mr. **Mark Johnson**, Chief Referee. Congratulations to all officials and competitors for a great event! Left, Mr. **Elliot Humiston** is designated victor by Center Referee Fifth Dan **John Butitta**.



Bodystrong Taekwon-Do, Mountain View Martial Arts & Fitness, Mt. Rainer View Taekwon-Do, Mint Valley Taekwondo and **Dr. William L. Romine** from Ohio attended a USTF Class C Instructor Course taught by Grand Master **Mike Winegar** conducted October 19 and 20 at Sequim, Washington. Above, the group. Thanks to Mrs. Lynette Mason for the photo and information.

Sr. Grand Master **Charles E. Sereff** and Grand Master **Renee' Sereff** hosted over 170 students from Colorado, Wyoming and Nebraska at the **Sereff Fall Championship** October 16 at Broomfield, Colorado. Over 70 USTF Referees worked all day with 6 rings to make this a fast and smooth tournament. Master **Robert Pettijohn** was Chief of Referees and Sr. Master **Dan Griffin** Tournament Director. Dr. **Shevaun Duiker** served as medical staff.

Mr. **Jason Gao** from the Chinese school in Colorado took color belt Jr. Grand Champion and Miss **Ashleigh Ragone** from Axe Taekwon-Do took the red/ black Belt Grand Champion. For the adults we had **Hayden Starr** from Maestas TKD color belt Grand Champion and Mrs. **Amy Wilcox** from Casper Taekwon Do black belt Grand Champion.

We had ten junior breaking teams. The First place team was **Axe Thunder Kicks** from Nebraska (Sr. Master **Ricky Todd**), second place was **Thornton Out Numbered** from Colorado (Mrs. **Fran Buschkoetter**), and Third place was **Casper Coyotes** from Wyoming (Grand Master **Stan Martin**). The adults brought eight teams with first place, **Axe #1** from Nebraska, Second place **Martin's Mayhem** from Wyoming, and Third **The Foothills Team** (Sr. Master **Dale Burkhart**).

This year's recipient of the Dr. Farley Award for great perseverance and service was **Sharon Cormier**, a three time cancer survivor, who has taken in children transitioning to home from state facilities, many among the worst cases of child abuse and neglect. She finds that Taekwon Do is empowering for them, has taught for over 35 years and is the chief instructor at Mt. Rainier View Taekwon-Do in Washington. She states her children's accomplishments are their own and she has been given the opportunity to raise so many by God. Her legacy will be known for the positive changes made in so many children's lives all over the world.

Pictures, next page.

Grand Master Renee' Sereff, D.S.S.



What winners look like, adults and kids, from the **Sereff Fall Championship**, Broomfield, October 16.



On Saturday, October 22, **Concord TKD** conducted a Junior Gup Test. Testing for Gup 9 Yellow Stripe were **Nina Cavallo, Tristan Tan,** and **Alan Zhou.** Candidates for Gup 8 Yellow Belt included



Emma Kelly, brothers **Pierce** and **Ronan Rafter** (sons of **Patrick Rafter,** Gup 4 Blue Belt), **Shanti Samnotra,** **Tesu Ham,** and **Alexander Koh.** Siblings **Advay Goel** and **Aadya Goel** successfully tested for Gup 7 Green Stripe. Left, beginning students ready to rock and roll as soon as the hair is



adjusted; note, however, perfect left fist. Right, Nina Cavallo displays a really long belt (for her).

Roselyn Romberg, D.F.P.



Master **David Mason** presides over a recent testing at Mountain View Martial Arts & Fitness.



USTF REFEREE COURSE

Flyers Taekwon-Do
Ways Station Shopping Center
2479 US Highway 17
Richmond Hill, GA 31324
(Savannah)

November 5, 2016
Registration 8:00 - 9:00 am
Course 9:00 am - 5:00 pm

**You can also register in advance by
contacting Master Greene or Mr. Manera below**

Contact Information

Region 5 Director, Master Lawrence Greene, VII Dan (Instructor)
E-mail: ljgreene37@yahoo.com

Georgia State Director, Mr. Mario Manera, IV Dan (Host)
E-mail: manerataekwondo@gmail.com