

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts
The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail fmvh1@mac.com. Archived at USTF Region V site www.ustf-region5.org Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Award-Winning Contributing Staff: Distinguished Stringers Roselyn Romberg, Ricky Todd, Renee' Sereff; and Stringers Corinne Sroykum, Guy Williams, Robert Martin, Mario Manera, Lisa Eastin, David Mason, and Melanie Bunch.

UPCOMING EVENTS

On October 9 and 10 there will be a USTF Class C Instructor course taught by Grand Master **Mike Winegar** at **Bodystrong Taekwon-Do** in Sequim, Washington. Promoter: Mr. **Brandon**

Stoppani. Bound to be excellent and, of course, thorough.

OUT HAWAII WAY, our good friend Master **Randy Casco** will promote a testing in October. We send best wishes.



Cade Jones (TKD Flash Kids Art Contest Winner), going for Gup Two in a test at **Fairbanks Taekwon-Do**, establishes the relative frailty of boards when struck by a TKD Flash Kids Art Contest Winner. The fact this is on page one is nothing to do with the fact that he is a TKD Flash Kids Art Contest Winner. But we think it appropriate to mention that he is a TKD Flash Kids Art Contest Winner. Certainly we have no particular bias as to placement by virtue of the fact that he is a TKD Flash Kids Art Contest Winner. The story of this test on the next page.

YHE

Sir,

On Saturday, September 10th we up here at **Fairbanks Taekwon-Do** had the second to last color belt test of the year. Fall is certainly on its way up here in Alaska and there isn't any turning back.

The group was small but had a lot of energy. In the front row, promoted to 5th gup, is **Mason Jones**, the youngest of 3 brothers. The 2nd row contains **Lucas Naber**, 9th gup, **Shay Jones**, 2nd gup, the big, big brother, and **Cade Jones**, 2nd gup, the big brother (and TKD Flash art contest winner). The third row consists of, from left to right, **Madenna Drummond** who put the students thru their paces, Mrs. **Susan Hicks** and myself.

One thing comes to mind from all the activities and goings on within the USTF. That a big THANK YOU, to all the seniors whether by rank or age for doing the one thing that keeps us all striving for excellence; TESTING. For they are showing us there is a path to follow.

Master Guy Williams, Flash Stringer



Also on October 10 **Manera's Taekwon-Do** will hold a dan testing at Kennesaw, Georgia.

October 3 there will be a gup test at the Academy of Martial Arts in Grafton, Wisconsin.

On October 22, the Wisconsin State Director Mrs. **Jacqueline Karpinsky** will host a tournament at the Academy of Martial Arts, Sheboygan, Wisconsin. Mr. **Marc Mikkelson** will serve as Tournament Director.

Don't miss **Sereff Taekwon-Do Fall Championships** in Broomfield, Colorado on October 16.

On October 27 the **Oregon State Black Belt Test** will take place, Golden Tiger TKD.

Also on October 16, expect a Black Belt test under the supervision of Senior Master **Frank Hannon** in Leavenworth, Kansas.

On October 22 there will be a tournament at Harrisburg, Missouri. Mr. **Ken Fairchild** will be the Director and Mr. **Robert Perkins** Chief Referee.

On November 5 you can look forward to tournament action in the **2016 Utah State Championships** in Salt Lake City.

Also on November 5, keeping those referee skills sharp, a Referee Course will be held at Flyers Taekwon-Do at **Flyer's Taekwon-Do**.

Sr. Master **Ricky Todd** will promote a testing at Axe Taekwon-Do on November 19.

Utah's 2016 Fall Black Belt Testing will be held November 19.

On November 20 expect a Black Belt test at Arvada, Colorado, for **Maestas Taekwon-Do**.

Burning Phoenix Taekwon-Do has scheduled a Black Belt test for December 3.

And also on December 3, a Black Belt test will be held at Sequim, Washington, Master **David Mason**, presiding.

A "C Instructor" course is hosted by USTF Region 5 March 11 and 12, 2017. Mr. **Mario** (continued on page 5)

At the venerable **Marquette Taekwon-Do**, in Marquette, Michigan, Mr. **Chuck Giotto**, Michigan U.P. State Director and Marquette Head Instructor, hosted a Black Belt Test on September 24. Presiding

were Dr. **Steve Osborn**, USTF Region 3 Director, Miss **B. Hilija Spiessl**, Fifth Dan, Mr. Giotto, and Sr. Master F.M. Van Hecke. Taking the Corner was Mr. **Max Spiessl**. The First Dan Candidates were **Autumn Dutka**, **Deidre Attwell**, and **Duane Wisuri**, Second Dan Candidates Miss **Anija Spiessl** and Mrs. **Sara Wisuri**. Testing for Fifth Dan were Dr. **John Butitta**, Headmaster of Fox Valley Taekwon-Do, Neenah,



Wisconsin, Mrs. **Jacqueline Karpinsky**, USTF Wisconsin State Director, and Mr. **Paul Hebein**, Instructor at the Academy of Martial Arts, Grafton, Wisconsin. Good pics next month.

Above, the group. On an important note, Marquette TKD is one of the oldest continuous clubs in the United States, our Art being ably carried forward by a continuous line of excellent instructors. This test celebrated the club's **forty-fifth** anniversary.

Congratulations, Marquette Taekwon-Do!



On September 9th, **Burning Phoenix Taekwon-Do** held a “Breaking Party.” Eleven participants from the school gathered outside on a Friday night, blasted some music, and smashed through 120 boards and 85 tiles over the course of 2 hours. Clean up afterwards probably added a n o t h e r hour, there was quite a bit of rubble!

Since this event was more about having fun

and less about “serious training,” there were a lot of fun experiments mixed in with tried-and-true breaks. Mr. **Eric Gemmell** (V Dan) demonstrated a fun method of breaking tiles. He set up a stack of 10 with a couple of boards on either side to keep them off of the ground, then jumped up in the air with his shoes on and stomped with one foot through the whole pile! Towards the end of the evening, Mr. **Luis Chavez** (II Dan) was able to do the same.

Ms. **Ari Schjelderup** (II Dan) was able to do something she’d been wanting to try for a while, a 360 degree jump-spin with a downward strike with knife hand upon landing.

Mr. **Michael Deeringer** (I Dan) used his heavy motorcycle



boots to do an Inward Downward kick to a stack of 5 tiles, and he says he barely felt it (good boots)!

Mr. **Alan Zurita** (I Dan) played with using a strike with front elbow in a downwards motion through tiles, and was able to get through 5 tiles this way.

Everybody had materials and everybody had breaks. No people or cats,

however, were broken.

Despite the chaos being held in a parking lot, no cars were harmed. The tiles caused a few bruises and scrapes, but everyone had a great time and is eager to do it again!

Ms. Melanie Bunch, Flash Stringer



Some of the Taekwon-Do action September 10 in Broomfield, Colorado. See next page for details.



Manera is the Promoter. The venue will be **Flyer's Taekwon-Do**, Savannah, Georgia. Of course, these excellent courses are taught by Grand Master **Mike Winegar**.

AROUND THE COUNTRY

On September 16 Dr. **Jeff Wilt's** Fourth Dan test was conducted at Grand Rapids, Michigan. Hopefully some pictures and text in the next Flash.

On September 17 the **Seventeenth Annual Wyoming Challenge** was held at the Casper Recreation Center, Casper, Wyoming. Hopefully some pictures and text in the next Flash.

Also on the 17th Sr. Master **Kirk Steadman** taught a USTF Referee Course at **Big Dog Taekwon-Do**, Grand Rapids, Michigan. Hopefully some pictures and text in the next Flash.

On September 24 the **Second Annual (continued on page 7)**

September 10, 2016 was a significant occasion. Practitioners, including Grand Masters, Senior Masters, Masters, practitioners, families and friends of Taekwon-Do from throughout the United States gathered at **Sereff Taekwon-Do** in Broomfield, Colorado, for Black Belt tests and promotions.



Presiding were Senior Grand Master **Charles E. Sereff**, Grand Masters **Mike Winegar** and **Renee' Sereff**, Senior Masters **Kirk Steadman** and **Ricky Todd**, and Master **Denise Mooremeier**. Additionally present was Grand Master **Paul DeBaca** and other Senior Masters and Masters. At the Corner was Mr. **Jason Rose**.

Testing to First Dan were Mssrs. **Mark Peterson**, **Jonathan Fonseca**, and **Alex Bennett**. Testing to Second Dan were Mr. **Fred Mitchell** and Mrs. **Cynthia Mitchell**. Testing for Third Dan was Mrs. **Linda Story**. Testing to Fifth Dan were Ms. **Lisa Winkler**, Ms. **Christina Schulte**, and Mrs. **Kimberli James**. Mr. **Roland Flynn** aced his exam to Sixth Dan.

Mssrs. **Craig Craddock** and **Gerald Cisco** tested for Seventh Dan Master. Master **Joseph Bosse** was promoted to Eighth Dan Senior Master.

And Senior Masters **Stan Martin** of Wyoming and **Earl Weiss** of Illinois were elevated to Grand Master, bringing the total of USTF Grand Masters to seven.

Best Pattern was awarded to Mr. Roland Flynn, best Ho Sin Sool to Mrs. Linda Story, and best Break to Ms. Lisa Winkler.

After awards, speeches, gifts and applause, the group adjourned to a Korean barbecue restaurant

where juniors cooked, seniors stuffed themselves, and all reflected on an exciting and historic day. Above, from left, Senior Master **Joseph Bosse**, Grandmasters **Earl Weiss** and **Stan Martin**. Below, Sr. Grand Master, Grand Masters, Senior Masters and Masters welcome new Masters Randy Caseco and Craig Craddock. (More, next page.)



Kirksville Invitational Tournament was held in Kirksville, Missouri. The Tournament Director

was Sr. Master **Ricky Todd**, and the Chief Referee Master **Dustin Stephenson**.



In a trio of "Bests" Mr. Roland Flynn, Mrs. Lisa Winkler, and Mrs. Linda Story (with partner Mr. Sam Waddy) do patterns, smash concrete, and initiate take-offs at Sereff Taekwon-Do on September 10.



And a trio of excellent **Honorable Mentions** in the Flash TKD Kids’ Art Contest of 2016: **Shaunak Chaudhuri**, age 7, Green Belt at the Academy of Martial Arts, submits a potpourri of belt colors, meanings and his school’s patch at upper left. In a comment from the Notes of Proceedings: “This piece calls attention to itself with its composition. The structure of the work, the straightforward placement of equal-sized boxes of pure Rank colors harmoniously placed around the central image, is simple and pleasing.” At right, **Marshall**

Phipps, age 9, of graphic powerhouse Bodystrong, “Flag & Patches.” Horst Kohler of *Der Deutsche Zeitung* said: “This piece is charming in its innocence and lack of concern for fussy detail. I like the seven-stripe flag, with its solid field of soft blue -- is this a not-so-subtle hint at the universality of our Art, the fundamental lack of national boundary or identity, the respect for techniques and tradition that unites us all? The two patches, with their faux-naive, casual mis-spellings and slightly off-center geometric shapes, encourage the viewer’s focus on the deeper truths of General Choi’s legacy, and gift, to the world.” Finally, **Shay Lucier** in an *alias* submission,



compliments his instructor. The “take” on this work from the Town of Furple Art Museum’s Curator, Miss



Amanda Reckenwith, “While I admit to some concern over the meaning of the ~~censored-censored-censored~~ of the page, I am moved by the artist’s clear reverence and respect for the figure, the attention to detail (the belt), and the sheer dynamism of the subject’s physical vigor (outstretched arms, strong stance) and enthusiasm, as portrayed by the wide smile and powerful vocalising.”

More World Camp Takes



Clockwise from left: Senior Master Ricky Todd--"I don't care where you're from, you've got to understand perpendicularity." 11:00--"I really like that lady who's trying to stab me to death." 2:00--"Got me in focus?" 5:00--youngest camper. 7:00--Fit to be tied--Siamese sparring. Photo credits: Roselyn Romberg, DFS.



Sereff TKD Fall Championship

October 16, 2016

This competition is sanctioned by the USTF and its rules and regulations. Sr. Grand Master Sereff welcomes USTF affiliated schools and their students to compete for top honors in over 45 divisions.

The Fall Championship will include Individual Sparring, Pattern plus 5 person Team Breaking Competition. Registration forms may be obtained from all USTF Schools.

The sparring will be light controlled contact with safety pads including head gear for all students. All referees will need their USTF certification cards and proper dress to be on the gym floor. (Blue slacks, white shirt, blue tie, all white tennis shoes.) We will not be using coaches at this event.

For more information call Sereff Taekwon Do At 303-466-4963. You can email us at rsereff@rmi.net.

Competitors and Referees bring your current 2016 USTF card to gain access to the gym.

NO FOOD OR DRINK ON THE GYM FLOOR EXCEPT WATER, PLEASE!

SEREFF TAEKWON DO
303-466-4963
rsereff@rmi.net



*Broomfield High School
1000 Daphne (corner of 10th & Main)*

Sunday *October 16, 2016*
Time *9:00 am to 4:30 pm*

Registration *8:30 Juniors and Adults*

Admission *\$5.00 General Admission
Kids under 12 Free*

Sparring/Pattern Registration will be available at the door.

Breaking Teams are Pre-Register ONLY by October 10th, no exceptions!

No one will be allowed on the gym floor until 8:15 to allow for set up. We thank you for your Cooperation!



Irish National Taekwon-Do Association (INTA)
18th INTA Open International ITF Taekwon-Do Tournament - 2017



IRISH NATIONAL TAEKWON-DO ASSOCIATION (I.N.T.A.)
18th I.N.T.A. Open International I.T.F. Taekwon-Do Tournament
4 & 5 February 2017
Gormanston Park, Gormanston, Co. Meath

Invitation

Dear Masters, Instructors,

It is with great pleasure that, on behalf of the I.N.T.A., I would like to invite you and your students to the 18th I.N.T.A. Open I.T.F. International Taekwondo Tournament, to be held on 4 & 5 February 2017.

I hope that you can join us in Gormanston for this event.

The competition will be run under I.T.F. rules, with divisions for male and female, senior and junior, colour belt and black belt.

All junior colour belts up to 15 years will partake on Saturday 4 February. All competitors of 16 years and older and all junior black belts will partake on Sunday 5 February.

Please send competition applications and queries to jeroen.wezelman@inta.ie

Looking forward to seeing you in 2017.

On behalf of Master Brendan O'Toole 8th Degree,

Yours in Taekwon-Do,

Jeroen Wezelman

Tournament Director



1 - The Irish National Taekwon-Do Association (I.N.T.A.) is an Allied Association in Ireland for the International Taekwon-Do Federation (I.T.F.). Senior Instructors: Master Brendan O'Toole 8th Degree, Master Val Douglas 8th Degree, Master Gerry Martin 7th Degree. WWW.INTA.IE

