

The T.K.D. Flash

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KIDS' ART CONTEST WINNERS

The Flash Taekwon-Do Kids' Art Contest for 2015 is over. Results on pgs. 6&7.

UPCOMING EVENTS

On October 18th, the Senior Grandmaster Sereff Fall Championships at



Kirksville Taekwon-Do's spring testing brought a crop of seven new black belts on board for the club. Testing Candidates designated in bold--First Row: Senior Master Dustin Stephenson, Senior Master Bill Stephenson, and Master Lenard Graham. Second Row: Megan Matheney, Faron Lindsey, **Kyle Berry, Kyle Morganstern, Steven Chen, Simon Chen,** and Kyle Graham. Third Row: Bill Byrn, James Rolston, Deb Goggin, Matthew Matheney, Eric Amini-Rad, Larry Barker, **Logan Yardley, Noah Findling, Emily Garth,** and Phil Ordonio.

Lisa Eastin, Flash Stringer



Sir:

The **Academy of Martial Arts Sheboygan Falls**, Wisconsin, held a sparring seminar in conjunction with our kick off event, "Sparring the Black Belts," for the Relay for Life Cancer Walk. We raised \$150 at the Sparring Event, bringing a total for the Walk of \$2,600. Pictured above: Instructors and students from our school, Dr. John Butitta from Fox Valley TKD and Elliott Humiston from Grafton AMA.

Mrs. Jacqueline Karpinsky, Wisconsin State Director

Broomfield High School, Broomfield, Colorado, will be held.

On October 31, a Black Belt test is scheduled at Casper, Wyoming.

Also on October 31 there will be a tournament at the Sheboygan Falls YMCA, Sheboygan Falls, Wisconsin. Details will follow.

There will be a Black Belt test November first at Grafton, Wisconsin.

On November 7 the **USTF-Utah State Championship Tournament** will be held at Salt Lake City, Utah.

On November 14 USTF-Utah will have its **Fall Black Belt Test** at Salt Lake City, Utah.

Already on the calendar: **Maestas Taekwon-Do's** Fall Black Belt Test for November 15.

November 19 will bring another Black Belt and Gup Testing at **Offutt Air Force Base**. Promoter, Sr. Master Ricky Todd. The guy just keeps doing good work, what can we say?

On November 22 there will be a Black Belt test at **Maestas Taekwon-Do**.



Good afternoon, Sir,

This morning (August 22) I had the great honor of volunteering alongside First Dan Josh Locklair, Gup 1 Valerie Locklair, and Gup 1 Rachel LaPorte at the **Make A Wish Walk** in Milwaukee. I thought you might enjoy this picture. It was a beautiful day and a wonderful experience.

Gratefully as always,
Karen Locklair

And on December 5 **Sereff Taekwon-Do** will host a color belt test.

AROUND THE COUNTRY

On August 12 there was a gup test at the **Academy of Martial Arts**, Grafton, Wisconsin. We promised more detail in the last issue. Presiding were Fifth Dan **Mary Lubner**, Third Dan **Kevin Friede**, First Dans **Kristi Slattery**, **Alyssa Jankowski**, **Patrick Jankowski**, and **Max Wilhelm**, and YHE. At the Corner were **Valerie Locklair**, **Elliot Humiston**, and **Rachel LaPorte**. The following tested to the following ranks: Gup One **Benjamin Herzfeld**; Gup Four **Kristi Lineberry**, **Camille Lineberry**, and **Michael Lineberry**; Gup Five **Sam Blamer**; Gup Seven **Andrew Klein**, **Piper Harried**, **Tim Harried**, **Aanya Kasera** and **Max Harried**; Gup Eight **Brandon Lange**; and Gup Nine **Nathan Nguyen** and **Sava Belousov**.

September 26 was the First Annual Kirksville Taekwon-Do Tournament. Sr. Master **Ricky J. Todd** was Tournament Director, Sr. Master **Dustin Stephson** Chief Referee.

On September 12, a Black Belt test was conducted at Sereff Taekwon-Do. First through Seventh Dan candidates from Michigan, Louisiana, Mississippi, Texas, Ohio, and Colorado tested.

The **16th Annual Wyoming Invitational** was held at Casper, Wyoming, on September 19.

On September 19 and 20 Wisconsin and Michigan practitioners were treated to a USTF Class C Instructor Course hosted by Mrs. **Jacqueline Karpinsky**, Wisconsin USTF State Director. The course was taught by GM **Mike Winegar**, USTF Director of Technique, and focused on technique, patterns and kicking exercises. Students were in attendance from **Fox Valley Taekwon-Do**, the **Academy of Martial Arts of Sheboygan Falls**, the **Academy of Martial Arts of Grafton**, and **Marquette Taekwon-Do**. Taking the course but already certified as USTF C, B, or A instructors were Mrs. **Caren Johnson**, Ms. **Heidi Spiessl**, Ms. **B. Hilija Spiessl**, Mrs. **Mary Lubner**, Mr. **Mike Van Pietersom**, Mrs. Karpinsky and YHE.

The following took the written exam and all successfully passed and were promoted to Class C USTF Instructors: Mr. **Steve Betcher**, Mr. **Dan Kelly**, Ms. **Michelle Kelly**, Mr. **Mark Johnson**, Mr. **Marc Mikkelson**, Mrs. **Sara Wisuri**, Miss **Anija Spiessl**, Mrs. **Michaela Ryan**, Mr. **Kevin Friede**, Mr. **Max Wilhelm**, **Valerie Locklair**, **Rachel LaPorte**, **Benjamin Herzfeld**, Mr. **Patrick Jankowski**, Miss **Alyssa Jankowski**, Mr. **Aaron Prohuska**, and Mr. **Matthew Thur**. There will be a picture in the next issue.



Sereff TaeKwon-Do hosted the USTF Referee Seminar in Broomfield, Colorado, August 15, 2015. Sr. Master **Kirk Steadman** taught. Colorado and Wyoming students certified and many took the refresher to update after the USTF National and International, Boston event. Sr. Grand Master Sereff welcomed all the participants and let them know how important they are!

O u r U S T F

Tournament Rules and Regulations have not changed, however, we hope everyone will review the manual. With recent competition, we see the need to make some changes in the program, such as making sure our Class A referees are up to date and have been active in working tournaments. If you are a USTF Class A certified Referee, you must know all jobs including scorekeeper, timekeeper, judge, center and be ready after some experience to step into the Tournament Director position.

On page 19 of the **USTF Rules and Regulations Manual**, make sure the Medical Staff materials is reviewed and followed at all tournaments. Remember, it is not an option for National Events, at which Paramedic certified personnel must be used. If physicians are used, they must be dedicated to the event, that is to be sitting at a medic table and be ready for any call that may come. In the USTF, we will follow Doctors' or EMT guidelines. At no time will our center referees give medical advice. 911 will be called after the first evaluation indicating this is to be done by the medical staff. At no time do we move our downed competitor; only the Doctor or Medical Staff may do so.



We learn from all tournaments. For all ring personnel, please refrain from discussing the situation when a competitor is injured. Write your observations down on the back of the scoresheet. Do not approach a parent or family member and discuss the competition or give your opinion on what should have happened in the ring. Just as Doctors and EMTs have a responsibility to adhere to the privacy rights of the people they treat, referees will respect the privacy of the competitors.

There will be a coaches liability form along with a registration in the USTF that will have to be signed prior to coaching events. Some of the language will state that you believe your experience and capabilities to be qualified to participate in the event as a coach. We will have these available after the USTF legal counsel's review.

Bracketing is very confusing to new referees. We hope everyone will try their hand at bracketing at the next tournament in their area. The USTF Referee seminar only touches on this aspect of tournaments but most importantly, if you do not know how, ask someone who does! Sparring must be bracketed according to weight, not belt rank. Sr. Master Kirk Steadman gave a very good overview and we are all working on updating and making sure the safety of our competitors in number one. Above right, Ms. Winkler and Ms. Tutt square off, referee Ms. Connell.

Grand Master Renee Sereff, D.F.S.

The 5th annual **Burning Phoenix Taekwon-Do Camp** was held July 24th – 26th in Springville, Utah. Campers enjoyed training sessions in the outdoors which included patterns, flying kicks, breaking, and blocking water-balls. There were also some wilderness survival sessions, where students were taught how to gather wood for a fire, and given some practical experience using a hatchet, maul, axe, and a bow saw.



The camp focused heavily on the moral culture training of Taekwon-Do, with two “Mountain Climbing” hikes and “Cold Showers & Baths” in a creek and a waterfall. (See this publication, last page.) “Public Service” was also observed through the trash cleanup of the area surrounding our campsite.

The highlight of Friday evening was the use of glow bracelets and glow sticks in long-exposure photography. Students performed part of a pattern or created shapes and patterns with their glow items. At one point, several students worked together to form the letters “BPTKD” (for “Burning Phoenix Taekwon-Do”).

This year also marked the first time that a camp T-shirt was issued. Students all received red shirts, while Mrs. Heather Gemmell & Mr. Eric Gemmell got gold shirts, and Camp Directors Ms. Melanie Bunch and Mr. Kevin Ray got blue shirts. Those who are familiar with Original Series Star Trek will understand this reference. Special recognition was made of Mr. **Bryant Forman** and Ms. **Abigail Friese** for their great attitudes and helpfulness during camp, and they were awarded blue shirts as well.

Everyone who participated in camp had a great time, and plans are already being made for the next one!

--Submitted by Melanie Bunch



[Photos: above right, the “glowing group,” below, modeling the t-shirts from left to right are Ms. **Kristie Firmont**, **Mr. Bryant Forman**, **Ms. Ani Schjelderup**, **Mr. Kevin Ray**, **Mr. Eric Gemmell**, **Mr. Luis Chavez**, **Ms. Melanie Bunch**, **Ms. Abigail Friese**, **Ms. Athena Gemmell**.]



Grand Prize: "Taekwon-Do Dog," by **Natalie Johnson**, Gup 7, age 10, Sheboygan Falls Academy of Martial Arts. Committee commentary: "That dog has personality."

First Runner-Up: "What More Do You Need?" by **Marshall Phipps**, Gup 4, age 8, Bodystrong Taekwon-Do. Committee commentary: "Colorful as they get!"





Second Runner-Up: "Eva," by **Athena Gemmell**, age 12, First Dan, Burning Phoenix Taekwon-Do. Committee Commentary: "Evocative, wistful."

Third Runner-Up, "Airborne," by **Rosalia Johnson**, Gup 3, age 13. Committee Commentary: "Solid Effort, Interesting Haircut."



On September 5th, beating the Alaska Winter by about a week, Mrs. **Arlene Slocum** was tested and promoted to 2nd Dan in a test at **Fairbanks Taekwon-Do**. Presiding was Master **Guy Williams**. Master Williams commented: “(Mrs. Slocum) has been living the martial arts for 15 years, previously in a what I will call a abstract ITF style, but now she has stepped upon the path for a 2nd time, the path of true Taekwon-Do. General Choi Hong Hi put down the 9 guidelines of the Philosophy of Taekwon-Do, and number 9 being the most important to show us that path.”

General Choi Hong Hi put down the 9 guidelines of the Philosophy of Taekwon-Do, and number 9 being the most important to show us that path.” Pictured, from left to right: Mr. **James Brown**, Mrs. **Arlene Slocum**, Master **Guy Williams**, Mrs. **Marion Puchek**, Mrs. **Susan Hicks**, Miss **Dana Woolery**.



Sir,

Could you please repeat, enlarged, the teenie-weenie photo you put in the last issue that I have requested?

A Reader

Reader,

Here it is.

YHE





On the left, Dr. **Kristi Lineberry** testing for her Blue Belt on August 12 with the Tenets in the background. Photo credit: Mary Lubner. Speaking of whom, photo below, Fifth Dan **Mary Lubner**, ever the ambassador for our Art and an aggressive world traveler, greets **Ahn, Ho-Young**, Ambassador of the Republic of Korea to the United States, and Mrs. Ahn, in Washington, D.C.



On Thursday, September 3rd, 2015, **Axe Taekwon-Do** at Offutt Air Force Base in Bellevue, Nebraska hosted a quarterly testing. The testing board was composed of Sr. Master **Ricky Todd**, 8th Dan, USTF Region 3 Director, Mr. **Kevin Bushor**, 6th Dan, USTF Nebraska State Director and Ms. **April Bowling**, 5th Dan. Mr. **Zachary Ostrander**, 1st Dan served as the testing director.

Promoted to 4th Degree Black Belt was Mr. **James Bushor**. Promoted to 2nd Degree Black Belt was Mr. **Donald Duralia**. Promoted to 1st Degree Black Belt were Mr. **Ryne Cohenour**, Mr. **William Duralia** and Mrs. **Sheila Duralia**.

The following gups were promoted: Red Belt: **Lizzie Chamberlin**. Blue Belt: **Helen Fleming, Kathleen Fleming** and **Kevin Fleming**. Green Belt Blue Stripe: **Luke Blasey** and **John Fleming**. Green Belt: **Ava Florez**. Yellow Belt: **Jack Blasey, Tami Grgas, James Grgas** and **Melody Param**. Promoted to White Belt Yellow Stripe: **Paul Grgas**.

Picture this page, Mr. Donald Duralia on the fine points of concrete work. Others, next page.

Sr. Master Ricky J. Todd, D.F.S.



Mr. James Bushor has “paid” put to the invoice for his Fourth Dan test at Axe Taekwon-Do on September 3rd. Below, the candidates, helpers, and Board assembled.





Waterfall Group,
The Burning
Phoenix Camp.
From left: Ms.
Ani Schjelderup,
Ms. Athena
Gemmell, Mr.
Eric Gemmell,
Mr. Kevin Ray,
Mr. Bryant
Forman, Ms.
Melanie Bunch,
Ms. Kristie
Schjelderup, Ms.
Abigail Friese
(Photo taken by
Mr. Luis Chavez)