

# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts  
The National Newsletter of the United States Taekwon-Do Federation

The TKD Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail [fmvhl@mac.com](mailto:fmvhl@mac.com). Archived at USTF Region V site [www.ustf-region5.org](http://www.ustf-region5.org) Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation. Contributing Staff: Distinguished Stringers Roselyn Romberg, Ricky Todd, Renee' Sereff; and Stringers Corinne Sroykum, Guy Williams, Robert Martin, Mario Manera, Lisa Eastin, and David Mason.

## UPCOMING EVENTS

On May 2 **The Association of Academies of Martial Arts Spring Classic Tournament** will take place in Grafton, Wisconsin. The Tournament Director is Mr. **James Pals**.

Also on May 2 there will be a Black Belt test in Missouri under the able leadership of Sr. Master **Dustin Stephenson**.

On May 7 there will be a gup test at the Academy of Martial Arts, Grafton, Wisconsin.



[Editor's Confession: OK, OK, I couldn't resist the photo of the cupcakes. See page 5 for the Cupcake Fighters.]

On Sunday, March 22<sup>nd</sup> Concord TKD hosted a Sparring Seminar for girls 14 and under. Ms. **Adelle Goetemann**, III Dan, and Ms. **Lisa Radassi**, II Dan, led the event attended by more than a dozen enthusiastic female fighters. The session started with sets of hand and foot technique drills. Then everyone padded up, and the real work began. Two girls were paired for short rounds, with another playing the role of coach, in rotation. Everyone had chances to spar and then to coach the others, doubling the learning of each member of the group. The seminar surely built as much confidence as it reinforced techniques. When it was over, there were a few new bruises, a lot of smiles, and fabulous cupcakes!

--Roselyn Romberg, D.F.P.

Senior Master **Ricky Todd** from **Axe Taekwon-Do** in Bellevue, NE, traveled to **Kirksville Taekwon-Do** on March 28, 2015, to conduct a referee seminar. The event was well-attended by both clubs with twenty-eight students attending for either upgrades of their referee status or refresher courses. Master Todd covered USTF rules for all classes of referees and ended the course by providing ring time for inexperienced students. Many students rotated through the ring and found out exactly what it is like to be on the scoring end of a sparring match. The evening concluded with a group dinner attended by practitioners from both clubs. Left, below: Students attending the referee course gather behind Senior Master Ricky Todd, Senior Master **Dustin Stephenson**, Senior Master **Bill Stephenson**, and Master **Lenard Graham** to commemorate the day.

Right: Senior Master Todd gives **Stephen Chen** (1st gup) a lesson in how to properly designate a warning in a sparring match.

*Lisa Eastin, Flash Springer*



**The Eighth Annual Axe Taekwon-Do Invitational Tournament** will be held at the Offutt Youth Center in Bellevue, Nebraska, on May 16. Should be a lot of excellent competition! Sr. Master **Ricky Todd** is Promoter, Sr. Master **Dustin Stephenson** the Tournament Director, and Mr. **Patrick Finan**, Fourth Dan, is Chief Referee. Information may be obtained at [ustfneb@cox.net](mailto:ustfneb@cox.net).

**The 2015 USTF-Utah Annual Utah Cup Tournament** will be held on May 16 at Salt Lake City.

On May 17 the New England Region will hold a Black Belt Test.

**Maestas Taekwon-Do** will hold its Spring Black Belt test on May 31.

On May 31<sup>st</sup>, **Concord TKD** will host the **Northeast Challenge Invitational** tournament in Concord MA. This lively New England regional event brings schools from around the region for competition. Events will include individual patterns, sparring, and team breaking (and the always-popular "Choose Your Own Black Belt" sparring fun event for Gups ages 10 and under).

For information or registration forms, contact Mr. John Murphy, VI Dan, at 978-369-1909 or <mailto:J.Murphy@concorditftkd.com>.

There will be a Black Belt and Colored Belt Testing on June 4 at Offutt AFB. Sr. Master **Ricky Todd** is the Promoter.

The **2015 Spring Black Belt Testing** for all Utah schools will be held in Salt Lake City on June 6.

Senior Master **Earl Weiss** will conduct a USTF Basic HoSin Sool seminar at the **Academy of Martial Arts**, Grafton, Wisconsin, on June 6, and a Black Belt Patterns review on June 7. Promoters are Regional Director Dr. **Steve Osborn** and Sr. Master F.M. Van Hecke.

The Concord School of Taekwon-Do will host the **USTF National and International Invitational 2015**. at Brandeis University on July

25 & 26, 2015 in Boston. Questions or requests for more information can be sent to can be sent to: John Murphy at the Concord School of Taekwon-Do, 77 Powder Mill Rd., Acton MA, 01720 or to [j.murphy@concorditftkd.com](mailto:j.murphy@concorditftkd.com)

On August 7 through 9 **USTF-Utah** will hold its **Summer Weekend Taekwon-Do Camp** in East Canyon State Park, Morgan, Utah.

Expect a USTF Referee training course on August 15 at Sereff Taekwon-Do. Sr. Master **Kirk Steadman** to instruct.

On August 27 Sr. Master **Ricky Todd** will host a Black Belt and Gup Promotion Testing at Bellevue, Nebraska.

On September 12 there will be a Black Belt Test at **Sereff Taekwon-Do**.

**Giorgio's Academy** in Sudbury MA held its annual **Winter Warriors Tournament** on Sunday, March 22<sup>nd</sup>. Several dozen competitors, ages 6 to 14, competed in patterns, sparring, and breaking. The popular jumping competition, a special feature, gives everyone a chance to show off their flying kicks, as students compete to see who can get over the measuring tape at its highest height. This fun tournament is staffed and run almost entirely by teens, our wonderful up-and-coming leadership group. Congratulations, competitors, on a great show of competitive spirit! And thank you, Giorgio's enthusiastic teen Black Belts, for running a great event! Photo: 1<sup>st</sup> **Larissa Ho**, 2<sup>nd</sup> **Julia Yalter**, 3<sup>rd</sup> **Olivia Troiano**.

*Roselyn Ramberg, D.F.P.*



On January 23, **De Baca Taekwon-Do** held a combined color belt/black belt testing in Denver, Colorado. Testing to 5th Dan Black Belt were Mr. **Mark Lynton**, Mr. **Scott Foster**, and Mr. **Mike Gemelli**. Testing to 3rd Dan Black Belt was Dr. **Howard Weinberger**. Testing to 2nd Dan Black Belt were Mrs. **Jennifer Weinberger**, **Erik Weinberger**, **Brian Weinberger**, **Alison Weinberger**, and Mr. **Brian Kelley**. Testing to 4th Gup Blue belt was **Jackson Capps**. Officiating at testing were Grand Master **Paul De Baca**, Sr. Master **Griffin**, and Master **Ott**. Testing was a success for all candidates. Congratulations on your achievements. Below at top, Second and Third Dans, below left, three Fifth Dans! Below on right, a Fourth Gup on his way. GM De Baca figures in each in many ways.



The **16th Annual Wyoming Invitational** will be at Casper, Wyoming, on September 19.

**Todd** will be Tournament Director, Sr. Master **Dustin Stephson** Chief Referee.

Also on September 12, a Black Belt test will be conducted at Sereff Taekwon-Do.

On October 18th, the **Senior Grandmaster Sereff Fall Championships** at Broomfield High School, Broomfield, Colorado, will be held. Lively, well-officiated, first class competition!

September 26 brings the Kirksville Taekwon-Do Tournament. Sr. Master **Ricky J.**

Group shot of happy Cupcake Fighters. From left to right, **Rachel Turkington, Alyssa Horton, Kaitlyn Donnelly, Amelia Pillar, Anna Pak, Paige Reidy, Maddie Bible**, with Ms. **Lisa Raddassi** and Ms. **Adelle Goetemann**, the Instructors, behind. [See page 1 for the cupcakes.]



On November 7 the **USTF-Utah State Championship Tournament** will be held at Salt Lake City, Utah.

On November 14 USTF-Utah will have its **Fall Black Belt Test** at Salt Lake City, Utah. A lot of activity in a small time-frame out there in Utah.

Already on the calendar: **Maestas Taekwon-Do's** Fall Black Belt Test for November 15.

November 19 will bring another Black Belt and Gup Testing at **Offutt Air Force Base**. Promoter, Sr. Master Ricky Todd. The guy just keeps doing good work, what can we say?

On November 22 there will be a Black Belt test at **Maestas Taekwon-Do**.

**AROUND THE COUNTRY**

The 2015 **Edge Taekwon-Do Colour Belt Classic Friendship Tournament** in Ottawa, Canada took place April 11, 2015.

A Class C USTF Instructor Course was taught by Grand Master **Mike Winegar** at Broomfield on April 18th and 19th.

On Sunday, April 12th Sr. Master **Louis Reyes** conducted the last **New England USTF**

**Referee Course** of the year before the National & International Invitational in July. The class served as a refresher course for a host of current Class A, B and C Referees from around the New England region. An enthusiastic group of prospective Class C Referees, eager to participate at the July tournament, also participated.

-- Submitted by Roselyn Romberg, DFS



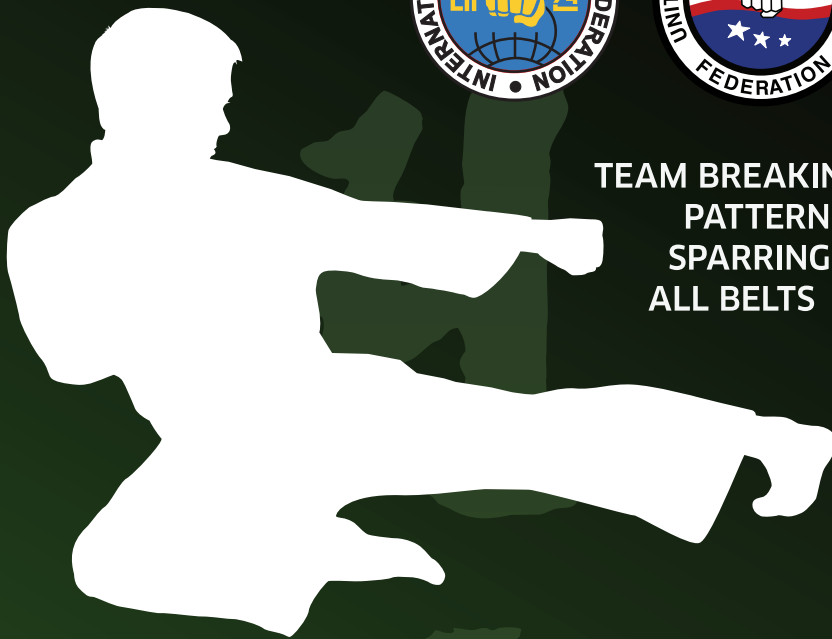
For a little fun: <http://www.wisn.com/news/tuesdays-child-tries-his-hand-at-martial-arts/32117418>

YHE helps out Big Bros./Big Sisters.

United States Taekwon-Do Federation

# NORTHEAST CHALLENGE

MAY 31<sup>TH</sup> 2015



TEAM BREAKING  
PATTERNS  
SPARRING  
ALL BELTS

Hosted By:

The Concord School of Taekwon-Do  
Concord, Massachusetts USA

For More Information,  
Please Call 1-978-369-1909  
[www.concorditftkd.com](http://www.concorditftkd.com)



On May 31<sup>st</sup>, Concord TKD will host the **Northeast Challenge Invitational** tournament in Concord MA. This lively New England regional event brings schools from around the region for competition and refereeing practice. Events will include individual patterns, sparring, and team breaking (and the always-popular "Choose Your Own Black Belt" sparring fun event for Gups ages 10 and under). For information or registration forms, contact Mr. John Murphy, VI Dan, at 978-369-1909 or <mailto:J.Murphy@concorditftkd.com>.

**Arvada, CO – Maestas Taekwon-Do** held our 15<sup>th</sup> annual tournament on Saturday, March 21, 2015. Schools from Colorado, Wyoming, and Nebraska took part. All schools with 5 or more students at the tournament competed for the overall school championship. Each person competed in their respective bracket in patterns, sparring and breaking. Each first, second and third place earned points towards their school's total score.

We started the morning with Black Belt competition. They put on an excellent exhibition of patterns, sparring and breaking. Due to the great support of Sr. Masters, Masters and other senior Black Belts we were able to move quickly through the divisions and get all five rings opened up for the adult and junior Color Belt divisions.

In the end home field advantage paid off with Maestas TKD taking first place. Sr. Master Martin's crew from Martin's Casper TKD made a strong show in second place. Third place was captured by Master Montano's Thornton club. The picture shows the winning schools with their competitors and instructors.

We extend a sincere thank you to all the officials who gave up their Saturday to officiate. Also, we thank Grand Master Sereff for spending the day with us along with a number of other seniors.

It is important to support the USTF events in your area. Tournaments and other events are a large undertaking and are a financial risk for the host. This year we have our International tournament in Boston. They need our help with competitors and officials. Please plan on attending and help make it a great event.

Yours in Taekwon-Do,  
*Master Robert Martin, Flash Stringer*





**Concord TKD** held an Interschool tournament on Saturday, April 11<sup>th</sup> for students. This “practice” tournament allows junior Gups 12 and under to learn tournament protocol and experience patterns and sparring in a mock-tournament environment. Newly minted Class C Referees practice judging and cornering. More experienced and new Class B Referees practice centering, taking competitors through tournament protocol, and learning bracketing. Everyone has a great time, and gains valuable competition experience in a friendly and fun setting. Photo: Waiting to spar.

*Roselyn Romberg, D.F.S.*



**Victory TaeKwon-Do** of Albany NY conducted a Gup Test in April. This small but growing school, headed by **Tom Gibbons**, III Dan, regularly participates in events around New England. Victory dependably brings competitors and referees to tournaments and to seminars led by SM Louis Reyes, and promises to bring a spunky set of fighters and breakers to Nationals this summer. Congratulations to all on a great test, and we look forward to seeing you in Boston in July! Photo: Waitin’ on The Call are **Maria Longe, Jeremiah Horn, James Horn, Noah Horn** and **Neal Longe**. [Editorial Note: Why all this sense of anticipation in the Northeast?]

*Roselyn Romberg, D.F.S.*





On Saturday, April 18<sup>th</sup> **Concord TKD** held a Gup test for an enthusiastic dozen students. Testing for Gup 8 Yellow Belt were **Oscar Cavallo** and **Faye Larochelle**. **Erik Haller** tested for Gup 7 Green Stripe, and **Manas Kontham** for Gup 6 Green Belt. **Abigail Che** proved ready to advance to Gup 5 Blue Stripe. And successful testers for Gup 4 Blue Belt included **Dexter Greer**, **Mwebaze “Baze” Kalisa**, and siblings **Alissa Horton** and **Alex Horton**. **Lee-Ann Donnelly**, whose children Michael and Kaitlin train at CTKD, achieved Gup 3 Red Stripe, along with **Lauren Kim**. And **Satish Bhat**, another CTKD parent and father of II Dan **Satish Bhat**, reached Gup 2 Red Belt this month. Congratulations to all! In the pictures, the group does Do-San and Erik Haller does wood.

*Roselyn Romberg, D.F.S.*

Wyoming had its quarterly color belt testing 4-25-15. Hosted by Mr. **Roland Flynn** of Rock Springs. Twenty-eight participants from white to red belts, represented several schools from across Wyoming. All head instructors from each school were present. Sr. Master **Stan Martin** - Martin's Casper Tae Kwon Do, Master **Robin Johnson** - Sheridan Tae Kwon Do, Mr. **Jerry Sisco** - Casper Rec. Center, Mr. **Tony Geise** - Wyoming Tae Kwon Do, Mrs. **Kerri McDill** - Casper College Tae Kwon Do, Mr. **Jordan McDill** - Laramie Tae Kwon Do. Three high test scores: **Rick Binks** - best break, **Brandon Heath** - best pattern, **Brilee Riechenbach** - best hosinsul. A very good testing for Wyoming. Next testing will be in Sheridan, WY-July 11, 2015. --Submitted by Sr. Master John Stanley Martin

