

The T.K.D. Flash

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The National Newsletter of the United States Taekwon-Do Federation

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HISTORY IN BROOMFIELD

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COMING EVENTS

Fairbanks (Alaska) Taekwon-Do will have a Black Belt test on April 5 or thereabouts.

Master **Ricky Todd** will instruct a Breaking Seminar at Sereff Taekwon-Do on April 12.

Also on April 12 a USTF Referee course will be conducted at Battle Ground, Washington. Contact the Promoter, Master **David Mason**, mountainviewtkd@gmail.com.

Set aside May 3 for the **Axe Taekwon-Do Tournament**.

The **2014 USTF-UTAH Cup Tournament** will be held at Salt Lake City on May 17.



On Sunday, February 23rd **Concord TKD** hosted Senior Master **Louis Reyes** for a Color Belt Patterns seminar on Won-Hyo through Choong-Moo. SM Reyes spent the first hours refining stances, hand positions for blocks and strikes, and proper positioning for techniques such as Bending Ready and Circular blocks, focusing exclusively on Won-Hyo and then Yul-Gok. As the seminar worked its way up through Joong-Gun and Toi-Gye, and then to Hwa-Rang and Choong-Moo, the emphasis shifted subtly to flow, theory of power, and a deeper understanding of the attacks being defended against and sequences of counter-attacks. Students from around New England always appreciate SM Reyes's seminars for their thoroughness, and for the care he takes with explanations and precise corrections. Thank you, SM Reyes, for another superb in-depth event! Photo: about to be rotated to 45 degrees, SM Reyes and **Sarah St. Pierre**.

--Submitted by **Roselyn Romberg, D.F.S.**

There will be a Black Belt Test May 18 at **Concord Taekwon-Do**.

Maestas Taekwon-Do will have a Black Belt grading on May 18.

On May 24 Master **David Mason** will be promoter in a USTF Referee Course at **Mountain View Martial Arts & Fitness**. On that same date (a double-header!) a tournament will be conducted at the same location.

Always planning well in advance, Master Todd has scheduled a Black Belt/Color Belt combined testing June 7.

And USTF-UTAH will have its **Spring Black Belt Testing** on June 7.

On June 21 Sr. Master **Earl Weiss** will preside over a Black Belt test at DesPlaines, Illinois.

And block out those calendars for **Sereff World Camp**, YMCA of the Rockies Winter Park, June 22 through 27.

The **2014 USTF-UTAH Summer Weekend TKD Camp** will be held at East Canyon State Park in Morgan, Utah August 1-3. The 26th edition!

On August 8 Master **David Mason** will host a USTF Invitational Tournament in Battle Ground, Washington.

On August 23 another Black Belt and Gup promotion testing at **Bellevue, Nebraska**. Master Todd is the Promoter.

On September 13 **Sereff Taekwon-Do** will host a USTF Black Belt test.

October 19 is the tentative date for 2014's **Sereff Fall Championship**.

The **2014 USTF-UTAH State Championship Tournament** will be November 8 in Salt Lake City.

USTF-UTAH will have its Fall Black Belt Testing on November 15.

November 22—Last **Offutt AFB** test for 2014.

November 23, **Concord School of TKD** will have a Black

Belt test for Concord, **Sudbury TKD**, **New England TKD**, and **Victory TKD**.

United States Taekwon-Do Federation
NORTHEAST CHALLENGE
 MAY 3rd, 2014
 ALL BELTS
 PATTERNS
 SPARRING
 BREAKING
 Hosted By:
 The Concord School of Taekwon-Do
 Concord Recreation Center
 90 Stow Rd.
 Concord, MA USA
 For More Information, Please Call
 +1-978-369-1909
 www.concorditftkd.com

On the same day, November 23, there will be a Black Belt test at **Maestas Taekwon-Do** in Arvada, Colorado.

The Flash will award both a Pictorial Submission of the Year and a Best Article by a Non-Stringer for 2014 in December.

AROUND THE COUNTRY

On Saturday, February 22nd, **Concord TKD** held a Gup Test. Successful candidates included **Iffah Liyakath**, testing for Gup 8 Yellow Belt, and sisters **Neha** and **Riya Shah** promoting to Gup 7 Green Stripe. **Rachel Turkington** tested for Gup 6 Green Belt. **Ryan Manzira** promoted

On Saturday, March 8, 2014, Region 3 hosted a USTF Referee course at **Axe Taekwon-Do**, which is located Offutt Air Force Base in Bellevue, Nebraska. The Course covered all aspects of refereeing including practical situations which allowed those testing for Class A and B to obtain experience as corner judges and center referees. All students testing for Class C, B or A took the written test at the end of the course. It is my intent that we train the next generation of USTF Referees and that we provide them with the knowledge to allow the USTF to grow in the number of experienced referees. No amount of practical scenarios during a course can substitute for actual tournament experience but we do try to provide some scenarios that cause the most stress for the inexperienced referee.

Eighteen students attended the course. Attempting to complete their USTF Class A Referee certification – Mr. **James Bushor**, 3rd Dan and Ms. **Jackie Brumbaugh**, 2nd Dan. Certifying to USTF Class B Referee – Ms. **Sarah Navratil**, 2nd Dan; Mr. **Keith Buckley**, 1st Dan; Mrs. **Sharon Buckley**, 1st Dan and Mr. **Daniel James**, 1st Dan. Certifying to USTF Class C Referee – **Staci Chamberlin**, 1st Gup; **Angelique Jocson**, 1st Gup; **Samantha Jocson**, 1st Gup; **Gabrielle Jocson**, 1st Gup; **Robert Cardoza**, 1st Gup; **Steve Jablonski**, 1st Gup (Foothills TKD); **Benjamin Jablonski**, 2nd Gup (Foothills TKD); **Sean Ede**, 2nd Gup; **Sheila Duralia**, 3rd Gup and **Jayden Turnipseed**, 4th Gup. Recertifying during the course: Mrs. **Deborah Ragone**, 3rd Dan for Class A; **Daniel Cook**, 1st Gup and **William Duralia**, 1st Gup for Class C.

I was assisted in presenting this course by Mr. **Kevin Bushor**, 6th Dan, USTF Nebraska State Director and Ms. **April Bowing**, 5th Dan. PHOTO: Below, the group.

--Master **Ricky J. Todd**, USTF Region III Director, D.F.S.



to Gup 4 Blue Belt, and **Chloe Fox** achieved Gup 2 Red Belt status. Among those promoting to Gup 5 Blue Stripe were siblings **Alex** and **Alissa Horton**, twins **Jonathan** and **Michael Zhang**, best friends **Olivia Durante** and **Amelia Pillar**, **Sunny Wan**, and **Tomas Santos**, whose sister also trains at the school. **Dan Zou**, mother of Gup 1 Black Stripe **Alwin Pei Jin**, and **Lee Ann Donnelly**, mother of **Michael** and **Kaitlyn Donnelly**, whose also both train, and 3 year old **Samantha**, of “Pink Menace” sparring fame, also both tested for Gup 5 Blue Stripe. Congratulations to all!

-- Roselyn Romberg, D.F.S.

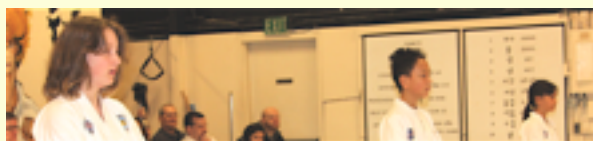
On March 22 the **14th Annual Maestras Team Challenge** was held in Arvada, Colorado.



The testing board for the morning Dan test at Broomfield. From left, Sr. Masters **Dan Griffin**, **Kirk Steadman** and **Stan Martin**, Grand Masters **Paul DeBaca**, **Mike Winegar** and **Renee’ Sereff**.



Mr. **Oracio Ben Lopez** displays his Fourth Dan certificate with pride. It was awarded by Sr. Grand Master C.E. Sereff on March 15.



From left, the 1st Dan candidates, left, top panel, **Eduardo Riemenschneider**, **Dawson Ramirez**, **Jaclynne Twietmeyer**, **John Hughes**; middle panel **Cassandra Miller**, **Ryan Phu**, **Kira Donahue**. Right panel, Third Dan candidate **Tim Kerrigan**. Low panel left Fifth Dan candidates **Thora Pabst**, **Mei-Li Lin**, Dan **Fitch** and **Eric Gemmell**.





Here's more than 134 years of adult martial arts experience lookin' atcha! Senior Grand Master **Charles E. Sereff**, President Emeritus of the United States Taekwon-Do Federation, honors Eighth Dan Senior Master **Dan Griffin** (on right) and Eighth Dan Senior Master F.M. Van Hecke (left) at their promotions March 15.

Black Belt Test in Broomfield

Broomfield, Colorado was the site of a Black Belt test in the morning of March 15. The distinguished panel included Grand Masters **Mike Winegar**, **Renee Sereff**, and **Paul DeBaca** and Sr. Masters **Stan Martin**, **Kirk Steadman** and **Dan Griffin**. At the Corner was Fourth Dan **Jason Rose**.

A large crowd of family, friends, and Taekwon-Do practitioners witnessed students of several schools and several states testing for First Dan, Third Dan, and Fourth Dan.

Testing for First Dan were Mr. **Eduardo Riemenschneider**, Mr. **Dawson Ramirez**, Miss **Jaclyne Twietmeyer**, Mr. **John Hughes**, Miss **Cassandra Miller**, Mr. **Ryan Phu**, and Miss **Kira Donahue**.

Testing for Third Dan was Mr. **Tim Kerrigan**.

Testing for Fifth Dan were Ms. **Thora Pabst**, Ms. **Mei-Li Lin**, Mr. **Dan Fitch** and Mr. **Eric Gemmell**.

Grand Master Paul DeBaca's remarks after the test were singularly apt. Praising the candidates for their efforts and training, he pointed out that the discipline essential to Taekwon-Do would be its own reward throughout life and they could take joy and pride in having tested themselves.

A cake was served immediately after, and candidates joined the Masters' Pig Roast early that evening as part of their celebration.

Congratulations are owed all participants; well done!

--F.M. Van Hecke, YHE



Concrete tiles or wood cannot survive, especially when faced with the determination like that shown on the right. That tongue....



The March 15 Dan test group and Board. Congratulations!

Historic Masters' Test

By F.M. Van Hecke

The largest combined Masters' Test in the history of the United States Taekwon-Do Federation took place the afternoon of March 15. The test was also marked by the presence of every Grand Master within the USTF. Presiding were Senior Grand Master **Charles E. Sereff** and Grand Masters **Mike Winegar, Renee Sereff, and Paul DeBaca.**

Continuing to serve with focus and inspiration at the Corner was Fourth Dan **Jason Rose.**

As we know, USTF applies the term "Master" only to those who have received the Seventh Degree of Black Belt. Thus the population of Masters is a tiny fraction of the vast number of Black Belts, now well over 11,000, who have tested in USTF-sanctioned events.

Given the attrition of the years, termination of studies at earlier degrees, deaths and drop-outs, active Masters, spread throughout the United States, are fewer than half a hundred.

Given the importance and rarity of such high ranks it is the norm for Senior Grand Master Sereff to travel throughout the country in administering such tests. But in 2014 to promote our unity, to enhance our internal friendships and connections, minimize staff travel and honor the recipients, Masters' tests were held at Sereff Taekwon-Do in Broomfield.

The field was enormous for a Masters' test, with candidates from the far reaches of the United States.

Testing for Seventh Dan Masters were the following: Mr. **Robert Martin**, Mr. **Robert Pettijohn**, Mr. **Guy Williams** Mr. **Barney Montano**, Mr. **Paul Byrne**, Ms. **Denise**

(continued on page 8)



New USTF Masters: Top, from left, Robert Martin, Robert Pettijohn, Barney Montano, Paul Byrne; left, Guy Williams; bottom, from left, Denise Moormeier, Lance Edwards, Steven Stasiak, and Matt Crackel.





Photo credits top left and top right, Ms. Lisa Winkler, 4th Dan. See more att: <http://www.flipphotos/120648937@N08/sets/>



Moormeier, Mr. Lance Edwards, Dr. Steven Stasiak, and Mr. Matt Crackel. All did an outstanding job and have truly earned the title “Master.”

Promoted to Eighth Dan Senior Master Instructors were Masters **Dan Griffin** and F.M. Van Hecke.

In his remarks after the testing, Senior Grand Master C.E. Sereff made note of the fact that many associations do not require a physical test for

Seventh Degree. Despite the many decades of Taekwon-Do experience and active training required and the many gray hairs in evidence, this group was made up of the very kinds of people who sought out the challenge and bested it.

Sereff Taekwon-Do graciously hosted a celebratory pig roast that evening.

In a room suffused with a heady mix of power, speed, expertise, focus and love, a shining moment took its place in a proud history.



Above, seated, from left in this Lisa Winkler photo: Senior Grand Master Charles E. Sereff, Grand Master Mike Winegar, USTF Technical Director, Grand Master Renee’ Sereff, and Grand Master Paul DeBaca. Standing, from left: Eighth Dan Senior Master Dan Griffin, Master Matt Crackel, Master Steven Stasiak, Master Robert Martin, Master Barney Montano, Master Robert Pettijohn, Master Guy Williams, Master Paul Byrne, Master Lance Edwards, Master Denise Moormeier, and Eighth Dan Senior Master F.M. Van Hecke. We leave the glorious day with the final query: Why train so hard the many decades to be Masters or Senior Masters, like the rough-looking bunch below? Answer on the next page.



The cake, of course.

And, in a final reflection on the day,, which is more beautiful, Miss Donahue's rose or she (you know how YHE would vote), and who is bigger, Miss **Jifu Groleau**, floor-sweeping Second Dan helper, or her broom?

