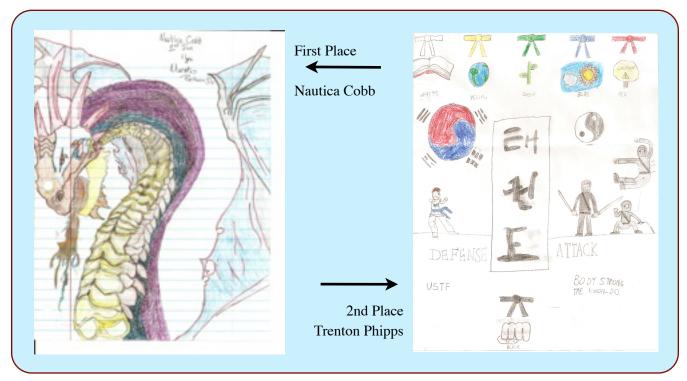
The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts The National Newsletter of the United States Taekwon-Do Federation

The Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail fmvh1@mac.com. Archived at USTF Region V site www.ustf-region5.org Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation.



THE WINNERS

Congratulations to the Winners of the Summer Taekwon-Do Kids' Art Contest. The First Place went to First Dan Nautica Cobb, age 11, with Maestas Taekwon-Do for her excellent dragon. Second Place went to Gup 1 Trenton Phipps, 11, of Bodystrong TKD for his superb effort and detail. Third Place went to Gup 8 Marshall Phipps, age 6, for his colorful dojang. Two Honorable Mentions: Rosalia Johnson and Logan Phipps. The Arts and Graphics Committee of the Editorial Board of the TKD Flash met for over eight hours and several pots of coffee and

locked in spirited debate over the contest for 27 ballots considering entries from across the U.S.A., but these five stood out as **Winners**.

COMING EVENTS

On September 7 there will be a Black Belt test at Sereff TKD, followed by a gup test on the 10th.

On September 14, the **Fourteenth Annual Wyoming Invitational Tournament** will be held in Casper, Wyoming.

There will be a Black Belt Test at **Inferno Taekwon-Do** in Ohio on September 14.
Promoter Mr. **Larry Kaiser**, Presider Mr. **Ronald Britt**.

Mr. Chuck Giotto, U.P. Michigan State Director, will host a referee seminar on September 28 in Marquette, Michigan. The instructor will be Dr. Steve Osborn. Contact cgiotto@chatermi.net

Region 5 Director Dr. **Steve Osborn** has announced that Senior Master **Earl Weiss** will be teaching a hosin sul level one course that will lead to USTF certification. The course will take place on Saturday, October 5 in Cadillac, Michigan in the Mackinaw Trail Middle School gymnasium. sosborntkd@hotmail.com

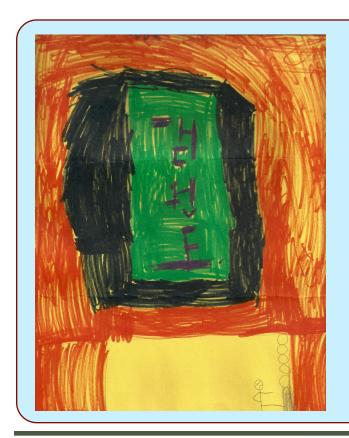
The Sereff Taekwon-Do Championships will be held at Broomfield, Colorado on October 20.

NOTE NEW DATE: On October 26 and 27, a Class B USTF Instructor Course will be held in Washington State at Mountain View Taekwon-Do hosted by Master David Mason. mountainviewtkd@gmail.com

Look for the 2013 **USTF-UTAH State Championship Tournament** November 2 in Salt Lake City. Excellent officiating, excellent opportunity to compete.

On November 9 Grand Master **Mike Winegar** will conduct a USTF Class A Instructor Course at Sereff Taekwon-Do, Broomfield, Colorado. YHE has at this point attended two Class A courses, two Class B courses, and three Class C courses with the same instructor, which ought to indicate YHE's perception of their value.

On November 16 **USTF-UTAH** will hold its **2013 Fall Black Belt Testing**. USTF-UTAH continues to lead the way.



Left, Third Place, Marshall Phipps. Below, Honorable Mention, Logan Phipps.



On November 23, look for the Region 1 Black Belt Test at **Mountain View Taekwon-Do**, Battle Ground, Washington, Promoter Master **David Mason**.

On November 26 one can expect a Black Belt and Gup Promotion Testing at Bellevue, Nebraska under the able guidance of Master **Ricky Todd**.

The **First Annual Berkshire Invitational** tournament will be hosted this coming winter by **Berkshire School of Taekwon-Do**, with promotional and logistical support from Concord TKD. The New England Traveling Referee team, made up of Class C, B, and A Referees from around the region, will provide judges, timekeepers, scorekeepers, and bracketers for the event. Watch for date and registration information, coming this fall!

There will be a USTF Referee Course at Sereff Taekwon-Do on January 25.

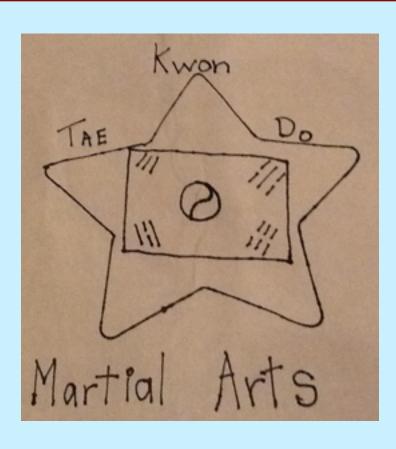
A tentative USTF Instructor "C" course will be February 8 and 9 in Broomfield.

Sereff TKD will have a Black Belt Test and Masters Test on March 15.

And block out those calendars for Sereff World Camp, YMCA of the Rockies Winter Park, June 22 through 27.

AROUND THE COUNTRY

On August 1 a gup level test was conducted at Grafton, Wisconsin's Academy of Martial Arts. Presiding were Third Dan **Zeki AbuLughod**, Second Dans **Kevin Friede**, **Nick Moralez**, **Mike Herzfeld**, and Master F.M. Van Hecke, assisted at the Corner by First Dan **Matthew Thur** and



Honorable Mention, Rosalia Johnson. Candidate Mrs. Kristi Slattery. Promoted to Gup 1 were Katelyn Dick, Max Wilhelm, Casey Garza, Garrett Friede, and Alyssa Jankowski. Promoted to Gup 3 was Patrick Jankowski, to Gup 6 Benjamin Herzfeld, and to Gup 9 Cael

Eernisse. In separate early test results **Rachel LaPorte** was promoted to Gup 5 and **Valerie Locklair** to Gup 4.

Pictures from the August 17 Ho Sin Sool course: Bottom, the group. Immediately below, it really isn't waltzing, it's Master Hannon helping Mr. & Mrs. Jablonski learn major hip throw.



Sir:

Master **Frank Hannon** taught the best self-defense class that had 6th gup – 8th Dan attending on August 17! Schools from Colorado and Wyoming made this event at Sereff Taekwon=Do exciting and a great learning experience!

Master Hannon taught this Basic Ho Sin Sool course from the book he authored, "Ho Sin Sul and Philosophy for Stand Up Fighters". His intent to give an overall realistic view of self defense fighting and to defend unarmed against various types of physical attacks.

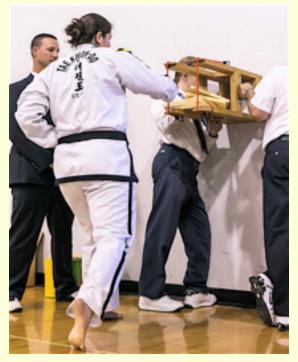
He taught falls and corrected many of us that have been teaching this incorrectly, throws, arm locks, choking and all the requirements in the "USTF GUP SYLLABUS". Sr. Master Stan Martin, Sr. Master Kirk Steadman, Master Robin Johnson and many of the 6th Dans were taking this course as a refresher and all learned a lot! He restricts the chokes to adults and not juniors but the juniors got a great workout and participated for all the rest of the course. We look forward to hosting this again because practice makes perfect!

Grand Master Renee Sereff



As This year<u>Flash</u> will award prizes for **Best Article by a Non-Stringer** and **Best Photograph** (open to all). The "closing date" for the competition will be the publication date of the December issue.











11:00 o'clock: 4. 1:00 o'clock: 3. 3:00 o'clock: 4. 7:00 o'clock: 2. 9:00 o'clock: 6. Photo credits: Terry Bauman.







11:00 o'clock: 7. 1:00 o'clock: ponytail power! 3:00 o'clock: What now, Coach? 5:00 o'clock: a leg up on the situation. 7:00 o'clock: hate smeared make-up. 9:00 o'clock: think it's a point. Credits: Terry Bauman.











11:00 o'clock: what's he up to? 1:00 o'clock: oof! 3:00 o'clock: take that! 5:00 o'clock: sock! 7:00 o'clock: bam!

Photos: Terry Bauman











