

# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts  
The National Newsletter of the United States Taekwon-Do Federation

The Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail [fmvh1@mac.com](mailto:fmvh1@mac.com). Archived at USTF Region V site [www.ustf-region5.org](http://www.ustf-region5.org) Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation.

## ★ USTF NATIONALS SPECIAL ISSUE ★



In contemplation of our nation's flag.

### FIFTEEN DAYS LEFT

**Summer Taekwon-Do Kids' Art Contest** entries are due August 15.

Anybody under 14 is eligible this year. [Older folks may submit and share, but they will only be winners because they are, in fact, winners (but not in the contest).]

Entries may be scanned and e-mailed as attachments to [fmvh1@mac.com](mailto:fmvh1@mac.com). Actual original artwork may also be submitted to

"Flash Art Contest" at P.O. Box 853, Grafton WI 53024. However, original artwork should be submitted with an understanding it may not be returned (unless a suitable container or envelope for return is included).

With your entry please submit your name, rank, age, and the name of your school.

**USTF NATIONALS 2013 RESULTS  
BLACK BELT--TEAM & MALE**



**BLACK BELT TEAM**

<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
<b>MISSOURI</b>	<b>NEBRASKA</b>	<b>COLORADO</b>

**GRAND CHAMPION MALE NATHAN EASTIN MISSOURI**

**BLACK BELT MALE SPARRING**

	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
<b>LIGHTWEIGHT</b>	J. Weiss IL	M. Navratil NE	C. Tanner WY
<b>MIDDLEWEIGHT</b>	J. Rose CO	S. Toppi NE	N. Eastin MO
<b>HEAVY WEIGHT</b>	T. Cormier WA	E. Amini-Rad MO	L. Barker MO

**BLACK BELT MALE PATTERN**

<b>I DAN</b>	C. Meyers CO	D. James NE	C. Smith WY
<b>II DAN</b>	M. Matheney MO	J. Piontek UT	L. Carter NE
<b>III DAN</b>	J. McDill WY	T. Gibbons NY	J. Bushor NE
<b>IV DAN</b>	N. Eastin MO	G. Bradbury UT	G. Shain CO

**BLACK BELT MALE POWER BREAKING**

<b>LIGHT WT.</b>	M. Navratil NE	G. Bradbury UT	C. Tanner WY	J. Hill CO
<b>MIDDLE WT.</b>	S. Toppi NE	C. Meyers CO	C. Smith WY	
<b>HEAVY WT.</b>	K. Koeing MO	J. McDill WY	D. James NE	M. Hamilton WY

**SR. MASTER GARY MEEK**

Grand Master Paul DeBaca advises that Sr. Master Gary Meek tragically died in a recent motorcycle accident. His wife Pam was injured but survives.

Sr. Master Meek was a patriot, an accomplished martial artist, a great husband and father. He had a great understanding of and compassion for his fellow man.

His loss is felt strongly in the offices of the Flash and in the heart of YHE, for he was the first Stringer ever named for this publication and his early articles and letters contributed to its success at a time when the Flash was in need of acceptance by USTF members.

He is survived by Pam, by his children, and by many brothers and sisters in Taekwon-Do who will miss him sorely.

## COMING EVENTS

The 2013 USTF-UTAH SUMMER WEEKEND TKD CAMP will be held August 2 through 4 at East Canyon State Park in Morgan, Utah.

Master **Frank Hannon** will in his inimitable fashion teach the USTF Basic Ho Sin Sool Seminar at Broomfield CO on August 17.

Master **Ricky Todd** has scheduled a Testing event at Offutt Air Force Base on August 20.

On September 7 there will be a Black Belt test at Sereff TKD, followed by a gup test on the 10th.

On September 14, the **Fourteenth Annual Wyoming Invitational Tournament** will be held in Casper, Wyoming.

There will be a Black Belt Test at **Inferno Taekwon-Do** in Ohio on September 14. Promoter Mr. **Larry Kaiser**, Presider Mr. **Ronald Britt**.

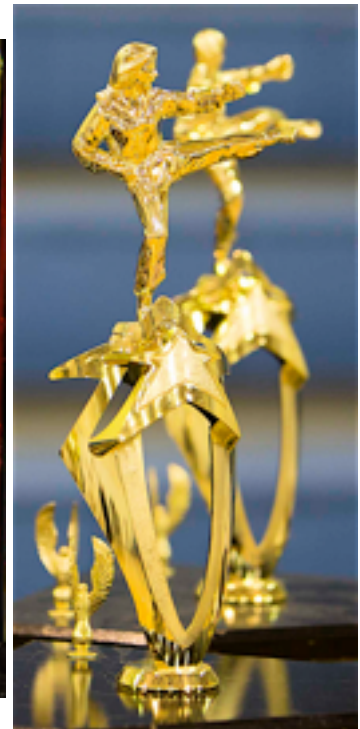
Region 5 Director Dr. **Steve Osborn** has announced that Senior Master **Earl Weiss** will be teaching a hosiin sul level one course that will lead to USTF certification. The course will take place on Saturday, October 5 in Cadillac, Michigan in the Mackinaw Trail Middle School gymnasium. [sosborntkd@hotmail.com](mailto:sosborntkd@hotmail.com)

The Sereff Taekwon-Do Championships will be held at Broomfield, Colorado on October 20.

NOTE NEW DATE: On October 26 and 27, a Class B USTF Instructor Course will be held in Washington State at Mountain View Taekwon-Do hosted by Master David Mason. [mountainviewtkd@gmail.com](mailto:mountainviewtkd@gmail.com)

Look for the 2013 **USTF-UTAH State Championship Tournament** November 2 in Salt Lake City. Excellent officiating, excellent opportunity to compete.

On November 9 Grand Master **Mike Winegar** will conduct a USTF Class A Instructor Course



at Sereff Taekwon-Do, Broomfield, Colorado. YHE has at this point attended two Class A courses, two Class B courses, and three Class C courses with the same instructor, which ought to indicate YHE's perception of their value.

On November 16 **USTF -UTAH** will hold its **2013 Fall Black Belt Testing**. USTF-UTAH continues to lead the way.

On November 23, look for the Region 1 Black Belt Test at **Mountain View Taekwon-Do**, Battle Ground, Washington, Promoter Master **David Mason**.

On November 26 one can expect a Black Belt and Gup Promotion Testing at Bellevue, Nebraska under the able guidance of Master **Ricky Todd**.

**USTF NATIONALS 2013 RESULTS**

**BLACK BELT--FEMALE**



**GRAND CHAMPION FEMALE**

**DEE DEE CONNELL WYOMING  
MEGAN MATHENEY MISSOURI**

**BLACK BELT FEMALE SPARRING**

	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
<b>LIGHTWEIGHT</b>	<b>M. Matheney MO</b>	<b>K.Lynch CO</b>	<b>KC Gandy WY</b>
<b>MIDDLEWEIGHT</b>	<b>D. Ragone NE</b>	<b>R. Louden CO</b>	<b>L. Haney WA</b>
<b>HEAVYWEIGHT</b>	<b>A. Bowing NE</b>	<b>D. Cormier WA</b>	

**BLACK BELT FEMALE PATTERN**

	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
<b>I &amp; II DAN</b>	<b>L. Manera GA</b>	<b>J. Ballew CO</b>	<b>KC Gandy WY</b>
<b>III DAN</b>	<b>M. Matheney MO</b>	<b>D. Goggin MO</b>	<b>D. Ragone NE</b>
<b>IV DAN</b>	<b>D. Connell WY</b>	<b>L. Winkler CO</b>	<b>R. Louden CO</b>

**BLACK BELT FEMALE POWER BREAKING**

<b>LIGHT WT.</b>	<b>M. Matheney MO</b>	<b>K. Moriaity CO</b>	<b>D. Connell WY</b>
<b>MIDDLE WT.</b>	<b>D. Ragone NE</b>	<b>R. Louden CO</b>	<b>L. Haney WA</b>
<b>HEAVY WT.</b>	<b>A. Bowing NE</b>	<b>D. Cormier WA</b>	

**USTF NATIONALS 2013 RESULTS  
BLACK BELT--JUNIOR**



<b>JR. BLACK BELT GRAND CHAMPION</b>	<b>BEN PEMBLE COLORADO</b>	
<b>JR. BLACK BELT MALE SPARRING</b>		
<b>B. Pemble CO</b>	<b>B. Hill CO</b>	<b>D. Ragone NE</b>
<b>JR. BLACK BELT MALE PATTERN</b>		
<b>B. Pemble CO</b>	<b>C. Meyers CO</b>	<b>I. Frereir WY</b>
<b>JR. BLACK BELT FEMALE SPARRING</b>		
<b>K. Piontek UT</b>	<b>R. Meyers CO</b>	<b>A. Ragone NE</b>
<b>JR. BLACK BELT FEMALE PATTERN</b>		
	<b>GOLD</b>	<b>SILVER</b>
	<b>K. Piontek UT</b>	<b>R. Meyers CO</b>
		<b>BRONZE</b>
		<b>A. Ragone NE</b>

The **First Annual Berkshire Invitational** tournament will be hosted this coming winter by **Berkshire School of Taekwon-Do**, with promotional and logistical support from Concord TKD. The New England Traveling Referee team, made up of Class C, B, and A Referees from around the region, will provide judges, timekeepers, scorekeepers, and bracketers for the event. Watch for date and registration information, coming this fall!

As This year Flash will award prizes for **Best Article by a Non-Stringer** and **Best Photograph** (open to all). The “closing date” for the competition will be the publication date of the December issue.

IN THE NEXT ISSUE: The action photos from USTF Nationals!



USTF NATIONALS 2013 RESULTS



COLOR BELT--Part One

JR.GRAND CHAMPION COLOR BELT MALE BIRCH ROBINSON WYOMING

GRAND CHAMPION COLOR BELT FEMALE TIGIST EASTON, MISSOURI

JUNIOR COLOR BELT PATTERN

GOLD SILVER BRONZE

WHITE/YELLOW J. Turnipseed NE S. Taylor WY E. Cormier WA, A. Hoggan CO  
 GREEN D. Duerst CO K. Skiles WY D. Duerst Co, C. Meyers CO  
 BLUE S. Chamberlin NE C. Paris WY C. Rogers CO, L Yardley MO  
 RED B. Robinson WYG. Eastin MO K. Stibley WY, H Rodriquez WA

JUNIOR COLOR BELT SPARRING MALE

WHT/YELLOW PEE WEE A. Hill CO I Barajas CO T. Davis CO, Y Strimple CO  
 WHT/YELLOW PEE WEE 2 E. Cormier WA A Corvel CO B. Garcia CO  
 YELLOW T. Taylor CO B Lee CO  
 LT. WT YELLOW B. Hazen MO D. Hettinger MO S. Kemp CO  
 WHT/YELLOW JR. T. Burkhardt CO J. Duran CO A. Hoggan CO, Z. Ridgeway MO  
 MD WT GREEN D. Duerst CO D. Hartley CO M. Leaf WY., D. Duerst CO  
 HVY WT. GREEN C. Meyers CO A. Garcia WA  
 GREEN/BLUE D. MORIARTY CO K. Taylor L. Yardley MO, N. Deems CO  
 LT.WT. BLUE A. Brown CO N. Higgins WA C. Rogers CO  
 MDWT BLUE E. Schock CO B Willoughby CO R. Cordoza NE  
 LT WT. RED C. Cormier WA R. Paris WY B. Cormier WA, D. Francis WY  
 HVY WT. RED B. Robinson WY H. Rodriguez WA D Cook NE, G. Rochelle WY

JUNIOR COLOR BELT SPARRING FEMALE

YELLOW/GRN P. O'Dell WY J. Turnipseed NE R. Chagnon CO  
 YELLOW/GRN K. Skiles WY N. Martin CO S. Tutt CO, S. Taylor WY  
 MD WT GRN/BLUE K. Cha MN K. Tutt CO K. Cormier WA, S. Chamberlain NE  
 RED/GRN M. Meyers CO M. Caldwell CO K. Donahue CO  
 RED M. Jeliazkova WY R. Cormier WA G. Eastin MO, B. Winkler CO





**USTF NATIONALS 2013 RESULTS**

**COLOR BELT--Part Two**



**ADULT COLOR BELT PATTERN**

	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
<b>WHITE/YELLOW</b>	C. Peldo WY	B. Hoggan CO	R. Flores Wy, M Peppersack WY
<b>GREEN</b>	D. Duerst CO	A. Zieschang CO	B. Duerst CO, M Peterson WY
<b>BLUE</b>	J. Husted WY	B. Duerst CO	M Marino CO, S. Garcia WA
<b>RED</b>	T. Eastin MO	T. Rogers CO	C. Martin WY, R. Brown CO

**ADULT COLOR BELT SPARRING MALE**

<b>MD WT YELLOW/GRN</b>	J. Ridgeway MO	N Risto MN	D. Duerst CO
<b>HVY WT YELLOW/GRN</b>	M. Fields CO	A. Zieschang CO	R. Mitchem CO
<b>MD WT YELLOW</b>	R. Flores WY	B. Hoggan CO	M. Peppersack WY, J. Strimple CO
<b>SR. RED</b>	S. Garcia WA	F. Hansen CO	
<b>LT WT RED</b>	E. Ramas CO	J. Husted WY	
<b>MD WT RED</b>	C. Martin WY	M. Caldwell CO	R. Brown CO
<b>HVY WT RED</b>	C. Peldo WY	J Hettinger MO	M. Peterson WY, T Yetter WY

**ADULT COLOR BELT SPARRING FEMALE**

<b>LT WT RED</b>	B. Duerst CO	T. Rodgers CO	T. Eastin MO
<b>MD WT GREEN</b>	L. Paris WY	B. Duerst CO	M. Brown CO



All photos on this and prior pages produced by the skilled eye and hand of **Terry Bauman.**

More coming in the next issue of the TKD Flash.





Sir:

Earlier this summer **USTF-Utah** had another great Black Belt testing. On June 1<sup>st</sup>, at **Community of Grace TKD** in Sandy Utah, six great candidates went on the floor:

**Mr. Ed Jackson** for III Dan – Student of **Mr. Rob Riley** (VI)

**Ms. Karina Navarrete** for I Dan – Student of **Master William Dubbeld** (VII)

**Ms. Michelle Hirschi** for I Dan – Student of **Mr. Rob Riley**

**Ms. Anne Lin** for I Dan – Student of **Master William Dubbeld**

**Mr. Christopher Jones** for I Dan – Student of **Mr. Rob Riley**

The testing was conducted by **Master William Dubbeld**, and all candidates were successful. It was great to see family and friends come out to support and cheer on these five new I Dans. All worked hard, and over came obstacles to reach this day.

We'd also like to recognize **Mr. Ed Jackson** for receiving one of the highest honors available - a belt from his instructor, **Mr. Rob Riley**. **Mr. Jackson** has been a beloved student (in and out of the dojang) for many years - a dedicated, loyal TKD practitioner and friend to his instructor. Congratulations **Mr. Jackson!** We will all miss you as you start your new life in Georgia!

USTF-Utah looks forward to another great testing in November!

**Corinne Sroykum**



Images:

On left, Group Picture of students and instructors. Pictured Left to Right. **Mr. Ed Jackson**, **Mr. Rob Riley**, **Ms. Michelle Hirschi**, **Mr. Christopher Jones**, **Ms. Karina Navarrete**, **Master William Dubbeld**, **Ms. Anne Lin**.

Top: **Mr. Rob Riley** presenting **Mr. Ed Jackson** with his III Dan belt  
Immediately above **Ms. Karina Navarrete** throwing her brother **Mr. Luis Navarrete** during Ho Sin Sul routine