

The T.K.D. Flash

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The National Newsletter of the United States Taekwon-Do Federation

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COMING EVENTS

June 1 is the date for USTF-Utah's 2013 Spring Black Belt Testing in Salt Lake City, Utah.

On June 9, in **Wisconsin**, a Black Belt Test. Presiders: Master **Braxton Miller** and Master Van Hecke.

Black Belt Testing, June 8, Mountain View Taekwon-Do, Battle Ground, Washington.

June 11 is a fine time for a color belt test at Sereff Taekwon-Do.

June 22 and 23 is **USTF Nationals 2013**. Preregistration deadline will be June 1. Weigh-ins on the 21st of June at Sereff Taekwon-Do. This is THE tournament of 2013. Gup level competition will also be available. For additional information, contact HQ.

The 2013 USTF-UTAH SUMMER WEEKEND TKD CAMP will be held August 2 through 4 at East Canyon State Park in Morgan, Utah.



Hey, don't bend that wrist! D. Zhou and L.A. Gabriella three-step. **Concord School of TKD** conducted a fun and energetic Gup test on Saturday, April 20th. Testing for Yellow Stripe Gup 9 were **Mwebaze "Bazé" Kalisa** and **Benjamin Mackey**. **Mark Elliott** and **Rachel Turkington** tested successfully for Yellow Belt Gup 8. Six students tested for Green Stripe Gup 7, including **Lee-Ann Donnelly**, **Alexander Horton**, **Alissa Horton**, **Sunny Wan**, **Joshua Koblan-Huberson**, and **Dan Zou**. **Benjamin Flomenbaum** tested for Blue Stripe Gup 5. **Sarah St. Pierre** completed the group, testing successfully for Red Belt Gup 2. Congratulations to all!

--YHR Roselyn Romberg



Concord TKD has re-instituted its popular “Splits Club”! Some years back, Gups challenged each other to expand their stretching routines. The result was a “Splits Club” made up of anyone, of any age or rank, able to perform a front-to-back or side-to-side split (or both!). This spring, several dozen Gups have been working on their stretches in earnest, with excellent results. The increased flexibility is paying off in wonderfully higher kicks in the sparring ring. Above, **Jacqueline Martone, Laurie Chen, Michelle Chen, Anna Pak**. Below, Front Row: **Daniel Angus-Kirshtein, Sunny Wan, Ryan Pillar**; Middle Row: **Gladys Manzira, Alissa Horton, Amelia Pillar, Alex Horton**; Back Row: **Ryan Manzira, Kaitlin Donnelly, Olivia Durante**. --Rosalie Romberg, Distinguished Flash Stringer



Master **Frank Hannon** will teach the USTF Basic Ho Sin Sool Seminar at Broomfield CO on August 17.

Master **Ricky Todd**, always thinking ahead, has scheduled a Testing event at Offutt Air Force Base on August 20.

On September 7 there will be a Black Belt test at Sereff TKD, followed by a gup test on the 10th.

September 7 and 8, Grand Master **Mike Winegar** will teach one of his very excellent USTF Class B Instructor Courses at **Mountain View Martial Arts & Fitness**. Master **David Mason** is the Promoter. Battle Ground, Washington.

On September 14, the **Fourteenth Annual Wyoming Invitational Tournament** will be held in Casper, Wyoming.

Look for the 2013 **USTF-UTAH State Championship Tournament** November 2 in Salt Lake City. Excellent officiating, excellent opportunity to compete.

On November 16 **USTF -UTAH** will hold its **2013 Fall Black Belt Testing**. USTF-UTAH continues to lead the way.

On Saturday, May 19th, **Axe Taekwon-Do** at Offutt Air Force Base in **Bellevue, Nebraska** hosted the **6th Annual Axe Taekwon-Do Invitational Tournament**. Students from Colorado, Missouri, Nebraska and Wyoming participated in this USTF sanctioned tournament. There were 73 students competing in patterns, sparring and breaking competition. The Tournament Director was Master **Dustin Stephenson** –USTF Region 6 Director, Tournament Promoter – Master **Ricky Todd** – USTF Region 3 Director, Chief Referee – Mr. **Kevin Bushor**, 6th dan – USTF Nebraska State Director and Tournament Coordinator – Ms. **April Bowing** – 4th dan – Axe Taekwon-Do.



Special Guests in attendance were Grand Master **Renee Sereff**, Grand Master **Paul De Baca**, Sr. Master **Stan Martin** – USTF President, Masters Griffin, and Graham, Mr Sisco – USTF Wyoming State Director, and Mr. Rolston – USTF Missouri State Director.

There were too many individual winners to list in the news, but pictures have been posted on the Axe Taekwon-Do Facebook page.

After the individual patterns, sparring and breaking we tabulated the points for an overall Grand Champion of the tournament. Black Belt division winner was Mrs. **Deborah Ragone**, III Dan from Axe Taekwon-Do. Color Belt division winner was Mr. **Andrew Phan**, from Kirksville, Taekwon-Do.

Individual schools represented were: Sereff Taekwon-Do, Martin’s Casper Taekwon-Do, Kirksville Taekwon-Do, Axe Taekwon-Do, Casper Recreation Center Taekwon-Do and Foothills

Taekwon-Do. We want to thank all instructors and students who helped make this our biggest event yet! The tournament also provided many of our USTF referees with valuable experience. A special thanks to our photographer for this event, Mr. **Larry Jones** from Kansas City, Missouri. Our goal is to increase our attendance each year, so look for us in 2014! (Pictured at left, GM Paul De Baca, Andrew Phan, and Deborah Ragone; below, guests, competitors and officials.)

Master Ricky Todd



On November 23, look for the Region 1 Black Belt Test at **Mountain View Taekwon-Do**, Battle Ground, Washington, Promoter Master **David Mason**.

And on November 26 one can expect a Black Belt and Gup Promotion Testing at Bellevue, Nebraska under the able guidance of Master **Ricky Todd**.

HAPPENINGS

[The Editor notes that references to events as having occurred is occasionally predicated on third party sources.]

On May 4 the **5th Annual Spring Classic Tournament** will be held in Grafton, Wisconsin. The Tournament Director was Sixth Dan **Rick Bauman**, the Chief Referee Mrs. **Jacqueline**

2013 NATIONAL TAEKWON-DO
UNITED STATES TAEKWON-DO
FEDERATION
CHAMPIONSHIP

USTF
NATIONAL
TAEKWON-DO
CHAMPIONSHIP
2013

June 22nd & 23rd
Broomfield, Colorado

For more information, contact USTF Headquarters
at (303) 466-4963 or email rsereff@rml.net
www.USTF-ITF.com

Good Luck
to
All Those
Competing!



A small but enthusiastic group of candidates tested for junior Gup ranks at Concord School of TKD on Saturday, May 18th. Sisters **Neha Shah** and **Riva Shah** tested for Yellow Stripe Gup 9. **Timothy Colley** earned Blue Stripe Gup 5, and **Harry Ganz** earned Blue Belt Gup 4. **Kevin O'Neil** successfully tested for Red Stripe Gup 3. Pictured: the Misses Shah.

Karpinsky, Wisconsin State Director. Assistant Tournament Director was Mr. **James Pals**. Helping was F.M. Van Hecke.

The results:

Sparring Competition

Men's Black Belt Heavyweight Sparring

First Place, Michael Herzfeld
Second Place, David Kleparksi
Third Place, Nick Moralez

Men's Black Belt Lightweight Sparring

First Place, Jacob Weiss
Second Place, Zeki AbuLughod
Third Place, Fidel Arias

Junior Men's Black Belts Free Sparring

First Place, Mark Banang
Second Place, Duncan Suddarth
Third Place, Matthew Drost

Junior Ladies' Free Sparring

First Place, Mandy Galway
Second Place, Jennifer Prozt

Junior Men's Gup One Sparring

First Place, Riley Roark
Second Place, Ben Benklein

Third Place, Miller Kimball

Ladies' Gup One Free Sparring

First Place, Emily Isakson
Second Place, Kylie Peters
Third Place, Alyssa Jankowski

Men's Junior Gup Two Free Sparring

First Place, Max Wilhelm
Second Place, Garrett Friede
Third Place, Trevor Witzer

Men's Gup Three Free Sparring

First Place, Raymond Bauer
Second Place, Brian Bauer

Men's Junior Gup Thjree Free Sparring

First Place, Cory Houde
Second Place, Joe Brucker
Third Place, Alex Brown

Junior Ladies' Gup Three Sparring

First Place, Molly Gundy
Second Place, Alexis Cosatino
Third Place, Francina Wright

Men's Junior Gup Four Sparring

First Place, Ethan
(Disqualification Remaining Competitor)

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Senior Master **Louis Reyes** conducted the **Northeast Regional Black Belt Test** at the Concord School of TKD on Sunday, May 19th. Ms. **Hillery Maxymillian** of Concord TKD tested for IV Dan. Ms. **Samantha Glasberg** and Mr. **David Taylor** of Concord TKD promoted to III Dan. Ms. **Kate Lawson**, Mr. **Shahar Dahan**, Mr. **Alex Gough**, Mr. **Alex Swotinsky**, and Mr. **Brandon Waddill** of Giorgio's Academy of TKD in Sudbury MA tested for II Dan, along with Mr. **William Wu** and Mr. **Kurtis Chien-Young** of Concord TKD. Candidates for I Dan included mother-and-daughter team Ms. **Abby Schwab** and Ms. **Emma Schwab**, Ms. **Susan Steele**, Mr. **Lior Dahan**, and Mr. **Alex Useloff**, of Giorgio's TKD. I Dan candidates from Concord TKD included Mr. **Sanjit Bhat**, Mr. **Kent Mashimo**, Mr. **Kunal Sharda**, Mr. **Jelle Vander Hilst**, and Mr. **Ashwin Srinivasan**. Mr. **Tom Gibbons**, head of Victory TKD of Albany NY, brought his very first I Dan candidate for testing, Mr. **William "Abe" Bailey**. Congratulations to all!

Pictured above in front: Senior Master Reyes, Mr. Robert Giorgio. First row: Mr. Alex Useloff, Mr. Kent Mashimo, Mr. Sanjit Bhat, Mr. Kunal Sharda, Mr. Ashwin Srinivasan, Ms. Hillery Maxymillian, Ms. Kate Lawson, Mr. Lior Dahan, Ms. Samantha Glasberg, Ms. Susan Steele, Mr. Marcus Goldman, and in the Second row: Mr. Kurtis Chien-Young, Mr. Alex Swotinsky, Mr. Shahar Dahan, Ms. Emma Schwab, Mr. John Murphy, Ms. Abby Schwab, Mr. Jelle VanderHilst, Mr. David Taylor, Mr. Brandon Waddill, Mr. Alex Gough.

Submitted by Roselyn Romberg, Ace Reporter

Ladies' Gups Four and Five Sparring

First Place, Jennifer T.
Second Place, Sherry K.
Third Place, Ashley R.

Men's Gup Five Sparring

First Place, Ken Miyamoto
Second Place, Jim Burkels

Junior Ladies Gup Five Free Sparring

First Place, Sydney Brown
Second Place, Grace Burke.

Junior Men's Gup Five Free Sparring

First Place, Pocari Wynn-Beavers
Second Place, Wilson Jones
Third Place, Preston Tauschek

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Some breaks at the NE Regional Black Belt Test: Left, Alex Gough, right, Samantha Glasberg, below, David Taylor.



Ladies' Gups Six and Five Free Sparring

First Place, Valerie Locklair
 Second Place, Rachel LaPorte
 Third Place, Emily Zanzola

Junior Men's Gup Seven Sparring

First Place, Kazi Wynn-Beavers'
 Second Place, Duncan Hogan
 Third Place, David Clark

Pee-wee Green Belt Free Sparring

First Place, Sajiv Shah
 Second Place, Zain Gately

Junior Men's Gup Six Sparring

First Place, Benjamin Herzfeld
 Second Place, Logan Werner
 Third Place, Logan Werner

Junior Women's Sparring

First Place, Dianna
 Second Place, Abigale
 Third Place, Edna

Men's Gup Six Sparring

First Place, Benjamin Weiss
 Second Place, Kyle Roberts

Men's Gup Seven Sparring

First Place Tom Hogan

Ladies' Bup Seven Sparring

First Place, Danielle Delalio
 Second Place, Angela Dampier

Junior Ladies' Gup Seven Sparring

First Place, Analeise Tomechek
 Second Place, Amanda Drozt

Gup Eight Men's Sparring

First Place, Zachary Warnke
 Second Place, Nathan Heller

Team Pattern CompetitionBlack Belt Team Patterns

First Place, Beauty and the Beast
 Second Place, Easy Bee Zee

Third Place, Rangers

Combined Team Patterns

First Place, Kobukson
 Second Place, Wise Owls
 Third Place, MCM

Gup Team Patterns

First Place, Red Striped Fury
 Second Place, Turtle Titans
 Third Place, Lucky Five

Black Belt PatternsSenior Advanced Black Belt Patterns

First Place, Aaron Hadesman
 Second Place, Dan Valin
 Third Place, Jay Mustapich

Third Dan Patterns

First Place, Jordan Jehly
 Second Place, Mark Johnson
 Third Place, Caren Johnson

Second Dan Patterns

First Place, Fidel Arias
 Second Place, Zeki AbuLughod
 Third Place, Jacob Weiss

First Dan Patterns

First Place, Mark Banagse
 Second Place, Michael Herzfeld
 Third Place, Msrk Brueggemann

Double Elimination Gup Level PatternsGup One Patterns

First Place, Emily Jackson
 Second Place, Riley Roark
 Third Place, Kristi Slattery

Gup Two Patterns Group 1

First Place, Garrett Friede
 Second Place, Jacob Mackerder
 Third Place, Michael Drozt

Gup Two Patterns Group 2

First Place, Max Wilhelm

Second Place, Brandon Kietikko
 Third Place, Trevor Witzel

Gup Three Patterns Group 1

First Place, Kathy Vo
 Second Place, Madison Kelly
 Third Place, Cory Houde

Gup Three Patterns Group 2

First Place, Alex Browning
 Second Place, Joey Willman
 Third Place, Miles Kimball

Gup Three Patterns Group 3

First Place, Patrick Jankowski
 Second Place, Steven Betchner
 Third Place, Brian Bauer

Gup Three Patterns Group 4

First Place, Molly Griady
 Second Place, Ben Norlander
 Third Place, Francina Wright

Gup Four Patterns

First Place, Nicholas Chavez
 Second Place, Ashley Ramos
 Third Place, Ethan Rohde

Gup Five Patterns Group 1

First Place, Grace Burkee
 Second Place, Sydney Brown
 Third Place, Wilson Jones

Gup Five Patterns Group 2

First Place, Ken Miyamoto
 Second Place, Jim Burkee
 Third Place, Valerie Locklair

Gup Six Patterns Group 1

First Place, Logan Werner
 Second Place, Rachel LaPorte
 Third Place, Emily Zanzola

Gup Six Patterns Group 2

First Place, Rosalia Johnson
 Second Place, Sajiv Shah
 Third Place, Paige Pircanac

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Gup Seven Patterns Group 1

First Place, Danielle Delello
Second Place, Jordan Tabak
Third Place, Angela Dampier

Gup Seven Patterns Group 2

First Place, Benjamin Herzfeld
Second Place, Benjamin Weiss
Third Place, Kyle Roberts

Gup Seven Patterns Group 3

First Place, Duncan Hogan
Second Place, Analiese Tauschek
Third Place, David Clarke

Gup Eight Patterns Group 4

First Place, David Rivera
Second Place, Martin Munuz
Third Place, Abigail Escoba



The **2nd Annual Northeast Challenge Tournament** was held on May 5th in Concord, Massachusetts. More than twice as many attendees as last year came from around New England and New York to compete. Events included Patterns, Sparring, and Team Breaking, a favorite with competitors and audiences alike. Giorgio's TKD Academy of Sudbury fielded an all-girls breaking team, a first for New England. The team from Boston's Gardener Academy of TKD had never participated in a breaking event at a tournament, and wowed the audience by taking the gold medal with their strong performance. Patterns competitions were first rate. Sparring events were equally strong, with excellent demonstrations of speed, power, and technique. Thanks to all who participated, and we look forward to an excellent 3rd Annual tournament next year! (Pictured, **Sarah St. Pierre** performs **Toi-Gye**.)

Gup Eight Patterns Group 5

First Place, Alexis Cabell

Second Place, Zachary Warnke

Third Place, Lucas Scharenbroch

White Belt Adult Patterns

First Place, Mark Beavers

Second Place, Anthony Tristan

Third Place, Zindzi Wynn-Bievers

Unfortunately, nobody thought to bring a camera to this excellent event which drew competitors and officials from four states. The Black Belt competition was particularly fierce and the Heavyweight Finals brought the crowd to its feet.

On May 4, there was a Black Belt Test, Kirksville, Missouri. Hopefully we will have pictures and details in the next Flash.

On May 18th, the 2013 USTF-UTAH ANNUAL UTAH CUP TOURNAMENT was held in Salt Lake City. Hopefully we will have pictures and more information in the next Flash.

REMINDER

This year the TKD Flash will award prizes for **Best Article by a Non-Stringer** and **Best Photograph** (open to all). The former will be a single award, with possibility of Honorable Mentions, the latter will allow for a First, Second, and Third Place recognition. Decisions of the Board will be final.

LETTERS

Master Van Hecke,

Hello from Utah, via Lompoc, California! I travel for work quite a bit, and this week I am at least close to Utah. (Delta Airlines loves me, but I'm not sure anyone else does!) In two weeks I will be at our corporate

HQ in Reviere du Loup, Canada; about 2 hours east of Quebec. (Basically 50 miles NORTH of the northern tip of Maine! Takes me 14 hours to get there!)

Thank you once again for another fine edition of the TKD Flash. IMHO, OHE, continually puts together an absolutely EXCELLENT newsletter!

Every month that I read it, I think that I need to tell you how wonderful it is..... So I am!!

Yours in TKD,

Chris Wadium

Mr. Waddium,

I feel entirely free to advise you that Delta Airlines is not alone. (In a proper sense.)

YHO F.M. Van Hecke

CHILDREN'S ARTS CONTEST

Once again, it's summertime, and summertime means the **Summer Taekwon-Do Kids' Art Contest**. In past years we've had great entries from all over the U.S.

Anybody under 14 is eligible this year. [Older folks may submit and share, but they will only be winners because they are, in fact, winners (but not in the contest).]

Entries may be scanned and e-mailed as attachments to fmvh1@mac.com. Actual original artwork may also be submitted to "Flash Art Contest" at P.O. Box 853, Grafton WI 53024. However, original artwork should be submitted with an understanding it may not be returned (unless a suitable container or envelope for return is included).

With your entry please submit your name, rank, age, and the name of your school. All entries must be submitted by August 15.

All decisions of the numerous MFA's on the Arts Subcommittee of the TKD Flash Editorial Board are final.