

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts
The National Newsletter of the United States Taekwon-Do Federation

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COMING EVENTS

On April 6 and 7 there will be a **USTF Instructor "C" course**. These are taught by Grand Master **Mike Winegar** and are rated "A-1" by YHE. You can't teach if you don't know in the first place, and you can't teach teachers until you really, really know. Registration by March 6. This will be held at Casper, Wyoming. Contact Martin's Casper TKD.

On April 4 the Academy of Martial Arts in **Grafton, Wisconsin**, will have a gup level test.

On April 5 (weather might make it the 12th), **Fairbanks TeaKwon-Do**, Fairbanks, Alaska, will host a Black Belt testing.

A USTF Referee Course will be held at **Concord School of Taekwon-Do**, Concord, Massachusetts, on April 7.

On April 13 fro 12:00 to 3:00 there will be a USTF Membership Workout in **Denver**, Colorado at Turnverein Hall, 1570 17th Street. Questions? Contact HQ, 1-303-466-4963.



Congratulations are in order to new Master **Paul White**, elevated to VIIth Dan on March 9 in Broomfield CO. Pictured here are Master **David Ott**, Sr. Master **Kirk Steadman**, Sr. Grand Master **Charles E. Sereff**, Master White, Grand Master **Renee Sereff**, and Grand Master **Paul DeBaca**. When one steps across the threshold to Master, it becomes more evident than ever that it's not just one test of many, it's the commitment of a lifetime.

On Saturday, February 23rd, **Axe Taekwon-Do** at Offutt Air Force Base in Bellevue, Nebraska hosted a quarterly testing. Thirty-four students tested for various ranks from 9th gup, White Belt Yellow Stripe through 4th Degree Black Belt. The testing board was composed of Master **Ricky Todd** VII Dan, USTF Region 3 Director, Mr. **Kevin Bushor**, 6th Dan, USTF Nebraska State Director and Ms. **April Bowling**, 4th Dan.

Promoted to 4th Degree Black Belt was Mr. **Patrick Finan**, USTF Armed Forces Director. Promoted to 3rd Degree Black Belt was Mrs. **Deborah Ragone**.

The following gups were also promoted: Red Belt Black Stripe: Mr. **Don Duralia**. Blue Belt Red Stripe: Mr. **William Duralia**, Ms. **Gabrielle Jocson**, Mrs. **Angelique Jocson**, Ms. **Samantha Jocson**, Ms. **Brianna Grant**, Mr. **Tom Grant** and Mr. **Daniel Cook**. Blue Belt: Mrs. **Wendy Seaman**, Mr. **Robert Cordoza**, Mr. **Pablo Chavez**, Mr. **Sean Ede** and Ms. **Charmaine, Jocson**. Green Belt Blue Stripe: Ms. **Rhorie Nichols** and Ms. **Staci Chamberlin**. Green Belt: Mr. **Zachary Seaman**, Mr. **Nate Butler**, Mrs. **Sheila Duralia**, Ms. **Sarah Duralia** and Mr. **Jayden Broadway**. Yellow Belt Green Stripe: Mr. **Randall Kim**. Yellow Belt: Mr. **Christopher Baker**, Mr. **Brian Kim**, Ms. **Jadyn Turnipseed**, Mr. **Colin Sauley**, Mr. **Cody Gaines**, Ms. **Remi Cimatoribus**, Ms. **Zarha Brown**, Mr. **Wyatt Broadway**, Mrs. **Jessica Hollinger** and Ms. **Emily Hollinger**. White Belt Yellow Stripe: Mr. **Ayden Shultz**.

The students were tested on all physical and mental aspects of Taekwon-Do in accordance with the USTF testing syllabus. The class enjoyed a promotion celebration potluck dinner later to recognize their hard work and accomplishments. Since 1988, USTF Taekwon-Do has been taught to both military and non military students at the Offutt Air Force Base Youth Center. For further information, please visit our website at <http://www.axetkd.com> or facebook at AXE Taekwon-Do.

--Submitted by Master Ricky J. Todd, Region 3 Director



The **Region One Championship Tournament**, Promoter Master **David Mason**, will be April 13 at LaCenter Middle School, LaCenter, Washington.

On April 20 a combined Black Belt and Color Best Testing will be held for 3 schools in **Rock Springs**, Wyoming.

On May 4 the **5th Annual Spring Classic Tournament** will be held in Grafton, Wisconsin. The Tournament Director will be Sixth Dan **Rick**

Bauman, the Chief Referee Mrs. **Jacqueline Karpinsky**, Wisconsin State Director.

The **Northeast Challenge Tournament** will be held on Sunday, May 5, 2013 in Concord Massachusetts (Boston). Come one, come all!

The **Sixth Annual Axe Taekwon-Do Invitational Tournament** will be held on May 18 at Offutt Youth Center, Bellevue, Nebraska. Contact: Master Rick Todd at ustfneb@cox.net or Mr. Kevin Bushor at



Sir:

We had a Black Belt test March 9th at Sereff Taekwon Do. Sr. Grand Master Sereff promoted Paul White to the rank of Master along with several upper Dans including, **Elizabeth Graham** and **Peter Rouse** (Peter is Master **Frank Hannon's** Student) to 5th Dan, **Lisa Winkler** to IV Dan, **Kathleen Lynch** and **Jackson Curtiss** to III Dan and **John Dilts** to II Dan. The test board consisted of Sr. Grand Master Sereff, Grand Master Renee' Sereff, Grand Master Paul DeBaca, Sr. Master Kirk Steadman, Master David Ott, and Mrs. Louise Fox. A reception was held immediately after the testing! Above, testees and Board.

--Grand Master Renee Sereff

kbushor@cox.net. Master **Dustin Stephenson** is Tournament Director, Mr. **Kevin Bushor**, Chief Referee, Master **Ricky Todd**, Promoter, Ms. **April Bowling**, Tournament Coordinator.

And also on May 18th, the 2013 USTF-UTAH ANNUAL UTAH CUP TOURNAMENT. Salt Lake City. Questions? Contact Mr. Chris Wadium, cwadium@yahoo.com

On May 19 The New England Regional Black Belt test will be presided over by Sr. Master Reyes.

A Black Belt/Gup Testing will be conducted at Bellevue, Nebraska May 28.

June 1 is the date for USTF-Utah's 2013 Spring Black Belt Testing in Salt Lake City, Utah.

On June 9, in **Wisconsin**, a Black Belt Test. Promoter, F.M. Van Hecke.

Black Belt Testing, June 8, Mountain View Taekwon-Do, Battle Ground, Washington.

June 11 is a fine time for a color belt test at Sereff Taekwon-Do.

Set aside June 22 and 23 for **USTF Nationals 2013**. Preregistration deadline will be June 1. Weigh-ins on the 21st of June at Sereff

Taekwon-Do. This is THE tournament of 2013. Gup level competition will also be available. For additional information, contact HQ.

Master **Ricky Todd**, always thinking ahead, has scheduled a Testing event at Offutt Air Force Base on August 20.

The 2013 USTF-UTAH SUMMER WEEKEND TKD CAMP will be held August 2 through 4 at East Canyon State Park in Morgan, Utah.

On September 7 there will be a Black Belt test at Sereff TKD, followed by a gup test on the 10th.

Master **Frank Hannon** will teach the USTF Ground Fighting Seminar at Broomfield CO on August 17.

September 7 and 8, Grand Master **Mike Winegar** will teach one of his very excellent **USTF Class B Instructor Courses** at **Mountain View Martial Arts & Fitness**. Master **David Mason** is the Promoter. Battle Ground, Washington.



Adelle Goetemann, II Dan, is a sophomore in high school who has been training with Concord TKD since she was six. Adelle is an experienced competitor. She has participated in both local and national tournaments for nearly a decade, and now regularly serves as a Judge and Corner Referee at regional events. Adelle enjoys working with younger students at the DoJang, and often assists Instructors in classes. Though outwardly gentle and easy going, Adelle's competitive nature shows itself in her "secret life" -- she rows crew for her high school racing team. She says she doesn't mind hoisting heavy shells over her head, getting soaked to the bone on the water, and bandaging up blisters, claiming "they are part of the fun!"

-- Submitted by *Roselyn Romberg, Distinguished Flash Stringer*





The poster features a central circular logo for the 2013 National Taekwon-Do Championship, surrounded by red and blue stars. Above the logo is a taekwon-do belt with a medal. The background is a close-up of a person's chest in a taekwon-do uniform. The text 'USTF NATIONAL TAEKWON-DO CHAMPIONSHIP 2013' is prominently displayed in the center. Below it, the dates 'June 22nd & 23rd' and location 'Broomfield, Colorado' are listed. At the bottom, contact information for USTF Headquarters is provided, along with logos for the United States Taekwon-Do Federation and the International Taekwon-Do Federation. On the right side, there is a vertical calligraphic inscription in Korean: '一擊必勝' (One strike, inevitable victory).

USTF
NATIONAL
TAEKWON-DO
CHAMPIONSHIP
2013

June 22nd & 23rd
Broomfield, Colorado

For more information, contact USTF Headquarters
at (303) 466-4963 or email rsereff@rml.net
www.USTF-ITF.com

On September 14, the **Fourteenth Annual Wyoming Invitational Tournament** will be held in Casper, Wyoming.

Look for the 2013 **USTF-UTAH State Championship Tournament** November 2 in Salt Lake City. Excellent officiating, excellent opportunity to compete.

On November 16 **USTF -UTAH** will hold its **2013 Fall Black Belt Testing**. USTF-UTAH continues to lead the way.

On November 23, look for the Region 1 Black Belt Test at **Mountain View Taekwon-Do**, Battle Ground, Washington, Promoter Master **David Mason**.

And on November 26 one can expect a Black Belt and Gup Promotion Testing at Bellevue, Nebraska under the guidance of Master **Ricky Todd**.

HAPPENINGS

[The Editor notes that references to events as having occurred is occasionally predicated on third party sources.]

On March 1 students and faculty at the **Academy of Martial Arts**, Grafton, held a demonstration at St. Paul's Lutheran School Special Interest Day. A great job, Second Dan **Nick Moralez**, First Dans **O.J. Locklair** and **Matthew Thur**, Gup Three **Max Wilhelm**, Fourth Gup **Alyssa Jankowski**, Sixth Gup **Valerie Locklair**, Seventh Gups **Benjamin Herzfeld** and **Logan Werner**,



Concord School of TKD hosted the NY/NE Region's quarterly Interschool Tournament on Sunday, March 3rd. Competitors and referees from schools around New England participated in this fun, informal event. These tournaments, for ages 5 to 15, allow younger and junior rank Gups to prepare for larger regional competitions, and give aspiring Referees opportunities to practice judging and centering. Mr. **John Murphy**, VI Dan and Regional Director, reviews tournament etiquette, sparring rules, and refereeing basics for students and parents. Volunteers from **NE School of TKD**, **Giorgio's Academy of TKD**, and **Gardner TKD** help demonstrate proper handling of ring injuries and accidents, equipment failure, and the like. Everyone has fun, and learns a lot. The March 3rd tournament was a big success! Photos: top, ready to rumble, Daniel Bodre, Emily Crowley, Diego Bodre, Jala Settles, Ivan Arias, Arrad Sagee; middle, Emily Crowley conveys what not to walk into for Jala Settles; bottom, Gold, Silver and Bronze.

--Submitted by Roselyn Romberg

and Ninth Gup **Lexi Cabell**. Master F.M. Van Hecke led the group.

The Boy Scouts were enthralled and amazed on Sunday, March 10, as students and faculty of the Academy of Martial Arts, Grafton, demonstrated Taekwon-Do skills under the leadership of Fourth Dan **Paul Hebein**. In attendance were Mr. Hebein, Master F.M. Van Hecke, Samdan **Chris Langlois**, Yidans **Kevin Friede** and **Nick Moralez**, Chodan **Mike Herzfeld**, Gup Three **Garrett Friede**, Gup Six **Valerie Locklair**, Ninth Gup **Lexi Cabell**, and Tenth Gup **Cael Eernisse**.

A color belt test was held at Sereff TKD on March 12.

March 20, a test at Foothills TKD, Lakewood, Colorado.

The **Maestas Team Challenge** was March 23 in Arvada, Colorado. Picture and article, next issue. Guaranteed, due to our correspondent Mr. Robert Martin.

March 23 provided a USTF Referee Course to **Mountain View Taekwon-Do** in Battle Ground, Washington.

Mr. **Jerry Sisco** was instructor for a Referee Course held at Rock Springs, Wyoming, on March 23. Sr. Master Stan Martin was the Promoter.

REMINDER

This year the TKD Flash will award prizes for **Best Article by a Non-Stringer** and **Best Photograph** (open to all). The former will be a single award, with possibility of Honorable Mentions, the latter will allow for a First, Second, and Third Place recognition. decisions of the Board will be final.



Mrs. Leslie Ragone on her way to Third Dan, above, and Mr. Patrick Finan, on his way to Fourth Dan. make short work of their bricks.



**New Logo Adopted by
Maestas Taekwon-Do**

Arvada, CO – This past fall the Board of Directors of **Maestas Taekwon-Do** decided that the club needed an updated logo. A contest open to all students of the club was held. Several terrific ideas were presented and ultimately Head Instructor **Robert Pettijohn** selected the winner or in the case the winners. Mr. Pettijohn choose to combine elements from two designs. We are pleased to present the new logo here and congratulate Ms. **Clare Langmacher, IV Dan** and Miss **Mackenzie Caldwell, 5th Gup** on their creation.



On Saturday, March 2nd in Bellevue, Nebraska **Master Ricky Todd** of **Axe Taekwon Do** hosted the USTF Referee Course taught by Sr. Master **Kirk Steadman**. There were 45 students and instructors in attendance from Nebraska and Missouri. Certified to Class A Referee: Ms. **April Bowing**, Mr. **Patrick Finan** and Mrs. **Deborah Ragone**. Certified to Class B Referee: Mr. **James Bushor** and Mr. **Sean Toppi**. Certified to Class C Referee: Mr. **Daniel James**, Mr. **Darell Kodad, Jr.**, Ms. **Sky McCarty**, Ms. **Tigist Eastin**, Mr. **Alex Maglio**, Mr. **Cyrus Wang**, Mr. **Jonathan Gillete**, Mr. **Tom Grant**, Ms. **Gabriele Gillette**, Mr. **William Duralia**, Ms. **River McCarty**, Mr. **Zachary Peterson**, Mr. **Zane Ridgeway**, Mr. **Will Di Stefono**, Mr. **Donald Duralia**, Ms. **Gene Eastin**, Ms. **Samantha Seaman**, Mr. **Eric Wang**, Mr. **Noah Findling**, Mr. **Logan Yardley**, Ms. **Brianna Grant**, Mr. **Daniel Cook**, Ms. **Emily Garth**, Mr. **James Ridgeway** and Mr. **Bryce Hazen**. Taking the course as a refresher were: Master Todd, Master **Lenard Graham**, Mr. **Kevin Bushor**, Mr. **James Rolston**, Mr. **Kyle Graham**, Mrs. **Lisa Easton**, Mr. **Luke Carter**, Mr. **Tyler Araujo**, Mr. **Graysen Ragone**, Mr. **Jacob Carter**, Mr. **Zach Araujo** and Ms. **Ashleigh Ragone**.
--Submitted by Master Ricky J. Todd, Distinguished Flash Stringer