

The T.K.D. Flash

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ANNOUNCEMENTS

The Publisher of the TKD Flash proudly announces the acquisition of Mr. **Scott Saccarecchia** to its staff as its new **Region One Stringer**. Welcome to the enterprise, Sir!

Congratulations to Mr. & Mrs. Oliver Joshua Locklair on the birth of Samuel on Saturday January 12.

Don't forget, in e-mail correspondence, to adhere to strict courtesy and adequately identify yourself. We may interface, given the power of

the net, social sites, etc., with hundreds of different folks in a year.

In Taekwon-Do-related correspondence, be sure to address the recipient appropriately. ("Dear Senior Master Jones, Dear Mr. Smith, Dear Miss Williams.") When in doubt, be sure to at least remember the basics of "Sir" and "Ma'am," and it is NOT a crime to refer to ANY person with terms of respect. Thus a gup level person can be addressed, "Mrs., Ms., Dr." without a problem.

But in identifying yourself, the convention within USTF is to reveal your rank. Thus, "Sally Jones, Gup 3, Oneida



Warm greetings from **Alaska**, where on Dec. 7 Mr. **Sheldon Meyer** tested successfully from 1st dan to 2nd. Mr. Meyer is a gold miner. One tough fellow, he broke bones in his hand at his First Dan test, fell off a roof last Fall, dislocating his thumb but was undaunted. Photo, from left, Sixth Dan Mr. **Guy Williams**, Mr. Meyer, **Arleen Slocum**, **Robert Thompson**, **Susan Hicks**, and **Lorraine Thompson**. Congratulations to Mr. Meyer, who clearly has the wisdom to treasure more than what merely glitters.



Concord School of TKD hosted its annual fall Invitational Tournament on November 10th in Concord MA. Schools from around New England and New York brought competitors and referees to this fun competition. Patterns competition was lively. For nearly a dozen Gups,



the Invitational was their first tournament ever, so enthusiasm was high. Mid- to higher ranking adult competitors showed precision and power with Won-Hyo, Toi-Gye, and Hwa-Rang. Younger Gups delighted onlookers with spirited demonstrations of Chon-Ji and Dan-Gun.



Sparring was a crowd-pleaser, as always. After the regulation brackets were finished, competitors clamored for “fun rounds,” a Concord tradition. Groupings such as Yellow Belts paired with same-size Red Stripes or Black Belts teamed with Yellow Stripes allowed students to demonstrate for the audience, and for coaches, good punching and blocking technique, placing tools on targets, and accurate kicking and striking. The event was cheered all around, and competitors are already looking forward to next year’s Invitational. --Submitted by Roselyn Romberg



Photos: top left, **Emily Crowley** performs Dan-Gun; left center, **Conner Lee** medals; bottom left, **Daniel Angus-Kirsten** takes on **Arrad Sagee**; top right, **Erica Ryu** and **Lori Goldman** award medals; center right, **Tom Gibbons** show off his team; bottom right, **David Taylor** steps into the heavyweight danger zone and referees.

Taekwon-Do School” tells the recipient about herself (and even where she is affiliated if relevant).

COMING EVENTS

On February 21 there will be a Black Belt and Gup Promotion Testing at Bellevue, Nebraska. Master **Ricky Todd** is the Promoter.

Sr. Master **Kirk Steadman** will teach a USTF Referee Course at Offutt Air Force Base March 2.

A color belt test is expected at Sereff TKD on March 12.

The **Maestas Team Challenge**, always a great competition, will be March 23 in Arvada, Colorado.

Mr. **Jerry Sisco** will act as instructor for a Referee Course to be held at Rock Springs, Wyoming, on March 23. Sr. Master Stan Martin is the Promoter.

We often tell our students that Taekwon-Do is an art that reinforces commitment, responsibility, and community. What better way to demonstrate these fundamental qualities than by training together as a family.



Mike Heffron, III Dan, of New England School of TKD, exemplifies this commitment. Sons **Anthony** (10) and **Dominic** (9) regularly compete in tournaments and attend seminars, following in their father's footsteps in our art. Youngest boy **Dante** (5), who has eagerly watched from the sidelines for years, starts training this spring. (Left)



A year after son **Michael** (9) and daughter **Kaitlyn** (8) started training at the Concord School of TKD, mom **LeeAnn Donnelly-Gabrielli** decided to join, and recently tested for Yellow Belt. Youngest daughter **Samantha** (just turned 3) demanded her

own Dobok and belt, and will proudly demonstrate her kicking and punching skills on any student (or instructor) standing nearby! (Right)--Submitted by Roselyn Romberg

On April 6 and 7 there will be a **USTF Instructor "C" course**. These are taught by Grand Master **Mike Winegar** and are rated "A-1" by YHE. You can't teach if you don't know in the first place, and you can't teach teachers until you really, really know. Registration by March 6. This will be held at Casper, Wyoming. Contact Martin's Casper TKD.

A USTF Referee Course will be held at Concord School of Taekwon-Do, Concord, Massachusetts, on April 7.

What: USTF Membership Workout
 When: April 13 fro 12:00 to 3:00
 Where: Denver, Colorado Turnverein Hall, 1570 17th Street.
 Questions: HQ, 1-303-466-4963

On April 20 a combined Black Belt and Color Best Testing will be held for 3 schools in Rock Springs, Wyoming.

What: **Northeast Challenge Tournament**
 When: Sunday, May 5, 2013
 Where: Concord MA (Boston)
 Who: USTF/ITF, all ages, all ranks
 Events: Patterns, Sparring, Team Breaking

What else: **Sixth Annual Axe Taekwon-Do Invitational Tournament**
 When: May 18
 Where: Offutt Youth Center, Bellevue, Nebraska
 Contact: Master Rick Todd at ustfneb@cox.net or Mr. Kevin Bushor at kbushor@cox.net
 Personnel: Master Dustin Stephenson, Tournament Director, Mr. Kevin Bushor, Chief Referee, Master Ricky Todd, Promoter, Ms. April Bowling, Tournament Coordinator.

And also on May 18th, the 2013 USTF-UTAH ANNUAL UTAH CUP TOURNAMENT. Salt Lake City. Questions? Contact Mr. Chris Wadium, cwadium@yahoo.com

A Black Belt/Gup Testing will be conducted at Bellevue, Nebraska May 28.

June 1 is the date for USTF-Utah's 2013 Spring Black Belt Testing in Salt Lake City, Utah.

June 11 is a fine time for a color belt test at Sereff Taekwon-Do.

Set aside June 22 and 23 for **USTF Nationals 2013**. Preregistration deadline will be June 1. Weigh-ins on the 21st of June at Sereff Taekwon-Do. This is THE tournament of 2013. Gup level competition will also be available. For additional information, contact HQ.

The 2013 USTF-UTAH SUMMER WEEKEND TKD CAMP will be held August 2 through 4 at East Canyon State Park in Morgan, Utah.



Senior Master **Luis Reyes** presided over the **New England/New York Regional Black Belt Test** on Sunday, November 18th. Mr. **John Murphy**, VI Dan, hosted the event at the **Concord School of TKD**. Judges also included Ms. **Joanne Haley**, IV Dan and head of the **NE School of TKD** in Hanover MA, and Mr. **Robert Giorgio**, IV Dan and head of **Giorgio's Academy of TKD** in Sudbury MA. Mr. **Tom Gibbons** of **Victory TKD** in Albany NY tested for III Dan. Mr. **Don Lee** of Concord TKD tested for II Dan. Ms. **Lori Goldman** and Ms. **Terri Anne Meier** of Giorgio's Academy of TKD and Ms. **Kristen Daudelin** of NE School of TKD tested for I Dan.

This was an exceptional Black Belt test for the NY/NE Region. For possibly the first time in its history, no candidate had "come up through the ranks" at the host school. Mr. Lee, now a regular student at Concord TKD, had originally trained in WTF TKD. Giorgio's Academy only recently joined the USTF. And Victory TKD of Albany NY, a regular participant in tournaments and seminars, was attending a Regional Black Belt test for the first time.

Pictured above, left to right: Mr. Don Lee (II Dan), Ms. Joanne Haley (IV Dan), Ms. Kristen Daudelin (I Dan), Ms. Terri Anne Meier (I Dan), SM Reyes (VIII Dan), Mr. John Murphy (VI Dan), Ms. Lori Goldman (I Dan), Mr. Tom Gibbons (III Dan), Mr. Marcus Goldman, and Mr. Robert Giorgio (IV Dan.) Congratulations are in order!



Hey, it's all about having fun, right? On Sunday, December 16th, Concord TKD hosted an Interschool Tournament for the New England region. These fun tournaments, for students aged 15 and under, are a much-anticipated event held each quarter. Younger students get a chance to try out their patterns and ring skills prior to the "big" tournaments. Older and higher rank students participate in demonstrations, and in teaching the basics of tournament protocol. Class C Referees and candidates practice laying out rings, keeping time and score, and reviewing tournament logistics. More advanced Referees gain experience at patterns judging, cornering and centering, and bracketing. These popular events give everyone a chance to learn and to "rehearse" for regional and national tournaments, and have a lot of fun together. On left, Kevin Chang, Exhibit A.

--Submitted by Roselyn Romberg

Master **Ricky Todd**, always thinking ahead, has scheduled a Testing event at Offutt Air Force Base on August 20.

On September 7 there will be a Black Belt test at Sereff TKD, followed by a gup test on the 10th.

On September 14, the **Fourteenth Annual Wyoming Invitational Tournament** will be held in Casper, Wyoming.

Look for the 2013 **USTF-UTAH State Championship Tournament** November 2 in Salt Lake City.

On November 16 USTF -UTAH will hold its 2013 Fall Black Belt Testing.

And on November 26 one can expect a Black Belt and Gup Promotion Testing at Bellevue, Nebraska under the guidance of Master **Ricky Todd**.

[The Editor notes that references to events as having occurred is predicated on third party sources.]

On January 8 **Centerline Martial Arts**, Walla Walla, **Washington**, was scheduled for a Black Belt testing. Mr. **Mike Glencross** was the Promoter.

Sabum: So, Johnny, where are your hands supposed to be when you do this technique?

Johnny Ohgup: I know, Sir, right at the ends of my arms!

[Thanks to Senior Master Earl Weiss for sharing this one.]



“On your mark, get set....” Red-headed sisters (from left) Matilda Larkin Van Hecke, 2, and Aniela Marie Van Hecke, 4, prepare to take off, hopefully without actual need of those ridiculous bike helmets. More proof positive that little girls can make great athletes just like little boys, that winter is no impediment to healthy exercise, and that even the necessity to publish a magazine in a somewhat unrelated field will not stay the burning need of a doting grandfather to brag, just a little, when he can get away with it, because nobody edits HIS stuff.



The Secret Life of Dans

Mike Heffron, III Dan, trains with **New England School of TKD** in Hanover MA. He regularly referees at events hosted by the Concord School of TKD, and recently brought a team of serious competitors to the Concord Invitational Tournament. He coached his group to a handsome display of gold, silver, and bronze medals in both patterns and sparring. Mike is raising his three boys

as up-and-coming martial artists as well. When he isn't at work, training hard, or being a dad, Mike relaxes in the kitchen (and basement). He makes home-made wine with his father, crushing the grapes and fermenting the liquid into a delicious beverage. He also makes pasta by hand, in large quantities, a regular treat at the Heffron family household. --Submitted by Flash Stringer Roselyn Romberg

[Photos: at left, Mr. Heffron and his team; at right, pasta, anyone?]

