The T.K.D. Flash

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COMING EVENTS

On September 8 there will be a Black Belt Test at **Sereff TKD**.

On September 15, the **Wyoming Invitational Tournament** is to be held in Casper. The Tournament Director is Mr. **Tony Giese**, the Chief Referee **Bob Thompson**. Contact: Mr. **Jerry Sisco** (307) 267-2336: jerrysisco@bresnan.net A referee course has been scheduled for September 22 at Battle Ground, Washington.

THE BATTLE OF THE BELTS Tournament, Promoter Sr. Master **Bill Stephenson**, will be September 22 in **Kirksville**, **Missouri**. The Tournament Director will be Master **Ricky Todd**, and the Chief Referee Master **Dustin Stephenson**. Sure to be well-run and solidly officiated.



Yep, that's eight! Master **David Mason** does his thing upon testing for Seventh Dan at

Battle Ground, Washington. Congratulations to an outstanding gentleman and a great leader. Article on page 3. Participants, testees, presiders at the July 28 Black Belt test at Mountain View Martial Arts and Fitness. Article, page 3.



October 6. Weapons Self-Defense Course, Burning Phoenix, Salt Lake City. Mrs. Heather November 3, USTF-Utah Championship, Salt Gemmell, Promoter, Master Frank Hannon, Lake City. Promoter USTF-Utah. Tournament Instructor. YHE has studied Ho Sin Sool with Director, Master William Dubbeld. Master Hannon, and the experience was excellent. Referee, Mr. Chris Wadium. This should be an Don't pass it up!

The Sr. Grand Master Sereff Fall Championship is scheduled for October 21 at Broomfield High School. Good competition on its way!

Set aside November 3 & 4 for a USTF Class B Instructors Course to be taught by Grand Master Mike Winegar at Broomfield. Class C Instructorship is a prerequisite. Bound to be awesome, as all these courses are. Chock full of the sort of detail necessary to really understand Taekwon-Do from one of consummate students of our Art.

Chief excellent tournament run by outstanding officials, "fair and balanced."

Also on November 3, the Region 6 Black Belt test will be presided over by Sr. Master Bill Stephenson in Missouri.

On November 15 there will be a Black Belt Testing at Axe Taekwon-Do in Bellevue, Nebraska, The Promoter is our most excellent friend Master Ricky Todd.

Continuing the trend of November as a "hot month" for Black Belt tests, November 17 will bring yet another Black Belt test, this time to **Salt** Lake City. Promoter, USTF-Utah.

Also on November 17, Master David Mason, Region 1 Director, and Mountain View Taekwon-Do, host a Black Belt testing in Battle Ground, Washington. Sr. Master Art Schoonover will preside.

Finally, December 1, Black Belt Test, **Burning Phoenix TKD**, Sale Lake City, Promoter, Mrs. **Heather Gemmell**..

HAPPENINGS

On August 3rd through 5th, **USTF-Utah TKD Camp** was sponsored by USTF-Utah.

On August 4 at a Black Belt test at the School of Traditional Taekwon-Do, Crystal Lake, Illinois, Master Braxton Miller, Instructor and Illinois State Director, presided with Master F.M. Van Hecke. Congratulations are in order to two new First Dans, Miss Amanda Galway and Mr. Jesse Liverette.

August 18 occasioned the **Burning Phoenix TKD Workshop**. Promoter Mrs. **Heather Gemmell**. The workshop was taught by Grand Master **Renee** Sereff.

Chrissy Hawkins, Promoter, hosted a Tournament at Gray's Harbor Taekwon-Do, Hoquiam, Washington. Jeremy Hawkins was the Tournament Director, Brandon Stoppani acted as Chief Referee.

August 28 and 29 brrought gup levels tests to, respectively, Skokie and DesPlaines, Illinois, under Senior Master **Earl Weiss**.

On July 28th, Master **David Mason**, founder, and chief instructor of Mountain View Martial Arts and Fitness, located in **Battle Ground Washington**, tested for and achieved the rank of 7th Dan Master. The test was conducted by Grand Master **Renee Sereff** on behalf of Sr. Grand Master Sereff.

Master Mason has been teaching and training in the Pacific Northwest for 33 years, and has been an officer in the USTF for the last 15 years.

"To make the level of Master is an incredible honor for me and I attribute it all to the leadership and example of Sr. Grand Master Sereff and all he has given me throughout the years. It was really special to test at my own



Gosh, can four Grand Masters draw a bunch of folks to a mere workshop in Thornton, Colorado? See letter, page 4.

Dr. Steve Osborn, USTF Region 5 Director, along with Michigan State Director **James Alger**, Mrs. **Val Dodd**, \$th Dan, and Mr. **David Glendening**, 2nd Dan, presided at a Black Belt Test on Wednesday August 15 at Cadillac, Michigan, with Mr. **Chad Boolman**, 2nd Dan, at the Corner. Ms. **Samantha Brown** tested successfully for her Second Dan. Ms. Brown began her Taekwon-Do journey nine years ago at the age of eight along with her father, also a Second Dan. She will matriculate the University of Michigan this Fall. Congratulation are in order on several counts. Below, Ms. Brown discusses college tuition with Dad.





school, in front of my students, friends, and family, making it an incredible day for me as well as them, and a lasting memory," said Master Mason.

Master Mason's testing and promotion was conducted during a USTF Black Belt Regional testing held in the Pacific Northwest. Master Mason was honored to have tested alongside multiple school candidates that were testing for their various black belt Dan levels.

They are: Patty Donaldson, 4th Dan; Bill Gentry, 3rd Dan; Andrew Dean, 3rd Dan; Sarah Layng, 2nd Dan; Casey Cox, 2nd Dan; Randy Johnston, 1st Dan; Murray Zenk, 1st Dan; Alex Burton, 1st Dan; Curran Connelly, 1st Dan; Noah Stiffler, 1st Dan; Gage Piguet, 1st Dan. All are to be congratulated.

High Test Score for Ho Sin Sul was awarded to Sarah Layng, High Test Scores for Patterns to Casey Cox and Noah Stiffler, and High Test Score for Breaking was awarded to Murray Zenk.

Grand Master Renee Sereff presented Master Mason with his Master's Belt and Sword after a special telephone conversation with Sr. Grand Master Sereff. A banquet was prepared in Master Mason's honor by the Pacific Northwest USTF schools, where he was presented with a video presentation of his Taekwon-Do life, along with a new Master uniform.

Master Van Hecke,

The four USTF Grand Masters taught a seminar and boy did we all have a good workout! Mr. **Barney Montano** and the **Thornton Community Center** hosted the event that brought students from Wyoming, Washington, Utah and Colorado! Sr. Grand Master **Charles Sereff** started us off and then we did a rotation that included one group of color belts, another with I and II Dans and the

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final group of III Dan and above! The topics went from pattern to sparring and everything in between! The four hour program had everyone leaving with a sense of accomplishment, not only the students but instructors as well!

Next year Region II will plan another in different location.

Grand Master Renee Sereff

A Competition Abroad

By Roselyn Romberg

Competitors from Massachusetts USTF Schools excelled at the **2012 International General Choi Memorial Cup Tournament** held in **Ottawa, Canada** at the instance of a good friend of the USTF, GM Phap Lu.

New England's **Concord School of TKD** and **Sudbury Academy of TKD** joined forces in early June to send teams to the

Sir:

On July 13th and 14th **The Academy of Martial Arts**, **Sheboygan Falls**, **Wisconsin**, participated in the **American Cancer Society's Relay For Life**. This annual event brings students and families together outside of class and allows the students be a part of a community service experience. The Relay is a team event and we are proud to say we keep at least one team member walking around the track for the entire 14 hours. This year we had four families stay overnight and were able to enjoy many fun laps including the breakfast lap at 7:00 am.

Goal setting is important in all aspects of life, Taekwon do included. Setting achievable short term and long term goals can help students stay motivated and work hard in class. Before the Relay For



Life event, I set a goal to walk 26.2 miles throughout the 14 hour event. While being on the Relav Committee as well, I had my doubts that I could do it .. With the support of my family and friends walking with me and on my own from 12:00 am to 7:00 am (almost continually) including а short rain shower, I was able to complete the 26.2 miles. My success is an example similar to your child's/your journey in Taekwon do. In order to succeed in Taekwon do you need the support of your family and friends, but

you also need to have your own determination to drive you through each milestone in your journey. The instructors and fellow students are there to help you on your journey but you need to want to make it to the finish line to succeed. If you were able to support us on the journey to fight back against cancer, thank you. A special thank you to Academy for sponsoring the team and to all the students and families who participated in the event. With your help, our team raised \$4,554, our highest total yet, surpassing our team goal of **\$3,000**.

Mark Johnson, II Dan, Academy of Martial Arts Relay for Life Team Captain

Tournament, attended by competitors and dignitaries from around the world. Schools from as near as Quebec and Montreal, and as far away as India, Puerto Rico, Mexico, and the Arctic Circle participated. The two-day event included impressive breaking and Sin Ho Sul-style demonstrations, plus patterns and sparring competitions for all ages and ranks.

Sudbury's **Alex Gough** took Gold in his division, after a grueling patterns competition and impressive display in the sparring ring. Concord's **Ashwin Srinivasan** earned Silver for his solid performance in patterns. And **Sanjit Bhat** earned both Silver and Bronze in his division, with strong performances in multiple pattern and sparring rounds.

The schools also fielded a team of Referees that were much in demand throughout the event. International competitions are a special challenge for any Judge, requiring solid knowledge of rules and requirements combined with calm under pressure. The group did an excellent job, and was commended by GM Lu and invited to participate in refereeing future international competitions.

On Saturday, August 18th, Axe Taekwon-Do at Offutt Air Force Base in Bellevue, Nebraska hosted a quarterly testing. Twenty-six students tested for various ranks from 9th gup, White Belt Yellow Stripe through 3rd Degree Black Belt in the Region III Regional Testing. The testing candidates ranged from in age from 6 years old to into their 50s. The testing board was composed of Master Ricky Todd VII Dan, USTF Region 3 Director, Mr. Kevin Bushor, 6th Dan, USTF Nebraska State Director and Ms. April Bowing, 4th Dan.

Promoted to 3rd Degree Black Belt was Mr. James Bushor and to 1st Degree Black Belt was Ms. Sarah Navratil. These students displayed excellent skills in all areas as required by the USTF testing requirements. These new black belt ranks brings our Axe group up to 21 active black belts in class. **Sanjit Bhat** of Massachusetts travelled to Canada, competed in Ottawa and earned both Silver and Bronze in Patterns and Sparring. Way to go, Sanjit!



Below, the Referee Team: Front Row: Ms. Anna Glasberg, I Dan, Grand Master Phap Lu, Ms. Samantha Glasberg, II Dan, Mr. Ritchie Basque, III Dan. Back Row: Mr. Alex Gough, I Dan, Mr. Don Lee, I Dan, Mr. John Murphy, VI Dan and head of Concord School of TKD, Mr. Karl Huffman, V Dan. GM Lu made note of the quality of USTF Referee training for international level officiating.





Other promotions taking place at this testing event were: To Red Belt - Samantha Seaman, Darell Kodad

and Daniel James: Blue Belt Red Stripe -Don Duralia; Green Belt Blue Stripe William Duralia, Gabrielle Jocson. Angelique Jocson, Samantha Jocson. Brianna Grant, Tom Grant and Daniel Cook; Green Belt. Trinity Manna. Robert Cordoza, Pablo Chavez, Sean Ede, Hanna Johnson and Charmaine Jocson. Yellow Belt Green Stripe - Staci Chamberlin. Nate Butler and Zachary Seaman: Yellow Belt -Sheila Duralia, Sarah **Duralia** and **Ethan** Kenover; White Belt Yellow Stripe - Karl Kenoyer.



Enough concrete for ya? Mr. James Bushor.

Axe Taekwon-Do is located in the Offutt Youth Center and open to all military, their family members and

anyone outside the military. No special pass or access is required to attend. For more information, pictures, etc., please contact our website at <u>www.axetkd.com</u>.

--Submission from Master Ricky J. Todd

[Editor's Note: these classes are especially open to anyone named Jocson.]

Master Jones (to Johnny 8th Gup): So, where are your hands during execution of this technique?

Johnny: At the ends of my arms!

[Submitted by Sr. Master Earl Weiss]

PHOTO QUESTION OF THE DAY

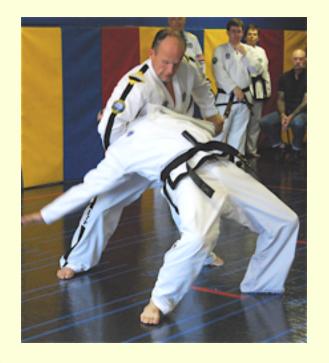
O.K., so this dude does this to you



and that to you,

and that to you





and you give him a WEAPON!?!?!?

