

# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts  
The National Newsletter of the United States Taekwon-Do Federation

The Flash is published by the Academy of Martial Arts, Inc. The Editor is F.M. Van Hecke. The mailing address is P.O. Box 853, Grafton, WI 53024. E-Mail [fmvh1@mac.com](mailto:fmvh1@mac.com). Archived at USTF Region V site [www.ustf-region5.org](http://www.ustf-region5.org) Persons submitting photographs, letters to the editor, reactions to published articles or articles will be deemed to have consented to their publication unless specifically specifying otherwise. The editor reserves the right to edit any submission prior to publication. Persons submitting materials represent that they have the right to publish the submitted materials and images and submit the same without seeking compensation.

## COMING EVENTS

On August 3rd through 5th, **USTF-Utah TKD Camp** will be sponsored by USTF-Utah. Bound to be an excellent time! For more info and to reserve your spot call Master **William Dubbeld**, (801) 633-6909 or Mr. **Chris Wadium**, (801) 550-4714

On August 4 we can expect a Black Belt test at the **School of Traditional Taekwon-Do**, Crystal Lake, Illinois, Master **Braxton Miller**, Instructor.

The **Special Needs Academy of Martial Arts** in **Grafton, Wisconsin**, will conduct a Black Belt Test on August 11.

On August 11 a **USTF Membership Workshop** with Senior Grand Master **C.E. Sereff** will be held at Thornton, Colorado.

And on August 18 there will be a Test at **Axe TKD**, Nebraska.



Mr. **James Sroykum** and Mr. **Jacob Weiss** square off in the rushing streams at Estes Park, Colorado during the **Sereff World Taekwon-Do Camp**. Sereff Camp 2012 was held June 24 through 29. Pictures and text in the following pages.

**Camp!**



It's 6:30 a.m., time to warm up at World Camp. Ms. **Denise Mooremeier** leads beginning exercises on a crisp mountain morning.

## Camp!

August 18 brings the **Burning Phoenix TKD Workshop**. Promoter Mrs. **Heather Gemmell**. To be taught by Grand Master **Renee Sereff**.

And **Chrissy Hawkins**, Promoter, will host a Tournament at **Gray's Harbor Taekwon-Do**, Hoquiam, Washington. **Jeremy Hawkins** is the Tournament Director, **Brandon Stoppani** the Chief Referee.

August 28 and 29 bring gup levels tests to, respectively, Skokie and DesPlaines, Illinois, under Senior Master **Earl Weiss**.

September 8 there will be a Black Belt Test at **Sereff TKD**.

On September 15, the **Wyoming Invitational Tournament** is to be held in Casper. The Tournament Director is Mr. **Tony Giese**, the Chief Referee **Bob Thompson**. Contact: Mr. Jerry Sisco (307) 267-2336: [jerrysisco@bresnan.net](mailto:jerrysisco@bresnan.net)

October 6. **Weapons Self-Defense Course**, Burning Phoenix, Salt Lake City. Mrs. Heather Gemmell, Promoter, Master **Frank Hannon**, Instructor. YHE has studied Ho Sin Sool with Master Hannon, and the experience was excellent.

**The Sr. Grand Master Sereff Fall Championship** is tentatively scheduled for October 21 at Broomfield High School.

October 27, Black Belt Test, **Battle Ground**, Washington. Promoter Mr. **David Mason**.

Set aside November 3 for a **USTF Class B Instructors Course** to be taught by Grand Master **Mike Winegar** at Broomfield. Class C Instructorship is a prerequisite. Bound to be awesome.

November 3, **USTF-Utah Championship**, Salt Lake City. Promoter USTF-Utah. Tournament Director, Master **William Dubbeld**. Chief Referee, Mr. **Chris Wadium**.

November 15, Black Belt Testing, **Axe TKD**, Bellevue, Nebraska, Promoter Master **Ricky Todd**.

November 17, Black Belt Test, Salt Lake City. Promoter, **USTF-Utah**.

December 1, Black Belt Test, **Burning Phoenix TKD**, Sale Lake City, Promoter, Mrs. **Heather Gemmell**.

**HAPPENINGS**

July 7 a **Ground Tactics Course** was taught by Master **Frank Hannon** in **Missouri**. Hopefully we'll have some photos and news soon.

Also on July 7 there was a Black Belt test in Sheridan **Wyoming**. Presiding was Senior Master **Stan Martin**. Hopefully we'll have some photos and news soon.

On July 21 Sereff Taekwon-Do was the site of a test in which **Ed Newcomer, Jr.** passed to 7th Dan, **Kimberli James** passed to 4th Dan, and the following passed to 3rd Dan: **Arcangel Di**

**Laura, Martin Rodriguez-Lima, Caitlyn Fitch, Rebecca Rosenblum, Ashleigh Ray, Kari Wernlein, and Alexander Spielman.**

On July 28 there was a Black Belt Test in Battle Ground, **Washington**. Hopefully we'll have some photos and news soon.

Sir:

*June 24<sup>th</sup> many of the students met at Sereff Taekwon Do to carpool up to the YMCA of the Rockies, Estes Park, Colorado. Early that morning, Sr. GM Sereff called and said, "Are we still having camp?" to which I replied, "The fire in Estes Park is out with 21 homes lost and the town is open according to the News, YES we are having camp!"*

*This June in Colorado was one of the most disastrous months in our history with hundreds of homes lost and over 100 thousand acres burnt by wildfire. The extreme dry conditions and mother nature's lightning caused most of the fires. We had several Firefighters at the YMCA eating and camping out while the did their job of "Clean*

**They came from all over:** Left, Mr. Castillo, Puerto Rico, Mr. Freier, Spain, Master Bosse, Colorado, Mr. Sroykum, Utah; right, Mr. John Bradley, Australia, leads a class.

**Camp!**





**And Shared Space and Time:** Above, a Safety Committee meeting and the antithesis thereof, below right, Camp Directors Masters Joe Bosse (left) and Kirk Steadman (right) book-end Grand Masters Winegar, R. Sereff and DeBaca, and left, Sr. Grand master C.E. Sereff approves. **Camp!**

Up” after the fires were contained. Every morning at 6:30 am we had warm ups and we ran to the Firefighters, bowed and thanked them, and then ran back to where we were meeting. They really appreciated that!

Upon arriving at the camp, we were very excited to have a large hall to train in, however, the rooms were not air conditioned and the little fan they gave each room left a lot to be desired! In spite of the negatives, the most enthusiastic

Taekwon Do students made this camp one of our finest!

Campers from Australia, Puerto Rico, USA from Utah to Florida were all treated to excellent classes taught by four Grand Masters starting with Sr. Grand Master Sereff on Monday. Sr. Master Kirk Steadman and Master Joseph Bosse were Directors of the camp and kept everyone training and trying their hardest! Between Grand Masters Day with Grand Master Winegar, Grand



**Camp!**

**And Thus Did Sadly Part:**  
Master **Kirk Steadman** says good-bye to **Samantha and Annie Glasberg** (Massachusetts), and below, farewell at Lonigan's in Estes Park.





### The Secret Life of Dans: Annie Lawson

By Roselyn Romberg

On May 20th Ms. **Annie Lawson** tested for III Dan under Senior Master **Louis Reyes**, VIII Dan and Mr. **John Murphy**, VI Dan and New England Regional Director at the **Concord School of TKD**.

Annie trains at **Giorgio's Academy of TKD** in Sudbury MA. She recently completed Senior Master Steadman's Referee course, earning her Class C Referee certificate. Annie refereed at the New England Challenge tournament, her first major tournament as an umpire, where her daughter, Kate, competed.

Outside of the DoJang, Annie is an avid runner. She competes in road races around New England. She trains seriously for the races she runs, yet takes full advantage of the fun and camaraderie she shares with her fellow "roadies".

Photos:top, Ms. Lawson breaks, bottom left, Annie the Runner, bottom right, Ms. Lawson with daughter Kate.

*Master R. Sereff, Grand Master Paul De Baca and International Day with Master Charless Birch of Australia, Mr. Llauger Castillo, Puerto Rico, and Mr. John Bradley, Australia, the training could not have been better! For the first time we had some of our Junior II Dan Black Belts teaching with some assistance and I am happy to report, they did a fantastic job! Of course the Team Mascots were a big part of the fun as well as Siamese Sparring tournament!*

*Master Birch tells the most wonderful and colorful stories and entertained us one evening with his rendition of how the Kiwi came to be the most precious bird and other wonderful stories. He ended his evening with a group of young men he had recruited to help with his personal Haka. Mr. Rose, Mr. Weiss and Mr. Morales joined the Australians to perform this traditional war chant. As some of the smoke was still in the sky from the fires, it*

*was such a wonderful site to see this chant performed in front of one of the beautiful Rocky Mountains!*

*Because of the lack of water in most waterfalls we had to resort to entering the Rocky Mountain National Park to try to find some type of water fall. This was quite the excursion with the hike being a little longer than usual. The forest was breathtaking with the herds of Elk, small waterfalls and lots of Taekwon Do students hiking toward a bridge where all the pictures were taken. The Utah group had arrived by bus at the camp and with their help we had a bus full for this part of the camp!*

*The memories of this camp will last a lifetime. The renewing of friendships and the making of new friends along with the wonderful family participation this year makes me feel another Sereff World Camp 2014 is in the future!*

*Grand Master Renee Sereff*

### **The Northeast Challenge**

The **Concord School of Taekwon-Do** hosted New England's first **Northeast Challenge** tournament on May 6<sup>th</sup>. Schools from New Hampshire, Rhode Island, New York, Connecticut, and Massachusetts competed. Many color belt students were participating in their first-ever tournament, which added to the excitement of the day. Newer schools had never seen Black Belt patterns performed in competition before. The precision and intensity of the higher rank patterns wowed onlookers.

White Belts and Yellow Stripes earned the biggest cheers for participating in the ring for the first time. Many Red Belts, Black Stripes, and Black Belts met as long-time friendly competitors, ready for a rematch. The energy was especially high for the dozen-plus newly minted Referees who had attended S.M.





**Pictures from the Northeast Challenge.**

Above:: Breaking Team, from left, Mr. **Ramon Colon**, Mr. **Satish Bhat**, Mr. **Guy Sagle**, Mr. **Syn Gardner**, Mr. **Don Lee**. Below: Center Ref **Annie Lawson** calls the Winnah!



Steadman’s course at Concord TKD in March and were officiating for the first time at a regional event.

For many competitors, the *Northeast Challenge* was their first tournament with Breaking. Teams of five lined up before breaking stations, one for each type of break. Competitors then demonstrated their skill at hand and foot

breaks, with points assigned for number of boards broken and additional points for clean breaks. Team breaking was such a crowd-pleasing and exciting event that Concord TKD plans to include it again at next year’s tournament.

At a test conducted July 23 at the **Academy of Martial Arts**, Grafton, Wisconsin,



presided over by Fifth Dan **Mary Lubner**, Third Dans **Tom Minesal** and **Chris Langlois**, Second Dans **Kevin Friede** and **Nick Morales**, First Dans **Mike Herzfeld** and **Josh Locklair**, and Master F.M. Van Hecke, 21 students tested. First Dan Mr. **Matthew Thur** and **Troy Spielbauer** served at the Corner.

Congratulations are in order to new Gup Ones **Kristi Slattery** and **Ben Klein**, new Gup Two **Katelyn Dick**, new Gup Threes **Casey Garza**, **Alyssa Jankowski**, and **Owen Liebelt**, new Gup

Fours **Garrett Friede** and **Max Wilhelm**, new Gup Fives **Pat Jankowski** and **Joey Willman**, new Gup Six **Jake "Famous" Schaum**, new Gup Sevens **Valerie Locklair**, **Elijah Holland**, **Caleb Tarnowski**, **Adelyn Klein**, and **Isaiah Holland**, new Gup Eights **Benjamin Herzfeld** and **Logan Werner**, and new Gup Nines **Peyton Leider** and **Corrin Tarnowski**. Miss **Rachel LaPorte** tested earlier in the same cycle.



The loud ki-hap is what did it for **Alyssa Jankowski** at the July 23 test at the Academy of Martial Arts, Grafton Wisconsin. Alyssa tested successfully to Gup Three.