# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts The National Newsletter of the United States Taekwon-Do Federation

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## **COMING EVENTS**

July 7 marks a **Ground Tactics Course** taught by Master **Frank Hannon** in **Missouri**.

Also on July 7 there will be a Black Belt test in Sheridan **Wyoming**. Presiding will be Senior Master **Stan Martin**.

On July 28 there will be a Black Belt Test in Battle Ground, **Washington**.

And on August 3rd through 5th, **USTF-Utah TKD Camp**. Sponsored by USTF-Utah.

The Special Needs Academy of Martial Arts in Grafton, Wisconsin, will conduct a Black Belt Test on August 11.

Also on August 11, an excellent opportunity: **USTF Membership Workshop** with Senior Grand Master **C.E. Sereff** at Thornton, Colorado. No charge to USTF Members. Contact HQ for details.

And on August 18 there will be a Test at that excellent school, **Axe TKD**, Nebraska.



Front Row: Mike Heffron, Bryce Mashimo, Lily Shoup, Joanne Haley (IV Dan and head of New England TKD), Sr. Master Louis Reyes, Adam Rainis, Aaron Wang, and Annie Lawson.

Back Row: Eric Vining, Catherine Tyrakowski, John Murphy, Bob Giorgio (head of Giorgio's Academy), and Theo Goetemann pose on completion of the Concord School of TKD Black Belt test on May 20. Article on p. 3.

At a Black Belt test conducted at National Taekwon-Do, **Skokie, Illinos**, June 9, Sr. Master **Earl Weiss** presided assisted by Masters **Braxton Miller** and F.M. Van Hecke and Fifth Dan **Mary Lubner.** Mr. **James Alger**, L.P. Michigan State Director, tested for his Fifth Dan and Miss **Joy Anderson** for her First Dan. Present was Dr. **Steve Osbor**n, USTF Region 5 Director. Below left, Panel, assistants, testees; middle, Mr. Alger busts a bunch; right, Miss Anderson using pony-tail

for mid-air stability.







August 18 brings the **Burning Phoenix TKD Workshop**. Promoter Mrs. **Heather Gemmell**.
To be taught by Grand Master **Renee Sereff**.

August 28 and 29 bring gup levels tests to, respectively, Skokie and DesPlaines, Illinois, under Senior Master **Earl Weiss**.

September 8 there will be a Black Belt Test at **Sereff TKD**.

On September 15, the **Wyoming Invitational Tournament** is to be held in Casper. The Tournament Director is Mr. **Tony Giese**, the Chief Referee **Bob Thompson**.

October 6. **Weapons Self-Defense Course**, Burning Phoenix, Salt Lake City. Mrs. Heather Gemmell, Promoter, Master **Frank Hannon**, Instructor. YHE has studied Ho Sin Sool with Master Hannon, and the experience was excellent.

The Sr. Grand Master Sereff Fall Championship is tentatively scheduled for October 21 at Broomfield High School.

October 27, Black Belt Test, **Battle Ground**, Washington. Promoter Mr. **David Mason**.

Set aside November 3 for a **USTF Class B Instructors Course** to be taught by Grand Master **Mike Winegar** at Broomfield. Class C Instructorship is a prerequisite. Bound to be awesome.

November 3, **USTF-Utah Championship**, Salt Lake City. Promoter USTF-Utah. Tournament Director, Master **William Dubbeld**. Chief Referee, Mr. **Chris Wadium**.

November 15, Black Belt Testing, **Axe TKD**, Bellevue, Nebraska, Promoter Master **Ricky Todd**.

November 17, Black Belt Test, Salt Lake City. Promoter, **USTF-Utah**.

December 1, Black Belt Test, **Burning Phoenix** June 9 **TKD**, Sale Lake City, Promoter, Mrs. **Heather** Mountain **Gemmell**.. Does this club rock, or what?!? Promote

### **HAPPENINGS**

A Black Belt test was held on June 3 for **Big Dog Taekwon-Do**, Grand Rapids, Michigan. Hopefully we will have pictures and details soon.

A gup level test was conducted for students of Sr. Master **Earl Weiss** in Skokie on June 5.

On June 13 a gup level test was held in **DesPlaines**, **Illinois**.

**Sereff World Taekwon-Do Camp** was held June 24-29 in Estes Park, Colorado. Hopefully we will have pictures and info in the next <u>Flash</u>.

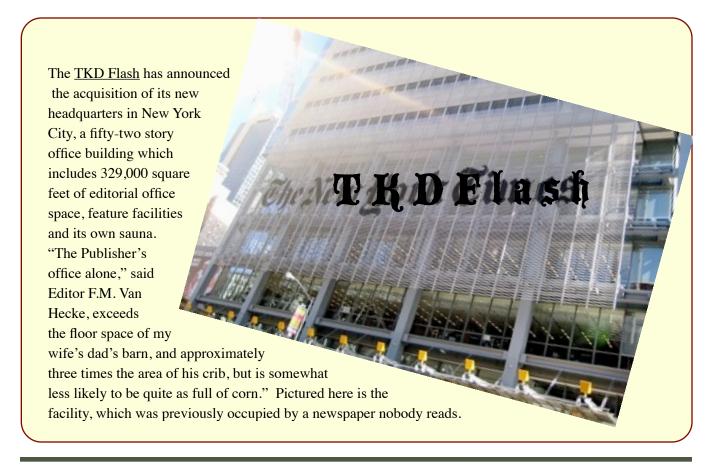
June 9 and 10. USTF Instructor C Course, Mountain View TKD, Battle Ground, Washington. Promoter: Mr. David Mason. Another excellent course with Grand Master Mike Winegar. Pictures and details published when they are made available.

# **New England Black Belt Test**

By Roselyn Romberg

The Concord School of TKD hosted a Black Belt test for regional New England schools on May 20th. Senior Master Louis Reyes supervised the event, overseeing the promotion of students from Concord TKD, Giorgio's Academy of Sudbury MA, and New England TKD from Hanover MA.

Candidates for I Dan included Mr. Aaron Wang, Ms. Elizabeth Shoup, Mr. Adam Rainis, Ms. Catherine Tyrakowski, and Mr. Bryce Mashimo. Testing for III Dan were Mr. Mike

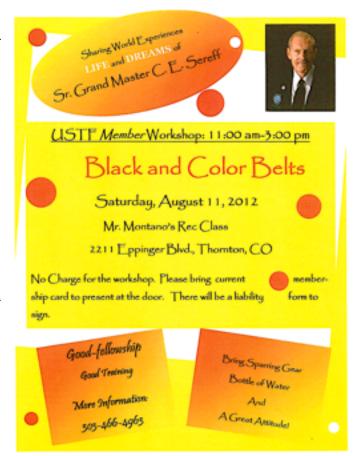


Heffron and Ms. Annie Lawson. Mr. Theo Goetemann tested for IV Dan.

Mr. John Murphy, VI Dan and head of Concord TKD, directed the candidates through strong showings of required kicks and punches. Families and friends watching were wowed by creative, and effective, One Step sequences, particularly the advanced techniques demonstrated by III and IV Dan candidates.

Ho Sin Suls are always great favorites with the candidates and fellow students. This test proved to be no exception. Candidates interwove familiar attack-and-defense sequences from advanced patterns with exciting combinations involving spinning and flying kicks, sweeps, body rolls, and takedowns.

Most dramatic were the exhibitions of breaking that concluded the test. Downward knife-hand, mid-air punch, flying side-piercing and jumping double front snap kicks, through as many four to five boards, were only some of the breaks demonstrated by the candidates, to the delight of onlookers.





From left to right. Mr. Chris Wadium, Ms. Stacey Holyoak, Ms.Corinne Sroykum, Ms. Hill, Mr. Sara Ochoa, Dustin Daniel Mr. Jackson together at the USTF-Utah Black Belt Test on June 2. Article on page 5

The event was a strong and very professional exhibition of the grace and power of Taekwon-Do. Congratulations to all our New England Dans.

[Editor's note: picture, page 1.]

# **USTF-Utah Black Belt Test**

By Corinne Sroykum, IV Dan
On June 2nd, USTF-Utah held an
exciting black-belt testing. There were 6
candidates going from 1st to 6th degree. We
were honored to have Sr. Master Stan Martin
fly in from Wyoming to conduct this testing.
The candidates included: Mr. Chris Wadium
for 6th degree, Ms. Stacey Holyoak, Corinne
Sroykum, and Sara Hill, for 4th degree, Mr.
Dustin Ochoa, for 2nd degree, and Mr. Daniel
Jackson tested for his 1st degree.

It was a special testing for the instructors of these students. Master **William Dubbeld** was excited to have not one, not two, but three new female Sa-Bums, as well as a new 6th degree student! Mr. Riley was excited to have one of his long-time students Mr. Jackson get his black-belt. Mr. Jackson has been training hard for many years and is a good example of perseverance. He is the 4th in his family to achieve his black-belt! And Ms. Holyoak was proud to test alongside her highest ranking student, Mr. Ochoa.

After the testing, Sr. Master Martin taught a wonderful seminar to students of all ranks. Everyone came away learning something new. We want to thank all students, instructors, parents, and spouses who helped make this event possible! Pictures can be found on USTF-Utah's Facebook page. [Picture, page 4]

Reminders that Taekwon-Do is a kicking art: Below, Mr. Grant Bradbury. at the May 19 Utah Cup Tournament, right, Ms. Sara Hill at the USTF-Utah Black Belt test June 2. Thanks to Flash Stringer Mrs. Corinne Sroykum for providing these great photos.







Master Van Hecke,

Graduation for our Sereff **Tots Class** was held June 13<sup>th</sup> at Sereff Taekwon Do.

The instructor, Ms. Cameo Zugschwert, V Dan, has a unique way of teaching the little ones from a circle and makes the experience an educational one as well as fun.

Miss Hannah Hausauer assisted Ms. Zugschwert during this course.

The courses are for 6 weeks and when the students are ready for High White, they will graduate to a regular juniors class.

Congratulations to our Sereff Tots!

Renee Sereff, Grand Master

Sir:

We held the annual Utah-Cup on May 19th, and had a wonderful time! We ended up with 63 competitors representing 8 different schools from around Utah, and Rock Springs, Wyoming.

Competitors ranged from 5-65 years old and white to 5th degree black belt! A great time was had by all, and we invite everyone to join us for our next tournament in November! As always, we wish to thank students from Rock Springs for making the trip down, and also our friends from Maestas TKD and Martin's TKD for their support. Results from this tournament can be found on our website at www.ustf-utah.com.

Corinne Froykum, a proud Flash Stringer

[Editor's Note: see page 5 for some action shots!]

Master Van Hecke:

Another "Superb Issue" Sir! The FLASH has been one of the best things to happen for our great USTF. Each issue seems to get better. I don't know how you do it! This past issue was extremely

informative and lots of great pictures. I have seen a marked increase in events, seminars, testings and tournaments over the last several years. This is testament to the involvement of everyone in our great organization. I can testify to the level of "awesomeness" for Grand Master Winegar's Instructors courses. I have been through quite a few myself over the years and he is an amazing person and even more amazing teacher/instructor.

Please know that your FLASH is read cover to cover each issue which keeps everyone much more informed of all the goings on in the USTF! I know I have said this before, but thank you again for publishing this great forum of information for everyone! Well Done!

Respectfully,

Sr. Master Gary W. Meek, VIII Dan

The Editor replies: Thank you, Sr. Master Meek. The fact is that the real work is done by those who share news of their events. Without our faithful stringers and club leaders taking the time to share their information and pictures, the cupboard would be truly bare.