

The T.K.D. Flash

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COMING EVENTS

July 7 marks a **Ground Tactics Course** taught by Master **Frank Hannon** in **Missouri**.

Also on July 7 there will be a Black Belt test in **Sheridan Wyoming**. Presiding will be Senior Master **Stan Martin**.

On July 28 there will be a Black Belt Test in Battle Ground, **Washington**.

And on August 3rd through 5th, **USTF-Utah TKD Camp**. Sponsored by USTF-Utah.

The **Special Needs Academy of Martial Arts** in **Grafton, Wisconsin**, will conduct a Black Belt Test on August 11.

Also on August 11, an excellent opportunity: **USTF Membership Workshop** with Senior Grand Master **C.E. Sereff** at Thornton, Colorado. No charge to USTF Members. Contact HQ for details.

And on August 18 there will be a Test at that excellent school, **Axe TKD**, Nebraska.



Front Row: **Mike Heffron**, **Bryce Mashimo**, **Lily Shoup**, **Joanne Haley** (IV Dan and head of **New England TKD**), Sr. Master **Louis Reyes**, **Adam Rainis**, **Aaron Wang**, and **Annie Lawson**.

Back Row: **Eric Vining**, **Catherine Tyrakowski**, **John Murphy**, **Bob Giorgio** (head of **Giorgio's Academy**), and **Theo Goetemann** pose on completion of the **Concord School of TKD** Black Belt test on May 20. Article on p. 3.

At a Black Belt test conducted at National Taekwon-Do, **Skokie, Illinois**, June 9, Sr. Master **Earl Weiss** presided assisted by Masters **Braxton Miller** and F.M. Van Hecke and Fifth Dan **Mary Lubner**. Mr. **James Alger**, L.P. Michigan State Director, tested for his Fifth Dan and Miss **Joy Anderson** for her First Dan. Present was Dr. **Steve Osborn**, USTF Region 5 Director. Below left, Panel, assistants, testees; middle, Mr. Alger busts a bunch; right, Miss Anderson using pony-tail for mid-air stability.



August 18 brings the **Burning Phoenix TKD Workshop**. Promoter Mrs. **Heather Gemmell**. To be taught by Grand Master **Renee Sereff**.

August 28 and 29 bring gup levels tests to, respectively, Skokie and DesPlaines, Illinois, under Senior Master **Earl Weiss**.

September 8 there will be a Black Belt Test at **Sereff TKD**.

On September 15, the **Wyoming Invitational Tournament** is to be held in Casper. The Tournament Director is Mr. **Tony Giese**, the Chief Referee **Bob Thompson**.

October 6. **Weapons Self-Defense Course**, Burning Phoenix, Salt Lake City. Mrs. Heather Gemmell, Promoter, Master **Frank Hannon**, Instructor. YHE has studied Ho Sin Sool with Master Hannon, and the experience was excellent.

The **Sr. Grand Master Sereff Fall Championship** is tentatively scheduled for October 21 at Broomfield High School.

October 27, Black Belt Test, **Battle Ground**, Washington. Promoter Mr. **David Mason**.

Set aside November 3 for a **USTF Class B Instructors Course** to be taught by Grand Master **Mike Winegar** at Broomfield. Class C Instructorship is a prerequisite. Bound to be awesome.

November 3, **USTF-Utah Championship**, Salt Lake City. Promoter USTF-Utah. Tournament Director, Master **William Dubbeld**. Chief Referee, Mr. **Chris Wadium**.

November 15, Black Belt Testing, **Axe TKD**, Bellevue, Nebraska, Promoter Master **Ricky Todd**.

November 17, Black Belt Test, Salt Lake City. Promoter, **USTF-Utah**.

December 1, Black Belt Test, **Burning Phoenix TKD**, Sale Lake City, Promoter, Mrs. **Heather Gemmell**.. Does this club rock, or what!?!?

June 9 and 10. USTF Instructor C Course, Mountain View TKD, Battle Ground, Washington. Promoter: Mr. David Mason. Another excellent course with Grand Master Mike Winegar. Pictures and details published when they are made available.

HAPPENINGS

A Black Belt test was held on June 3 for **Big Dog Taekwon-Do**, Grand Rapids, Michigan. Hopefully we will have pictures and details soon.

A gup level test was conducted for students of Sr. Master **Earl Weiss** in Skokie on June 5.

On June 13 a gup level test was held in **DesPlaines, Illinois**.

Sereff World Taekwon-Do Camp was held June 24-29 in Estes Park, Colorado. Hopefully we will have pictures and info in the next [Flash](#).

New England Black Belt Test

By Roselyn Romberg

The Concord School of TKD hosted a Black Belt test for regional New England schools on May 20th. Senior Master Louis Reyes supervised the event, overseeing the promotion of students from Concord TKD, Giorgio’s Academy of Sudbury MA, and New England TKD from Hanover MA.

Candidates for I Dan included Mr. Aaron Wang, Ms. Elizabeth Shoup, Mr. Adam Rainis, Ms. Catherine Tyrakowski, and Mr. Bryce Mashimo. Testing for III Dan were Mr. Mike

The [TKD Flash](#) has announced the acquisition of its new headquarters in New York City, a fifty-two story office building which includes 329,000 square feet of editorial office space, feature facilities and its own sauna. “The Publisher’s office alone,” said Editor F.M. Van Hecke, exceeds the floor space of my wife’s dad’s barn, and approximately three times the area of his crib, but is somewhat less likely to be quite as full of corn.” Pictured here is the facility, which was previously occupied by a newspaper nobody reads.



Heffron and Ms. Annie Lawson. Mr. Theo Goetemann tested for IV Dan.

Mr. John Murphy, VI Dan and head of Concord TKD, directed the candidates through strong showings of required kicks and punches. Families and friends watching were wowed by creative, and effective, One Step sequences, particularly the advanced techniques demonstrated by III and IV Dan candidates.

Ho Sin Suls are always great favorites with the candidates and fellow students. This test proved to be no exception. Candidates interwove familiar attack-and-defense sequences from advanced patterns with exciting combinations involving spinning and flying kicks, sweeps, body rolls, and takedowns.

Most dramatic were the exhibitions of breaking that concluded the test. Downward knife-hand, mid-air punch, flying side-piercing and jumping double front snap kicks, through as many four to five boards, were only some of the breaks demonstrated by the candidates, to the delight of onlookers.



From left to right. Mr. Chris Wadium, Ms. Stacey Holyoak, Ms. Corinne Sroykum, Ms. Sara Hill, Mr. Dustin Ochoa, Mr. Daniel Jackson together at the USTF-Utah Black Belt Test on June 2. Article on page 5

The event was a strong and very professional exhibition of the grace and power of Taekwon-Do. Congratulations to all our New England Dans.

[Editor’s note: picture, page 1.]

USTF-Utah Black Belt Test

By Corinne Sroykum, IV Dan

On June 2nd, USTF-Utah held an exciting black-belt testing. There were 6 candidates going from 1st to 6th degree. We were honored to have Sr. Master **Stan Martin** fly in from Wyoming to conduct this testing. The candidates included: Mr. **Chris Wadium** for 6th degree, Ms. **Stacey Holyoak**, **Corinne Sroykum**, and **Sara Hill**, for 4th degree, Mr. **Dustin Ochoa**, for 2nd degree, and Mr. **Daniel Jackson** tested for his 1st degree.

It was a special testing for the instructors of these students. Master **William Dubbeld** was excited to have not one, not two, but three new female Sa-Bums, as well as a new 6th degree student! Mr. Riley was excited to have one of his long-time students Mr. Jackson get his black-belt. Mr. Jackson has been training hard for many years and is a good example of perseverance. He is the 4th in his family to achieve his black-belt! And Ms. Holyoak was proud to test alongside her highest ranking student, Mr. Ochoa.

After the testing, Sr. Master Martin taught a wonderful seminar to students of all ranks. Everyone came away learning something new. We want to thank all students, instructors, parents, and spouses who helped make this event possible! Pictures can be found on USTF-Utah's Facebook page. [Picture, page 4]

Reminders that Taekwon-Do is a kicking art: Below, Mr. Grant Bradbury at the May 19 Utah Cup Tournament, right, Ms. Sara Hill at the USTF-Utah Black Belt test June 2. Thanks to Flash Stringer Mrs. Corinne Sroykum for providing these great photos.





Master Van Hecke,
 Graduation for our Sereff
Tots Class was held June 13th at
 Sereff Taekwon Do.

The instructor, Ms. **Cameo
 Zugschwert**, V Dan, has a unique
 way of teaching the little ones from
 a circle and makes the experience
 an educational one as well as fun.

Miss **Hannah Hausauer**
 assisted Ms. Zugschwert during this
 course.

The courses are for 6 weeks
 and when the students are ready for
 High White, they will graduate to a
 regular juniors class.

Congratulations to our
 Sereff Tots!

Renee Sereff, Grand Master

Sir:

We held the annual Utah-Cup on May 19th,
 and had a wonderful time! We ended up with 63
 competitors representing 8 different schools from
 around Utah, and Rock Springs, Wyoming.
 Competitors ranged from 5-65 years old and white
 to 5th degree black belt! A great time was had by
 all, and we invite everyone to join us for our next
 tournament in November! As always, we wish to
 thank students from Rock Springs for making the
 trip down, and also our friends from Maestas TKD
 and Martin's TKD for their support. Results from
 this tournament can be found on our website
 at www.ustf-utah.com.

*Corinne Frykum, a proud
 Flash Stringer*

[Editor's Note: see page 5 for some action shots!]

Master Van Hecke:

Another "Superb Issue" Sir! The FLASH has
 been one of the best things to happen for our great
 USTF. Each issue seems to get better. I don't
 know how you do it! This past issue was extremely

informative and lots of great pictures. I have seen
 a marked increase in events, seminars, testings
 and tournaments over the last several years. This
 is testament to the involvement of everyone in our
 great organization. I can testify to the level of
 "awesomeness" for Grand Master Winegar's
 Instructors courses. I have been through quite a
 few myself over the years and he is an amazing
 person and even more amazing teacher/instructor.

Please know that your FLASH is read cover to
 cover each issue which keeps everyone much more
 informed of all the goings on in the USTF! I know
 I have said this before, but thank you again for
 publishing this great forum of information for
 everyone! Well Done!

Respectfully,
 Sr. Master Gary W. Meek, VIII Dan

The Editor replies: Thank you, Sr. Master Meek.
 The fact is that the real work is done by those who
 share news of their events. Without our faithful
 stringers and club leaders taking the time to share
 their information and pictures, the cupboard would
 be truly bare.