

# The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts  
The National Newsletter of the United States Taekwon-Do Federation

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The Utah State Championship Tournament will be held November 7.

Set aside June 13th-18th 2010 for Sereff World Camp, Snow Mountain Ranch. Deposit due by November 15, 2009. Balance due May 1, 2010. Preregistrations already from 14 Australians and 5 Irishmen. We will be offering 3 scholarships for this camp. Contact HQ for details.

On March 9th, 2010, there will be a Color belt test at Sereff Taekwon-Do.

A Black belt test will be held at Sereff Taekwon-Do March 13th next year.

Master Hups will lead a demonstration on December 5th at the Roller Derby.

A Class C USTF Instructors Course will be held at Broomfield, Colorado, on February 6 & 7th, 2010. Contact HQ, Master Renee Sereff, for details.

A Class B USTF Instructors Course will be taught at Broomfield Colorado April 17th & 18th, 2010.

A Black Belt test is to be held in Cadillac MI on November 23. Dr. Steve Osborn, Michigan State Director, will preside.

Grand Master Sereff's Championship was on October 18, 2009. Over 179 participants from Colorado, Wyoming, Nebraska and Missouri, and officials from these states as well as Louisiana and Washington, made the day busy and the competition keen.



As General Choi states, mountain climbing not only develops leg muscles but also nourishes the spirit and promotes a feeling of victory and triumph, as illustrated in the well known Korean poem; "No matter how high the mountain is, it can be compared to a small tomb under the heaven. There is no reason why man cannot succeed if he desires to climb it. All too often, however, one claims it is too high to climb without even making the attempt." These Black Belts have been climbing 14ers for several years. The photograph is by Mt. Quandry. Pictured are Dr. Audrey Farley, IV Dan, Lorie Shaffer IV Dan, Jung Sook Jennings, III Dan.

*-Master Renee Sereff*



Ethan Kao, on his way to Gup 8. Go get 'em!

Samantha Ordahl, Green belt from Sheridan Wyoming (Robin Johnson instructor) took Grand Championship for Junior Color Belts, Jifu Groleau (Sereff Taekwon Do) took Junior Black Belt Grand Champion, Eric Amini-Rad, red belt, from Kirksville Missouri (Master and Master Stephenson) took adult color belt Grand Champion and Kyle Graham from Kirksville, Missouri (Master and Master Stephenson) took Black Belt Grand Champion. The Sereff Taekwon Do Black Belt Team took first place in the Black Belt Team competition, Foothills Taekwon Do took 2nd Place and Maestas Taekwon-Do took third.

On February 27th, Sereff Taekwon-Do will be the site for yet another excellent USTF Referee Course.

A Black Belt test will be held in Utah on November 21.

On October 24 USTF Region V and the Association of Academies of Martial Arts cosponsored a tournament at Madison, WI. Participants from 4 states enjoyed a day of keen competition at the Mad City Chang-Hon Challenge. The Promoter was Mr. Kevin McDaniel.

A Black Belt test will be held in Madison WI on November 8.

On September 26 a "Tune-up Mini-Tournament" was held in Grafton WI. Dr. Rick Bauman was Tournament Director and Mr. Luke Mattias, Promoter. The tournament featured only patterns and free sparring, but in a double elimination format. Participants worked to

get themselves ready for the main event, the October 24 "Chang-Hon Challenge" in Madison. (see above)

Alaska will have a Black Belt test on December 5.

A Weekend with Region 6 – Summer Camp

Submitted by  
 Master Tom Cope, USTF Region 6 Director &  
 Master Ricky Todd, USTF Region 3 Director

Recently the USTF's Region 6 hosted their annual summer Taekwon-Do camp. This was the 9th annual camp and was held at the famous Missouri Military Academy located in Mexico, Missouri. Students and instructors traveled from as far away as North Carolina to attend this year. And while the numbers were a little down from previous years, the 50+ students and instructors proudly represented Missouri, Nebraska, Iowa, North Carolina, and Illinois this year.

Master Larry Winn and Master Tom Cope hosted the event and once again put on a superb training and social event. Unlike years previous, the weather was



Kylie Peters tests for Gup Eight in Madison on September 12.



Sir,

*I don't know if people are interested in seeing what the money we raised at the Nationals Tournament went for. This is the second time that my Taekwon-Do family came through for me. The first time is when my daughter died in 2000.*

*The outpouring of cards and thoughts from all around the United States helped me get through the most difficult time in my life when she died. I am attaching a picture of the plaque that my dad received for the money we raise at the tournament. The plaque is secondary to what the money we raise will do. The money will help another family through the dying process of a loved one, with the love and caring of Hospice, the family pain of losing a loved one, is eased.*

*Thanks again, to all who gave. My thoughts and prayers are with each and everyone of you.*

*Master Dan Huntington and family*

much better with excellent temperatures only reaching into the 80's. For those of you who have been in Central Missouri in August before you know what a nice change this is from the norm! We had USTF students ranging in rank from 8<sup>th</sup> gup, yellow belt through 8<sup>th</sup> dan present at this event, as well as a few parents.

The camp started Friday afternoon with all the travelers arriving and checking in. Rooms were assigned, cars were unpacked, uniforms were hung up, and old friendships were renewed. Campers spent the first evening meeting long forgotten friends as well as greeting new friends who will become members of our extended Taekwon-Do family. Most of the students spent time roaming around the 288 acre campus of the historic 120 year old Missouri Military Academy, visiting the dormitories, a gym, pool, tennis courts, and dining facility. The lights were finally put out at 11:00 p.m. but many of the campers were too keyed up to sleep. Unfortunately for those who stayed up late, training Saturday morning started very early.



Noah Wong, about to launch Mr. Jason Arora, at a Gup level test September 12 at American Martial Arts Center.

Saturday started at 6:00 a.m., or O-dark 30 for the military folks out there, with what I am sure was a pleasant air horn and the banging of pots and pans. After changing into running shoes, the class met at the newly paved running track for some stretching and moaning! All campers did a few warm up laps around the track lead by the Master Instructors present. After the little jog in the early morning rain everyone headed for the dining facility for breakfast. The food was better than years past but not up to the standards your mom set. It was hot, filling, and there was plenty for everyone. After the first of our meals we all returned to our respective rooms to change into doboks and prepare for a full day of training.

Training ran from 8:00 a.m. until late in the day with only short breaks for lunch and water! It was hard but enjoyable. The camp included classes in all facets of Taekwon-Do. All of the training was lead by a Master Instructors to include Master Gary

Meek, VIII dan, VII dans, Master Larry Winn, Missouri State Director, Master Tom Cope, Region 6 Director, Master Dustin Stephenson, and Master Ricky Todd, Region 3 Director.

Assisting with the training were V dans: Mr. Chad Smith, Mr. Gary Meek, Mr. Kevin Bushor, Nebraska State Director and Mrs. Gwen Blotevogel. There may have been a few minor injuries, mainly due to old age, but everyone received as much training as they could want. After the final class Saturday afternoon, the swimming pool was open for a short time before dinner was served. It was amazing to see all those students who were too tired to throw one more kick or punch in class, recover so quickly and have a great time in the pool. The diving board got quite the work out and there were many large splashes, some of which were intentional!

Everyone met for dinner Saturday evening, and while the food about the same as earlier in the day, the conversation seemed much livelier than during the morning meal. The evening was not complete until the kids soundly defeated the adults in a kick-ball game. Lights out was scheduled for 11:00 p.m. again, but

not many made it that late before turning in for the night.

Sunday morning started in much the same manner as Saturday, although everyone seemed to be moving much slower than the previous day. The Masters worked us out the entire morning. All students were glad to finally break for lunch. After packing, cleaning, and clearing out of the dormitories, we started the most difficult task of saying farewell to our fellow campers. There were more than a few phone numbers and addresses exchanged, but unlike many summer camps, I suspect we will all stay in contact with the new members of our Taekwon-Do family. There is something for every student of Taekwon-Do at our camp.

[Editor's Note: due to space considerations, pictures of this event will be in the next issue of the Flash.]



Grand Master Sereff along with Grand Master Mike Winegar graded Jim Stewart and Mary Ann Stewart from Washington to Master Instructor. I This is the first husband and wife that have graded to the rank Master together. Congratulations!

We suppose getting to Master together deserves a reward all the way around.

*Master Van Hecke, Just received your newest issue and once again, it is filled with great information about our great people in the USTF! In particular, the article about Ms Detlefsen.....I was*

glad to see this article and I would like to take this moment to thank you for recognizing our men and women in all branches of military service. When 9-11 hit in 2001, America went crazy in support of our military and bought up more flags than they could make. Since then however, sadly, we have seen all those flags disappear...where has patriotism gone? Ms Detlefsen is over there along with many others defending our right to freedom and democracy and all Americans should be supporting them.

I would also like to mention your article which you did on my trip to Nebraska last February, (April 09 issue), when I presented the Honorary Black Belts to the Freese family. Sadly, again, I must announce that Charlie has passed on just a few weeks ago and I was so happy that I was able to honor him this way and that he was able to enjoy it for the time he had left. I am sure Nadine and his family will cherish that moment for many years to come. Charlie's son, Tom, has also had several tours in Iraq and has made it home safely. I will pray for Ms Detlefsen and all of our brave men and women protecting our freedom to come home safely.

Thank you once again for doing such a great job on this newsletter.

Sincerely,

*Gary W. Meek, VIII Dan*

Sir,

The (2009) **7th Annual Battle of Kennesaw (Open) Martial Arts Tournament** was held October 17 in Acworth, GA. This tournament was based on the merit system. Awards (medals) were presented in each category for 1st (gold), 2nd (silver), 3rd (bronze) placements with great emphasis on competition in as many categories as possible. Pre-registered students that earned 10+ merits (each 1-2-3 placement garnered 2 merit points) also received a 4 foot tall trophy.

Results:

Miss Natalie Gallo, Traditional Forms - Girls 12-14 yrs old Advanced Division, 2nd Place Silver Medal Sparring - Girls Youth 12-14 yrs old Light Weight, Advanced Division, 2nd Place Silver Medal Board Breaking - Girls 10-13 yrs old, Advanced Division, 2nd Place Silver Medal Team Demo

Mr. Tristen Harwell, Traditional Forms - Boys 12-14 yrs old Intermediate Division, 2nd Place Silver Medal Sparring - Boys Youth 12-14 yrs old Light Weight, Intermediate Division, 2nd Place Silver Medal

Board Breaking - Boys 10-13 yrs old, Intermediate Division, 1st Place Gold Medal Team Demo (see below)

Miss Eman Haddad, 3rd Gup High Blue Belt Traditional Forms - Girls 10-11 yrs old Intermediate Division, 1st Place Gold Medal, 2 Team Tug-of-War, 2nd Place Silver Medal Team Demo

Miss LeAnn Haddad, 3rd Gup High Blue Belt Traditional Forms - Girls 10-11 yrs old Intermediate Division, 1st Place Gold Medal 2 Team Tug-of-War , 2nd Place Silver Medal Team Demo

Miss Natalie Gallo, Mr. Tristen Harwell, Miss Eman Haddad and Miss LeAnn Haddad, Team Demo Competition, 2nd Place Silver Medal

Mr. Logan Seaver, 6th Gup Low Green Belt Traditional Forms - Boys 8-9 yrs old Intermediate Division, 1st Place Gold Medal Sparring - Boys Youth 8-9 yrs old Light Weight, Intermediate Division, 1st Place Gold Medal.

*Mr. Mario Manera, II Dan*

*Instructor & USTF Georgia State Director*



Successful competitors in the 7th Annual Battle of Kennesaw Open Tournament. Front row left to right: Miss LeAnn Haddad, Miss Natalie Gallo, Mr. Logan Seaver. Back row left to right: Mr. Tristen Harwell, Miss Eman Haddad

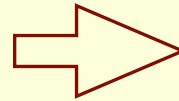


Jifu Groleau, Jr. Black Belt Grand Champion at Grand Master Sereff's Championship on October 18.

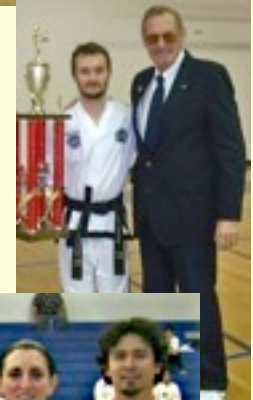


Samantha Ordahl Junior color belt Grand Champion, with Grand Master Sereff and her proud instructor Mr. Robin Johnson.

Adult color belt Grand Champion Eric Amini-Rad



Kyle Graham, Black Belt Grand Champion



Team Grand Champions, Sereff TaeKwon-Do, with "the Boss".



Grandmaster Mike Winegar leads the Class A Instructor Seminar on October 17, 2009 at Broomfield CO. New Class A USTF Instructors are Masters Earl Weiss, Jonas Pologe, Art Schoonover, Larry Winn, Tom Cope, Jim Stewart, and Mary Ann Stewart, and Mrs. Pamela Neidig, and Mssrs. David Lee Mason, Jim Cunningham, Keith Rose, Robert Pettijohn, Paul J. Hultgren, and Lance Edwards. Masters Paul De Baca, Bob Neidig, Dan Griffin, and Kirk Steadman and Mr. Robin Johnson were also in attendance, refreshing those skills and staying sharp!