

The T.K.D. Flash

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The National Newsletter of the United States Taekwon-Do Federation

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The Utah State Championship Tournament will be held November 7.

On August 15, 2009 there will be a USTF Referee Course taught at Sereff Taekwon Do.

September 12, 2009 will mark a Black Belt Test to be held at Sereff Taekwon.

Major Frank Hannon will teach a Basic Ho Sin Sul course on September 13, 2009 at Sereff Taekwon-Do.

Grand Master Sereff's Championship will be held at Broomfield High School on October 18, 2009.

Set aside June 13th-18th 2010 for Sereff World Camp, Snow Mountain Ranch. Deposit due by November 15, 2009 (\$200.) Balance due May 1, 2010. Contact HQ for details.

A Class A USTF Instructors Course will be conducted at Broomfield Colorado October 17, 2009. Contact HQ for details. The course will be taught by Grand Master Mike Winegar.

THE TENTH ANNUAL WYOMING INVITATIONAL TOURNAMENT will be held at the Casper Recreation Center, 1801 East 4th St., Casper WY 82601 on September 19. Contact Tom Sisco (307) 472-0948 siscokidool@hotmail.com, or Jerry Sisco (307) 266-2798 jerrysisco@bresnan.net.

A Class C USTF Instructors Course will be held at Broomfield Colorado on February 6 & 7th, 2010. Contact HQ, Master Renee Sereff, for details.



Amanda and Duncan have at it at their Black Belt Test in Massachusetts

A gup level test was held at the Grafton Academy of Martial Arts on July 9. Presiding were Dr. Rick Bauman, Miss Amirah AbuLughod, Mr. Zeki AbuLughod, Mr. Artem Bordetskiy, and Master F.M. Van Hecke. At the Corner were Mssrs. Rick Flood, Sam Flood and Matthew Thur. Testing successfully were Kristen Spielbauer (to Gup 9), Todd Spielbauer, (Gup 9) Majka Drewitz (Gup 8), J.J. Dick (Gup 7), Tyler King (Gup 7), Logan O'Brien (Gup 5), Michael Herzfeld (Gup 5), and Josh Locklair (Gup 4).

A Class B USTF Instructors Course will be taught at Broomfield Colorado April 17th & 18th, 2010. Once again, details available at Headquarters. NOTE THIS NEW DATE!



In Massachusetts, Adelle and Elizabeth show their stuff while Jessica waits her turn

Black Belt Test, Concord School of Taekwon-Do

--Submitted by Mr. John Murphy

On May 31 Master Reyes conducted a black belt test at the Concord School of Taekwon-Do for students from both Concord and New England Taekwon-Do of Hannover (and included our first brother sister testing candidates Theodore and Adelle Goetemann). We had eleven students for first, one for second, and two for third dan, fifteen candidates in all including a number of our junior national and international competitors, making for a very interesting test. These kids can be very competitive and we knew we were off to an intriguing start with group pattern, each division was in complete sync and trying to out perform the other divisions. Then things got even more competitive during their higher testing patterns no one was going to be second best. Most of those testing for first dan have competed on our patterns teams and those testing for second and third are on our coaching staff so they really did a great job for Master Reyes.

Sparring is always a great deal of fun and with this crew and with no pads we made sure we had an extra case or two of cold packs ready to go just in case they were needed and we did go through a few. All but four of the candidates on this test have competed in more than a few tournaments here in the United States and in Canada. Master Reyes likes to let them have a chance to show their stuff during testing, and they did. I think some of the parents who came to watch are still recovering.

The kicking drills were some of the best we have seen on any test--lots of power and snap. Master Reyes was also very happy with the variety and level of skill demonstrated during step sparring.

This test went very smoothly considering the number of candidates, fellow students, friends, and family members who came to watch. I think we set a record on the amount of cameras and camcorders used at a single test.

Nationals Results

GRAND CHAMPIONS

- Adult Black Belt Lawrence Archer
 Mountain View M.A.
- Junior Black Belt Rebecca
 Rosenblum Sereff TKD
- Adult Color Belt Erin Mason
 Centerline Martial Arts
- Junior Color Belt Redi Reininge Centerline
 Martial Arts

**ADULT PATTERNS
3RD DAN and 4TH DAN**



Ms. Samantha Glasberg leaves no doubt.

(35 years and over)

1st Place	Mei-Li Lin	Sereff TKD
2nd Place	James Brown	Nenana
3rd Place	Clare Langmacher	Maestas TKD

(34 years and under)

1st Place	Robert Martin	Maestas TKD
2nd Place	Nathan Eastin	Kirksville
3rd Place	Grant Bradbury	Dubbeld TKD

1ST DAN and 2ND DAN

(35 years and over)

1st Place	Lawrence Archer	Mountain View
2nd Place	Frank Buschkoetter	Maestas
3rd Place	Natasha Gentry	Mountain View

(34 years and under)

1st Place	Ethron Young, III	Vancouver TKD
2nd Place	Danny Pappas	Maestas
3rd Place	Nolyn Wagner	Kirksville TKD

1ST GUP to 6th GUP

(35 years and over)

1st Place	Rose Curtin	Fairbanks TKD
2nd Place	Michael Grimes	Fairbanks TKD
3rd Place	Holly Bernat	Western Slope TKD

(34 years and under)

1st Place	Erin Mason	Centerline Martial Arts
2nd Place	Jossie Summers	Longview
3rd Place	Brad Schlesselman	Williamsburg TKD

7th GUP to 10th GUP

(35 years and over)

1st Place	Deborah Lutton	Grays Harbor TKD
2nd Place	P.J. Sigler	Mountain View
3rd Place	John Dirr	Centerline Martial Arts



Mr. Theo Goetemann puts a reverse turning kick in a tough place.

(34 years and under)

1st Place	Michael Sommers	Mountain View
2nd Place	James Reeves	Bodystrong
3rd Place	Davis Goglin	Mountain View

JUNIOR PATTERNS

2ND DAN

1st Place	Rebecca Rosenblum	Sereff TKD
2nd Place	Jifu Groleau	Sereff TKD
3rd Place	Cody Springguth, Jr.	So. California

1ST DAN

1st Place	Benjamin Pemble	Maestas TKD
2nd Place	Alexandria Kezer	Fairbanks TKD
3rd Place	DeAundre Summers	Longview TKD

1ST GUP and 2nd GUP

1st Place	Reid Reininger	Centerline M.A.
2nd Place	Magen Spencer	Nenana TKD
3rd Place	Sean Garneau	Trinity TKD

3rd GUP and 4th GUP

1st Place	Ian Witter	Nenana TKD
2nd Place	Jennifer Shroy	Mountain View
3rd Place	Cole Forren	Vancouver TKD

5th GUP

1st Place	Connor Thompson	Mt. Rainier View TKD
2nd Place	Austin Thompson	Mt. Rainier View TKD
3rd Place	Connor Goglin	Mountain View

6th GUP

(Ages 11 to 14)

1st Place	Hannah Reed	Golden Tiger TKD
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A brother-sister act. Well done!



Ms. Matilda Hardman, mom to Master Winn, tests for her Second Dan. Ms. Hardman is in her eighties.

2nd Place	William Horn	Nenana TKD
3rd Place	Emily Egan	Golden Tiger TKD
<u>(Ages 7 to 10)</u>		
1st Place	Samara Ordahl	Sheridan TKD
2nd Place	Curran Connelly	Mountain View
3rd Place	Asher Lange	Longview TKD
7th GUP and 8th GUP		
<u>(ages 9 to 13 years)</u>		
1st Place	Charlotte Royal	Mountain View
2nd Place	Scott Smith	Vancouver TKD
3rd Place	Tagg Meneely	Grays Harbor TKD
<u>(Ages 8 to 9)</u>		
1st Place	Tyler Neissl	Centerline
2nd Place	Berline Garnica	Mt. Rainier View
3rd Place	Colton Cormier	Mt. Rainier View
<u>(Ages 4 to 7)</u>		
1st Place	Taylor Whitelaw	So. California Martial Arts
2nd Place	Josh Baldwin	Mountain View
3rd Place	Aaryak Shastri	Mountain View
9th GUP and 10th GUP		
<u>(ages 7 to 15 years)</u>		
1st Place	Mykah Archer	Mountain View
2nd Place	Eli Duncan	Mountain View
3rd Place	Abbey McCracken	Longview TKD
<u>(ages 4 to 6 years)</u>		



From left to right: Richard Basque, Theo Goetemann, Nihkil Srivanisan, Amanda Martone, Maggie Corcoran, Lisa Raddassi, Jessica Williams, Emily Paik, Artem Petrov, Duncan Fox, Jack O'Callaghan, Adelle Goetemann, Elisabeth Zeng, Todd May, Samantha Glasberg at Concord TKD's Black Belt Test.



1st Place Stephanie Clark
Mountain View
2nd Place Brandon Cormier Mt.
Rainier View
3rd Place Braden Haberthur
Mountain View

ADULT FEMALE SPARRING
4th DAN through 1st DAN

(Middleweight to Heavyweight)

1st Place Amy Wilcox Martins Casper TKD
2nd Place Susan Marx Maestas TKD
3rd Place Christin Langlois Acad. of M.A.

(Flyweight to Lightweight)

1st Place Mei-Li Lin Sereff TKD
2nd Place Lisa Eastin Kirksville TKD
3rd Place Kay-Yi Moriarty Maestas TKD

1st GUP through 7th GUP

(Flyweight to Lightweight)

1st Place Erin Mason Centerline Martial Arts
2nd Place Jessie Summers Longview TKD
3rd Place Jennifer Shroy Mountain View

7th GUP through 10th GUP

(Middleweight to Heavyweight)

1st Place Danielle Meneely Grays Harbor
TKD
2nd Place Shelly Wernlein Thornton TKD
3rd Place Midge Sager Longview TKD

ADULT MALE SPARRING

4th DAN through 1st DAN

(Heavyweight to Super Heavyweight)

1st Place Lawrence Archer Mountain View
2nd Place Ross Herbert So. California
3rd Place Jeremy Hawkins Grays Harbor

(Middleweight to Light Heavyweight)

1st Place Sean Wadium Dubbeld TKD
2nd Place Ethron Young, III Vancouver TKD
3rd Place Matthew Wilson Thornton TKD

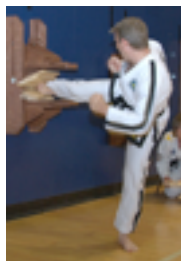
(Bantamweight to Welterweight)

1st Place Nolyn Wagner
Kirksville TKD
2nd Place Nathan Eastin
Kirksville TKD
3rd Place Peter Linnell
Longview TKD

1st GUP through 6th GUP

(Light Heavyweight to Super Heavyweight)

1st Place Mike Hughes
Vancouver TKD



2nd Place Cole Forren
3rd Place Roy Chapman
(Bantamweight to Middleweight)

1st Place Justin Bock Longview TKD
2nd Place John Golbeck Bodystrong TKD
3rd Place Randy
Shroy Mountain View



7th GUP through 10th GUP
(Heavyweight to Super Heavyweight)

1st Place Michael
Sonners Mountain View
2nd Place Jeff
Neissl Centerline
3rd Place PJ

Sigler Mountain View

(Bantamweight to Light Heavyweight)

1st Place Andy Hart Mountain View
2nd Place Davis Goglin Mountain View

JUNIOR FEMALE SPARRING

2nd DAN through 2nd GUP
(100 lbs and over)

1st Place Rebecca
Rosenblum Sereff TKD
2nd Place Magen
Spencer Nenana TKD
3rd Place Tanya
Gentry Mountain View



(99 lbs and under)

1st Place Jifu
Groleau Sereff TKD
2nd Place Samantha Schock Body Strong TKD
3rd Place Rebecca Anderson Mt. Rainier View

3rd GUP to 6th GUP

(100 lbs and over)

1st Place Carly Goglin Mountain View
2nd Place Chelsea Leahy Nenana TKD
3rd Place Emma Southard Grays Harbor TKD

(99 lbs and under)

1st Place Samara Ordahl Sheridan TKD
2nd Place Anika Mudge Nenana TKD
3rd Place Angel Brown Nenana TKD

7th GUP to 10th GUP

(80 lbs and over)

1st Place Jessica Sager Longview TKD
2nd Place Jessie Smith Mt. Rainier View
3rd Place Josie Spritzer Mountain View

(51 lbs to 79 lbs)

1st Place MaKenzie Potts Mt. Rainier View

2nd Place Taylor Whitelaw So. California
 3rd Place Berline Garnica Mt. Rainier View

(50 lbs and under)

1st Place Gracie Sigler Mountain View
 2nd Place Haley Kaufman Mountain View
 3rd Place Zoey Brown Nenana TKD

JUNIOR MALE SPARRING

2nd DAN to 2nd GUP

(140 lbs and over)

1st Place Cody Springsguth, Jr. So. California
 2nd Place Alex Troutman Longview
 3rd Place Dainiznoral Rodriguez Mt. Rainier View

(91 lbs to 139 lbs)

1st Place Tanner Horning Thornton TKD
 2nd Place Cory Elston Hups TKD
 3rd Place Zachary Anderson Mt. Rainier View

(90 lbs and under)

1st Place Reid Reininger Centerline Martial Arts
 2nd Place Benjamin Pemble Maestas TKD
 3rd Place Casey Cox Mountain View

3rd GUP to 6th GUP

(120 lbs and over)

1st Place Justin Hutcherson Centerline Martial Arts
 2nd Place Connor Goglin Mountain View
 3rd Place Ian Witter Nenana TKD

(76 lbs to 119 lbs)

1st Place William Horn Nenana TKD
 2nd Place Sean Witter Nenana TKD
 3rd Place Connor Thompson Mt. Rainier View

(75 lbs and under)

1st Place Nathan Pruitt Mountain View
 2nd Place Conner Coady Mountain View
 3rd Place Tiger Ky Longview TKD

7th GUP to 10th GUP

(80 lbs and over)

1st Place Mykah Archer Mountain View
 2nd Place Ian McCracken Longview TKD
 3rd Place Chance Grendahl Longview TKD

(51 lbs to 79 lbs)

1st Place Tanner Graff Mt. Rainier View TKD

2nd Place Andrew Graff Mt. Rainier View
 3rd Place Hadriel Rodriguez Mt. Rainier View

(50 lbs and under)

1st Place Brandon Cormier Mt. Rainier View
 2nd Place Joshua Baldwin Mountain View

3rd Place Curran Connelly Mountain View

ADULT FEMALE POWER BREAKING

Middleweight to Heavyweight

1st Place Amy Willcox Martins Casper
 2nd Place Susan Marx Maestas TKD
 3rd Place Christin Langlois Acad. of M. Arts

Flyweight to Lightweight

1st Place Clare Langmacher Maestas TKD
 2nd Place Rolena Stephenson Kirksville TKD
 3rd Place Lisa Eastin Kirksville TKD

ADULT MALE POWER BREAKING

Heavyweight to Super Heavyweight

1st Place Jeremy Hawkins Grays Harbor TKD
 2nd Place Lawrence Archer Mountain View
 3rd Place Kelly Koenig Kirksville TKD

Bantamweight to Middleweight

1st Place Jason Schoonover Schoonover TKD
 2nd Place James Brown Nenana TKD
 3rd Place Peter Linnell Longview TKD

ADULT SPECIALTY BREAKING

Males

1st Place Nathan Eastin Kirksville TKD
 2nd Place Robert Martin Maestas TKD
 3rd Place Lawrence Archer Mountain View

Females

1st Place Amy Willcox Martins Casper TKD
 2nd Place Lisa Easton Kirksville TKD
 3rd Place Christin Langlois Acad. of M. Arts

JUNIOR FEMALES BREAKING

Power Breaking

1st Place Rebecca Rosenblum Sereff TKD
 2nd Place Kari Wernlein Thornton TKD
 3rd Place Samantha Schock Body Strong TKD

Specialty Breaking

1st Place Rebecca Rosenblum Sereff TKD

2nd Place Tanya Gentry Mountain View
 3rd Place Kari Wernlein Thornton TKD





JUNIOR MALES BREAKING

Power Breaking

1st Place Alex Troutman
Longview TKD

2nd Place Tyler
Cormier Mt. Rainier View

3rd Place Tanner Horning
Thornton TKD

Specialty Breaking

1st Place Tyler Cormier Mt.

Rainier View

2nd Place Joel Crawford Mountain View

3rd Place Cory Elston Hups TKD

Miss Chris Langlois explores one of the preliminary phases of toothpick production at USTF Nationals.



[Ed. Note: Apologies, in advance, to anyone whose name is misspelled or club incorrectly designated.]



The Region 5 Regional Black Belt Test for 2009 was held on July 18 in Madison, WI. Presiding were Masters Earl Weiss, Braxton Miller, and F.M. Van Hecke and Dr. Rick Bauman and Mr. Mike Van Pietersom, Fifth Dans. Mr. Kevin McDaniel, Fifth Dan, hosted the event and handled Corner. The following successfully tested to the ranks indicated: Dr. Steve Osborn, MI State Director, for Fifth Dan; Mrs. Valerie Dodds, for Fourth Dan; Dr. Karen Larson and Mr. Darby O'Connor, for Third Dan; Mr. Artem Bordetskiy and Mr. Tony Mattias, for Second Dan; and the following for First Dan--Mr. Rob Stilson, Mr. Thomas Jacobson, Mrs. Marie Ashley, Miss Brittany Ashley, Miss Emmie Mandel, Mr. Rick Flood. Congratulations on a job well done!