A Publication of the Association of Academies of Martial Arts

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Mr. **Tom Cope**, Missouri, will be hosting USTF Class C Instructors Course February 2nd & 3rd 2008. with G.M. **Mike Winegar**.

On December 11 there will be a gup level test at Skokie's National TaeKwon-Do.



Peter Thompason and Mo Spiessl step-spar at the 2007 Regional Test.

On November 14 10 students participated in a gup test at the Academy of Martial Arts-Grafton. Presiding were Mr. Mike Van Pietersom, Dr. Rick Bauman, Mrs. Mary Lubner, Miss Amirah AbuLughod, Mr. Zeki AbuLughod, and Mr. Artem Bordetskiy. Mr. Luke Mattias managed the Corner. Miss Chris Langlois is to be congratulated on passing to Gup One Decided.



Paul Hebein accommodates Christen Langlois with a ride home at the Regional Test.

On May 3 and 4, 2008, Grand Master Mike Winegar will teach one of his excellent "C" instructor courses in Cadillac MI Dr. Steve Osborn will host this inaugural event for our Region. Your editor has attended all of Grand Master Winegar's Instructor Courses. As the only person in the Region to have done so, he can speak to the quality and value of G.M. Winegar's instruction on all levels. This is simply not to be missed. Contact your host, Dr. Steve Osborn, at Cadillac TaeKwon-Do, sosborntkd@hotmail.com. Please put this one on your calendars now!

A Class C USTF Instructors Course will be taught in Denver Feb. 9th & 10th, 2008 by Grand Master Mike Winegar.

Dec. 1, Gup Testing, Big Dog TKD. Be there!

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On December 5 Master Earl Weiss will conduct a gup level test at Desplaines IL for National TaeKwon-Do.



Poetry in Motion: Third Dans Paul Hebein and Brian Nusslock take to the air.

O.K. The <u>Flash</u> promised to enlighten readers as to the 2007 Region 5 Black Belt Tests held on November 3, 2007 in Green Bay WI.

Candidates for First Dan

Geralyn Liverett
Keith Madison
Ken Moen
Maureen Spiessl
Artem Bordetskiy
Ashley Doebert
Peter Thompson
Austin Schopbach
Collin Madison

Candidates for Second Dan

Mrs. Caren Johnson

Mr. Edward Girdaukas

Candidates for Third Dan

Mr. Brian Nusslock Mr. Paul Hebein

Mr. Brian Sowers

Candidate for Fourth Dan

Mr. James Alger

Candidates for Seventh Dan

F.M. Van Hecke Braxton Miller

Participating Schools and Instructors

Marquette TaeKwon-Do, Mr. Chuck Giotto

Green Bay Academy of Martial Arts Henry Goddard

Academy of Martial Arts--Sheboygan Jackie Karpinsky/Marc Mikkelson

Grafton Academy of Martial Arts F.M. Van Hecke

School of Classical TaeKwon-Do Braxton Miller

Cadillac TaeKwon-Do/Lone Wolf Steve Osborn

Board Adjutant

Mike Van Pietersom. 5th Dan

Aide-de-camp

Mrs. Mary Lubner, 4th Dan

Corners

Mr. Jeremy Kempka, 5th Dan Mr. Kevin McDaniel, 5th Dan



Participants and Presiders on November 3. From left, first row: Austin Schopbach, Collin Madison, Peter Thompson, Maureen Spiessl, second and third rows by position: Grand Master C.E. Sereff, Master F.M. Van Hecke, Master Braxton Miller, Mr. Ed Girdaukas, Mr. Keith Madison, Mr. Artem Bordentskiy, Mr. Ken Moen, Mrs. Caren Johnson, Ms. Ashley Doebert, Mr. James Alger, Mr. Brian Sowers, Mr. Paul Hebein, Mr. Brian Nusslock, Mrs. Geralyn Liverett, Master Renee Sereff, Master Earl Weiss.

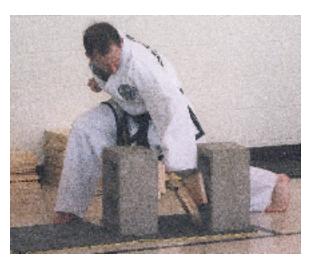
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Mr. Artem Bordetskiy of the Academy of Martial Arts, Grafton, (and of Uzbekistan and of the United States) is congratulated on his Best Test Award by Grand Master C.E. Sereff and by his instructor.

A Class B USTF Instructors Course was taught by G.M. Mike WInegar in Denver on Nov. 10 and 11.



Mr. Ed Girdaukas makes sawdust with his fist on the path to Second Dan.

The A.A.M.A.-Charlotte TaeKwon-Do Open Tournament was held in Charlotte on Saturday November 17.

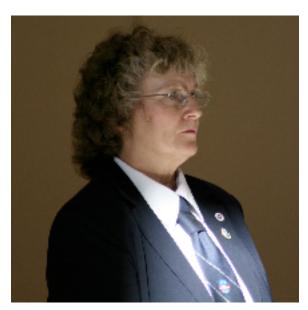


Mrs. Caren Johnson cracks through a pile of lumber with reverse turning kick.

Mr. Henry Goddard, Second Dan, hosted the Region 5 Awards Dinner at the Rite Place, Green Bay, the evening of November 3. Special guests were Grand Master C.E. Sereff and Master Renee Sereff, who were given mementos of their visit to Wisconsin. Masters Braxton Miller and F.M. Van Hecke presented Grand Master Sereff and Master Sereff with original calligraphic art expressing their thanks. Both Masters Miller and Van Hecke were honored with beautiful acrylic awards presented by Master Earl Weiss. Mr. Jeremy Kempka, Masters Miller, Weiss, and Sereff also addressed the group as did Grand Master Sereff. Honored were those who tested for various ranks of Black Belt earlier that day. In attendance were over 40 Black Belts and Black Belt candidates, their families, and practitioners of TaeKwon Do from Michigan, Northern Michigan, Wisconsin, Illinois, and North Carolina. Participants are thanked for their support of those who tested, for their efforts on behalf of the Region, for the many beautiful and meaningful gifts, and for their presence. Once again we found ourselves brought together in this Region 5 of U.S.T.F. in honor of the great gift of Gen. Choi, Hong Hi, our beloved Art of TaeKwon-Do.

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A spot of sunlight hits a pensive Master Renee Sereff as she looks on, contemplating those testing on November 3 and, perhaps, the TaeKwon-Do she has so ably served for decades.



Six boards are the stuff of history as Third Dan Brian Nusslock, Academy of Martial Arts--Grafton, powers through them with knife hand downward strike. Nusslock's overall performance was one of the high points of the November 3 test.



Your humble editor comes in for a crash landing. Taken microseconds prior to completion of knifehand guarding block.