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USTF Nationals were held in Waunakee, WI on July 20th and 21st of 2007. Mr. Kevin McDaniel was Tournament Promoter and did a bang-up job; he was awarded a plaque by U.S.T.F., Grand Master C.E. Sereff, and Master Renee Sereff for an outstanding contribution to our U.S.T.F. tournament heritage. Tournament Director F.M. Van Hecke kept total chaos to a minimum. Complete tournament results will be posted in the September 2007 Flash.

Mr. Kevin McDaniel hosted the U.S.T.F. Picnic on Sunday, July 22 in Middleton WI. This event included games, activities, good food and good times with some of TKD's finest from many states. Special kudos are in order for Mrs. Jodi McDaniel for her outstanding work throughout the week end.

Mr. McDaniel, who seems tireless on occasion, will conduct a **referee seminar** on September 30 at **Big Dog TaeKwon-Do** in Grand

Rapids. For details, contact Dr. Steve Osborn, sosborntkd@hotmail.com.

Put aside October 13 on your calendars for the annual A.A.M.A. Fall Classic in Neenah WI, hosted by Dr. John Butitta.



Champion Emmie Mandel in perfect form at U.S.T.F. Gup Nationals on July 21.

The U.S.T.F. Regional Black Belt Test for 2007 will take place in Green Bay, Wisconsin, on November 3. Instructors who are interested contact Mr. Van Hecke, fmvh@execpc.com or 414-852-9229. Students who are interested, contact your instructors. We have the great fortune to announce the likely presence of **Grand Master Charles E. Sereff** and **Master Renee Sereff**.

On August 28 a color belt test will be held at Skokie IL under the supervision of Master Earl Weiss.

Put aside September 22 for the Wisconsin version of the **USTF Referee Seminar**. This will be taught at Middleton WI by Mr. Kevin McDaniel. Referee certification is a necessity for

promotion to First Dan and for some higher ranks. The seminar will begin at 10:30 and will be of approximately 7 hours' duration. These are a lot of fun, and this will be the only Wisconsin offering of this course until 2008. For details you may contact Mr. Van Hecke at fmvh@execpc.com.

On August 11 a combined Black Belt Physical Requirements Test and Gup Level Test was held at the Academy of Martial Arts, Grafton WI. Testing were Gup One Nora Schauble, who successfully completed the physical requirements for her Black Belt, and students Caitlin Quintenz, Chrissy Luick, and Matthew Thur. Presiding were Mrs. Mary Lubner, Mr. Jordan Wagner, and Mr. VH, assisted by Corner Luke Mattias and Assistant Tony Mattias.



Champion Amy Wilcox rattles the target in high-speed (and high) technique breaking action.

On September 5 Master Earl Weiss will conduct a gup level test at Desplaines IL for National TaeKwon-Do.

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This just in! On **October 6** the place to be will be Crystal Lake Illinois at the School of Classical TaeKwon-Do, where Mr. Braxton Miller will host a Ho Sin Sool Seminar. Teaching will be U.S.T.F. Certified Ho Sin Sool Instructor Master Earl Weiss. For details, contact Mr. Braxton Miller, 847-526-4250. Your humble editor has had the privilege of a preview of Master Weiss's system, and it is practical, straightforward, and extremely helpful. No "Big Man's Hapkido" here, but practical self-defense for real people. This course is highly recommended.



Gathered at Grafton August 11 to celebrate Nora Schauble's physical requirements test were, from left, Ok Hyang Kim, Tony Mattias, Jordan Wagner, Luke Mattias, Mary Lubner, Nora, Mr. VH, Zeki AbuLughod, and Amirah AbuLughod.

Fourth Dan Mary Lubner hosted a guest from Korea for two weeks through a 4-H exchange program. Ok Hyang Kim graciously prepared a Korean meal, bulgogi and glass noodles, for students of the Academy of Martial Arts, Grafton, on August 9. Two

students, Nora Schauble and Maddie Mandel, modeled a traditional Korean outfit for special occasions. Ok Hyang also attended the Black Belt test on Saturday to support all who tested. Ms. Kim also aided students with a brief session on pronunciation of Korean words.

<u>Technical Corner</u> Round Two Continued

[Editor's note: in the last issue, the following was proposed by Mr. Jay Mustapich:

What is the significance of Closed Ready Stance A,B,C, or D for any of the patterns?

I know the first pattern to differ from Naranhi Junbi Sogi is Closed Ready Stance A at Won-Hyo. The hand position certainly resembles that of the Buddhist and Chinese bowing gesture, which makes sense considering Won Hyo was a Buddhist monk. But what of Choonj-Jang which was from the Yi Dynasty, a Confucian era?]

Sir,

I am proposing some insight into the very question I posed for the most recent edition of the Flash. I hope that others will be able to help me to see if there is any validity to what I offer or if they have any counterpoints to help me further in this investigation...

Something occurred to me today as I was taking a peaceful walk and my mind was able to stay clear: Could the answer be so simple that we were looking into it too deep? Is it possible that certain patterns have the various

ready stances simply because General Choi simply "felt" like making it a part of that particular pattern? Much the same way as he decided that movements 1 and 4 of Toi-Gye were middle inner forearm blocks versus having them be something else? Perhaps that is just what he wanted to do?



Champion Justina Hauss: **Determination**

We know from our required knowledge for the 4th Dan Black Belt test that the ready posture for Yoo-Sin(Warrior Ready Stance B) "signifies a sword drawn on the right rather than the left side, symbolizing Yoo Sin's mistake of following his king's orders to fight with foreign forces against his own nation."

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But what of the other patterns? I believe from my previous research, although I can't quote a source, that the ready posture for Juche is the parallel ready stance with a twin side elbow to represent the captured stance of statues of Kim Il-sung who proclaimed that Juche was the philosophical ideals of North Korea.



Champion Justina Hauss: **Victory**

I can only speculate on other ready postures, but then I run into a conflict. For example, the first pattern to use something other than parallel ready stance is Won-Hyo pattern. The hand gesture resembles a very polite positioning of the hands found in Chinese culture. From China, Buddhism was brought to Korea. And Won-Hyo was a Buddhist monk. So this might make sense here. Yet patterns such as Choong-Jang and So-San which also use Moa Junbi Sogi A are named for people who lived during the Yi Dynasty! In the W.T.F form Tae Geuk 7 Jang, this position is found at approximately the 13th movement(different sources count the movements

differently). In studying this form, this technique is simply defined as a preparatory stance, and nothing more.

The two Blue Belt forms happen to use the Close Ready Stance B. What are their similarities? They are 2 intermediate colored belt forms, and the are named for 2 men from different periods of the Yi Dynasty. What is the significance? We also find it as a ready stance for Se-Jong pattern. It is also found in the middle of a form as movement # 19 in Ul-Ji pattern. From reviewing the application of this movement from the expanded encyclopedia, it also seems to be a preparatory stance waiting to see what movement the opponent makes.

Close Ready Stance C is found in a few forms that are also spread out between Hwa-Rang and Choi-Yong, so I cannot find any connection. The hand position surely resembles the Overlapped Back Hand which is used as a ground defense according to the 1988 condensed encyclopedia, page 249. I'm assuming the defense can serve the same purpose for someone standing!

I haven't even covered the others: Close Ready Stance D, Heaven Hand, Warrior Ready Stance A, etc. But perhaps we'll leave that for another edition. I'm curious to see other's ideas.

> Sincerely, Jay Mustapich, V Dan

Mr. Braxton Miller and the Schoool of Traditional TaeKwon-Do will host a Black Belt test on September 15. Some Thoughts on Student Record-Keeping F.M. Van Hecke

Whether you're brandnew to TaeKwon-Do or a grizzled veteran, it's important to keep track of your activities in the Art. Your instructor generally keeps track of class attendance, but it is far more difficult for an instructor to keep track of other sorts of events and activities.

It is critical on occasion that you be able to recapture information as to your prior activities. For example, if you are required to obtain referee certification, such as a Class "C" license (for your First Dan) or a Ho Sin Sool Course (for your Second Dan), your instructor or the certifying association may require you accompany your Application for Referee Status, in the former instance, with a record of the tournaments you attended, the events you participated in, the number of rounds you sat as a corner judge or a timekeeper, your Application for Degree Certificate with a copy of your credentials or certificates of attendance at events.

Try to remember now the date of that tournament you attended two years ago and under which Center Referee and for how many rounds you sat as a Timekeeper, how many rounds you fought, the events you participated in. And where did you put that attendance certificate from that Knife Self-Defense Seminar you attended

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in 2005? Ask your instructor? He may not have been in attendance, may have given YOU the certificate, may simply not have good notes.

Every student should make it a point, starting today, to keep track of activities held outside of your regular classes.

The best way to do this is to start a file folder, label it "TaeKwon-Do Activities," and keep it somewhere you can always get to it.

Whenever you go to a seminar, write up its date, subject matter, who taught it and put it in the file. Whenever you go to a tournament, write up what you did and when and stick it in the file. Whenever you are given a certificate, make a copy of it and put the copy in the file. Do this immediately after each event and when it's needed, you'll have it.

If you are a younger student, have your parents help you do this.

If you're one of those grizzled veterans whose history in the Art goes back 40 years, let me assure you that we live in a new era. You might not event still have your First Dan Certificate, seminar certificates from 1980 or even the capacity to recall them, but don't sell short the need to start thinking, and recording what you can recall, now.

There's no excuse for lost data and no danger of lost

data if you keep your own records well

A Letter to Instructors from the Regional Director

Dear Instructors in Region V:
 I'd like to begin by
thanking you for all that you
do. Without your continued
support, this Region would not
present our students with the
opportunities for quality
TaeKwon-Do and TaeKwonDo events that it has.

Region V has gotten a reputation nationally as a "coming" Region east of the Mississippi, but we have a way to go.

One thing we can do to improve our picture is to actively support regional events.

This Fall presents a rich broth of possibilities for your own and your students' improvement and for fun.

On September 22 Mr. Kevin McDaniel teaches another of his excellent Referee Training Seminars in Middleton.

On September 30 Dr. Osborn hosts another edition of the same seminar again taught by the indefatigable Mr. McDaniel in Grand Rapids.

On October 6 Master Earl Weiss teaches what's guaranteed to be an excellent Ho Sin Sool seminar to be hosted by Mr. Braxton Miller.

On October 13 the Annual A.A.M.A. Fall Classic, always a good opportunity for your students to test their skills and renew their dedication to competition, will be hosted by Dr. Joh Buttita. And on November 3 the Regional Black Belt test presents an opportunity for you and your students to test with the very best in TaeKwon-Do, Grand Master C.E. Sereff and Master Renee Sereff. While all plans for this latter event are not yet complete, their presence in the Region is likely to present yet further opportunities for you and your students to learn, and have fun with, TaeKwon-Do.

But with all these opportunities to provide your students with a value for their school tuitions (thereby improving retention and presenting an aura of recognition for your school as among the best) comes a responsibility on your part to support these events.

The earlier you post an event on the bulletin board, the more positively you emphasize event opportunities, the more you work to accommodate transportation and other concerns, the more you are likely to get participants to attend these events, and the more fun they'll perceive TKD to be.

And that's a good thing, and knowing you, I'm sure that's what you'll do.



Champion Justina Hauss: **Reward**