

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

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Upcoming tournament action:
U.S.T.F. 2005 Nationals in San Diego. June 24 and 25, 2005. Contact Mr. VH for details.

On April 16 a Gup Test will be held in Charlotte.

On March 5 a Gup test was held in West Va. Our regards to Dr. Tony Henderson and Mr. Stacy Keys for continuing to fly the AAMA flag.

On July 16, 2005 the Region 5 Director and the Association of Academies of Martial Arts will host the U.S.T.F. Region 5 Black Belt test. Testing will be candidates from 6 states for ranks ranking from First to Fifth Dan. Presiding will be GrandMaster Charles E. Sereff. Questions? Ask your instructor. Instructors with questions? Ask Mr. Van Hecke fmvh@execpc.com. Information will follow in detail to those inquiring. The test will be held in Fredonia, Wisconsin, details TBA.

On April 29 the Academy of Martial Arts, Grafton, will do a demonstration at Parkview Elementary School.

On June 8, a TaeKwon-Do Summer Camp will be held in Charlotte.

On March 23 National TaeKwon-Do Academy under the leadership of Master Earl Weiss held a gup test at DesPlaines (Dee Park District Gym)

The Region 5 Championships in Waunakee on March 19 were a smashing success, drawing over 100 competitors and officials despite heavy snows in the Region.

Contestants from Wisconsin, Iowa, Illinois, Minnesota and Michigan participated in a day of straight USTF-style sparring, patterns, team sparring, team patterns, and Ho Sin Sool competition. Promoter Kevin McDaniel and the A.M.A.C. (host school) did an excellent job of making everybody comfortable. Well done!

The March 19 A.A.M.A. North Carolina Tournament, under the auspices of the UNCC club, drew a substantial number of competitors from 5 states. Under the capable supervision of Mr. Jeremy Kempka, participants had a full day of sparring, patterns, and team events. (Picture below.)

On March 18 a test was held at Grafton Special Needs Academy. At the Corner was the school Headmaster Mr. Luke Mattias, and presiding were Mrs. Lubner, Mrs. Graff, Mr. Dondero, Mr. Wagner, and Mr. VH. A total of five students tested successfully. Mr. Mattias's continued excellent work with these students is much appreciated.

On March 22 there was a Gup level test in Skokie IL presided over by Master Weiss.

Grand Master Charles E. Sereff will be conducting a **Grand Master's Seminar** on July 16. Open to all irrespective of rank, these seminars have received rave reviews from prior participants. Now you have the chance to train with and learn from one of TaeKwon-Do's true greats. **Preregister** through your instructor or Mr. VH. (Required) Applications available from fmvh@execpc.com. This will meet all U.S.T.F. continuing education standards, as well as being information and fun!

How can we not top off the Black Belt Test and the Grand Master's Seminar with a **dinner**? Speaking will be GrandMaster C.E. Sereff. Mr. Van Hecke will M.C. the family-friendly event the evening of 7/16/05. Details forthcoming.

On May 5 a demo will be held in Charlotte NC by students and faculty of the Academy of Martial Arts and Fitness.

On April 20, the Charlotte Academy of Martial Arts & Fitness will do a demonstration at the Charlotte Bobcats game.

On March 3 Mr. Kevin McDaniel presided at a Gup level testing in Green Bay WI at Mr. Henry Goddard's Academy of Martial Arts.

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Mr. VH will conduct a seminar in Neenah at the Neenah YMCA at the invitation of Dr. John Butitta on April 2 at 1:30.

Etiquette

By Becky Lamboley

[Editor's Note: this essay was contributed by Miss Lamboley as a portion of her First Dan requirements. It is published in two parts, this being the first, and will be continued in the May *Flash*. Miss Lamboley is the student of Mr. Kevin McDaniel and currently attending UW-Milwaukee (Go, Panthers!)]

What is Etiquette, how does it affect us? The dictionary defines etiquette as the customary behavior as an order proclaimed by authority. Simple enough but everywhere we go we are under different authority. I want to take a look at how etiquette differs when under different authorities or when we our selves are the authority. For instance, is etiquette the same when we are home verses when we are at school? I will be explaining these things as well as talking about the etiquette at my TaeKwon-Do school, the World TaeKwon-Do camp I attended this summer and also my views on teaching etiquette.

There is always a set of rules or guidelines to follow at home. They are set to help us from getting hurt and teach us to do well in school as well as in the world around us.

Etiquette starts at home the day we are born. Parents are responsible to teach their children what etiquette is. They have to teach cause and effect. A parent may say, 'no touch, the stove is hot.' And with time, the child learns what the word hot means and the consequence of touching something hot is possibly getting burned. As a child gets older, etiquette becomes more defined and stricter. Children learn to listen to their elders because if they do not, they will receive punishment. Without these rules and guidelines, we would not have learned our manners or know how to interact with people outside of our home.

When at school, as a student, etiquette not only changes from what we are used to at home, but from class to class as well. Each time authority changes, so does etiquette. Students have to learn what each teacher expects and try their best to perform those tasks and stay within those boundaries. What often times proves to be challenging is going from one class to another because the teacher in the first class may not expect the same set of manners as the teacher of the second class. Students are constantly changing from one roll to another in order to behave according to etiquette.

This also holds true in my TaeKwon-Do school, and most martial arts school for that matter. Each instructor expects something just a little different even though they all

teach the same thing. You may wonder how this is possible since the same material is being taught. There are many possible reasons why. Everyone learns differently, some are natural athletes while some simply are not. Also, cretin instructors may feel more comfortable in an environment which is more relaxed verses one that is strict. It's all based on who is teaching; who is in class and what is going on throughout. For example, a higher standard of etiquette may be required during a testing situation verses a normal class.

After being exposed to more then one style of etiquette, I have found that my TaeKwon-Do school in particular has a more laid back style. This is by no means a bad thing, and neither the school nor the instructors should be looked down upon because of it. It is simply how the school is run and as in most things, it has its pro's and con's. In a more laid back form of edict, respect is still shown greatly. This is something taught from day one. You acknowledge that there are higher belts then you and show them respect because of their rank. In our school, the seniors, and even the juniors are called sir and ma'am respectively, or by last name when inside the TaeKwon-Do school. Often times, once outside the school, students feel more comfortable using first names and no longer using sir or ma'am. In my mind, this is expectable, as

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long as respect is shown when necessary. The only real problem is that people tend to become lax and the respect starts to slip away and is often unnoticed.

Because etiquette is more lax at my TaeKwon-Do school, little time is spent on teaching it. This poses a few problems from time to time. Students and instructors alike know to use sir, ma'am and last names along with other generals, but do not always understand or even know about the etiquette that falls beyond those lines. For example, when a Master or your chief instructor enters the do-jang, everyone is supposed to come to attention and bow to them. This shows them that we respect them for their knowledge, rank and recognize them for their teaching abilities. However, many do not know or understand that they are only supposed to come to attention and bow if class has not begun. If class has begun and a Master or their chief instructor enters the room, they continue on with class. They would only stop class and bow if a Grand Master were to enter the room. It shows disrespect, and they didn't even know that it was disrespectful.

Over this past summer, I had the great honor to attend a World TaeKwon-Do camp run by Grand Master Sereff. While there, I experienced the complete opposite end of the spectrum. The etiquette was military style, and although it

took time to get use to, in the end I loved it. Etiquette this strict also has its pro's and con's. Having never been to camp before, I had no idea that they simply expected such high respect. Many of us did not, and we did more push ups then I'd like to remember because of which.

At camp, I learned more within one week then I have ever learned and probably ever will learn within that time span. We spent an entire class lasting close to two hours on etiquette alone. This was very informative, and helped tremendously. It simply told us what was expected and showed us why we were doing so. It also explained all those push ups we had been doing. Just to give you an idea of what etiquette was like while at camp, I will give a few examples of what was expected of us as campers. Whenever Grand Master entered a room, any room, you stood and gave your full attention to him. You would not be seated until he himself was seated and nodded his approval. If an upper belt is talking to you, you stand if not already doing so, come to a full attention, bow and stay at attention until they tell you that you may do otherwise. Once you are told to assume a position, you do so as quickly as possible and hold that position until you are told you may move. If told to jump, you ask how high, and then do as you were told. Sir, ma'am and last names are used under all circumstances.

The list goes on and

on. It may seem like quite a harsh form of etiquette, especially if you have never experienced anything like it, or are not accustomed to it. However, I personally found, once I understood what was expected of me, I liked this form of etiquette much better; it eliminated any gray area. You always knew what to do and could do so confidently. The only difficulty I found was never being able to be informal with the people I became friends with. In this culture, we are use to being very informal with our friend and peers. It is simply a hard adjustment to make and an even harder one when you can be informal with certain friends but not with others.

The trick is finding where to draw the line.

[This essay will be continued in the next essay of the [TKD Flash](#).]

On the following page:

Article from the Tae Kwon Do Times, presentation to Grand Master Sereff. From left: Dr. Rick Bauman, Mr. Tony Mattias, Mrs. Mary Lubner, Grand Master Sereff, Mr. Luke Mattias, Mr. Brian Nusslock.

Black Belt students from four states at a workout led by Mr. Jeremy Kempka.

Participants in the North Carolina Tournament line up.

Below: Instructors and students of Mr. Van Hecke, USTF Wisconsin Regional Director, present Grandmaster Sereff with the Club Flag, Association of Academies of Martial Arts, in honor of the seminar.



USTF Step-Sparring Seminar

Broomfield, CO... On December 11, 2004, Grandmaster Charles Sereff hosted and taught an official USTF Step-Sparring Seminar. Over 70 students and instructors from Colorado, Wyoming Wisconsin, Michigan, and Louisiana attended the event. Master Kent Hups and Mr. Keith Rose assisted Grandmaster Sereff during the advanced kicking portion of the seminar.

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