

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

Volume XIII, Number 3. *The Flash* is published by the Academy of Martial Arts, Inc. Your letters, contributions and articles are welcome. Offices at 752 Lake Shore Road, Grafton WI 53024. E-Mail address: fmvh@execpc.com.

I look at his record. Matriculated January 24, 1990. Gup 9 March 10, 1990. From then on he hit his stride. Gup 8 Decided June 9, 1990. Gup 7 Decided September 15, 1990. Gup 6 Decided January 5, 1991. Gup 5 Decided April 13, 1991. Gup 4 Decided July 13, 1991. Gup 3 Decided September 29, 1991. Gup 2 Decided January 5, 1992. Gup 1 Decided April 5, 1992. Sworn Deacon September 26, 1992. First Dan June 26, 1993. Second Dan, U.S.T.F.-I.T.F. September 8, 1996. Former Headmaster, Academy of Martial Arts, Port Washington. Former Headmaster, though briefly, Academy of Martial Arts, Saukville. And then, the more important things. A husband to Debbie, who gave it her all, and who should know the esteem in which she is held and the respect for her in our community. Father to three outstanding kids, talented and accomplished, Sarah, Ronnie, Robert. All to sworn Deacon. All kids you knew would go somewhere, sometime. I saw him a couple of weeks ago. I was sitting before the bar awaiting case call, and he came up to shake hands, say hello, express his interest in rebuilding his bond to the Art. Debbie was with him there in Court, she told me later. I didn't spot her then. You think what could have been. Ronald "Tony" Nielsen died of an esophageal hemorrhage February 26. Not a one of us who got to know him in his lifetime will not miss Tony, will

not respect him for all he was, did not root for him in the greatest fight of his life, one in which, in the end, one could sense and pray for an eventual and certain victory. You can send your prayers and condolences to the Tony Nielsen family at 462 N. Powers St., Port Washington 53074. We remember Tony, his smile, his sense of fun. He was all too human. We know that when the call to line up is given in the new dojang, Tony will be in line and ready to kick and punch, dobok pressed and last battle won. God rest, Tony.

The big Eastern Sun Spring Tournament will be held in Fredonia on April 7. This is the one!!!!

A test for students at Eastern Sun Sheboygan and the Howard's Grove school was held in Sheboygan February 24. Mrs. Karpinsky, Mr. Barts and Mr. VH presided and 8 students tested

The Inner-School Tournament at Eastern Sun Martial Arts on February 10 was a success! A free freesparring seminar was taught by Mr. Paul Schneider prior to the competition.

Mr. VH cordially invites those who don't care enough about U.S.T.F. to renew their memberships to forget about testing for U.S.T.F.-sanctioned degrees. It's only fair.

The Eastern Sun Brat-Fry was held on February 24 at Manning's Pub in Sheboygan. It is reported that the fun really began when Mr. VH left.

Mr. VH anticipates being in Charlotte NC for Black Belt tests and a seminar the last week in June.

A test was held at the Mequon school on February 12. Three students tested. Mr. Luke Mattias and Mr. VH presided, and Mrs. Erin Graff and Dr. Mark Brudnak cornered.

Upcoming tests in Charlotte: March 10, May 20. Upcoming tests in Mooresville: March 11, May 19.

On February 12 Mr. VH at the kind invitation of Si-Hing Chad Cieske gave a presentation to the Leung Ting Wing-Tsun school in Saukville: "An Interactive Approach to the Law and Martial Arts."

Note the American TaeKwon-Do-Jujitsu Association's First Annual Tournament on March 10, 2001 at Maine East High School, DesPlaines. Call Mr. VH if you need more detail.

A Black Belt Test will be held for the following persons the fourth week end in March: for Second Dan, Mr. Gregg Thursten, Mr. Peter Spitz, Mrs. Jacqueline Karpinsky; for First Dan, Mr. Dwight Drescher, Mr. Marc Mikkelsen. Details will be posted in their schools, and all are invited to cheer them on.

Needed--Participants for Saukville Elementary School High Interest Day Demonstration! The Demo will be on Friday March 9 from 1:00 to 3:00 (two sessions). Call Mr. VH.

The T.K.D. Flash

A Publication of the Association of Academies of Martial Arts

Page Two

The Grafton Academy of Martial Arts will give a demonstration at Woodview School on March 23.

A demonstration is planned again this year at Concordia College for Family Fun Night, June 8.

A couple of "fine points". Movement 36 of form Yul-Gok is shown in the Encyclopedia of TaeKwon-Do as side facing to C. Actually, one is half facing to C, full facing to BC; the attack is to C. Movement 2 of Choong-Mu has also been variously interpreted, the left hand thought of as being a rising knife-hand block. In fact, the left hand is merely providing reciprocal motion and its motion is inward and downward. Thanks to Mr. Earl Weiss for his help on these and many other questions.

Black Medicine: The Dark Art of Death, by N. Mashiro: A Review
by F.M. Van Hecke

Black Medicine: The Dark Art of Death, by N. Mashiro (Paladin Press, 1978) has been around a long time. Companion works by Dr. Mashiro (Black Medicine II: Weapons at Hand, Black Medicine III: Low Blow, and Black Medicine IV: Equalizers) have not been around as long, or at least I don't recall them so being, so this reviewer will wait a decade or two to see if they have "legs" before addressing them.

We all see these relatively

"little" works on the shelves¹ from time to time and say to ourselves, "Hey, jazzy title! If I had money to blow I'd read that one." Often, however, the content does not measure up to the interesting title.

Not so, here.

Dr. Mashiro does an excellent job of doing what he sets out to do, to make simple and illustrate clearly 170 targets on the human body which have the potential to reward the martial artist with a disabling blow to an opponent or even a kill. He does a good job because he avoids the typical flaws of most books attempting to do the same.

Many works simply revel in complexity and are indigestible. Arcane medical terminology (the reviewer grew up around autopsies and tries homicide cases, so he's not daunted by medical terminology) unconnected to a common-sense understanding of their functions, common names and locations is the biggest flaw of most such works. Mashiro provides reasonably clear diagrams, explanations of locations relative to adjacent structures, and doesn't hesitate to use popular names (like "funny bone") where doing so helps tie things together.

The book is also structured logically. By breaking the sectors of the body up into separate discussions, the book avoids being pedantic or "too much at once".

I found the book an easy read and a compact review of things I had gleaned down through the years.

¹ See earlier review in The Flash, Vol XI Number 10, savaging Secret Fighting Arts of the World, by John F. Gilbey (Tuttle, 1989)

On occasion Dr. Mashiro explains the practical "why" something will or will not work. For example, he correctly points out that the instinctive blow to the temple will generally not be effective because of the thickness of the skull in the vicinity. He then helpfully provides the information as to the vulnerability of the adjacent sphenoid.

The author also explodes some pervasive myths against which I have cautioned my students. No clearer example exists of the phony "martial arts instructor" who asserts there is a solid bone in the nose that, hit correctly, will result in a lethal invasion of the frontal lobe. Mashiro knows his stuff (it's not clear in the book what his Ph.D. is in).

It is a puzzle, then, why Dr. Mashiro concludes with a section on ballistic injuries. The entire section can be summarized as follows: We all know people are trained to fire (handguns) at center of mass, but center of mass is not necessarily as sure and sudden a stopper as a shot to the narrow centerline above the navel, the head, or the thighs. Gunshot wounds may be interesting, especially to the forensic pathologist, but it's as though Mashiro had a need to flesh out his work to make his publisher happy.

Much of what Mashiro has to say can be derived from other works, but his is an organized and simply-approached discussion. Don't be put off by the title.



Inner School

Tournament Of Friends

When: Sunday April 29th

Where: Grafton Academy of Martial Arts

Why: To have fun & learn more about Tournaments!

Time: 1:00p.m.

Cost: A donation of any amount to go toward mirrors for the Jackson Academy of Martial Arts

Awards: Trophies from previous tournaments will be given out as awards.

This inner school tournament will be put on by Mr. DuKatz, head instructor at the Jackson school. This is a great opportunity to learn more about competition, and meet fellow members of the association. This tournament will include Forms & Sparring. If you do not have sparring gear do not worry we will have extra gear for you, make sure you have a mouth guard and groin protection.

EASTERN SUN

NATIONALS

TOURNAMENT

SATURDAY

Ozaukee High School
401 Highland Drive
Fredonia, WI



IMPORTANT INFORMATION

- DATE:** Saturday, April 7, 2001
- TIME:** 11:00 a.m. Sharp
- LOCATION:** Ozaukee High School Gym
401 Highland Drive, Fredonia, WI 53021-9499
- RULES:** Taekwon Do Point Rules/Hands to the head
- COMPETITORS:** Open to all Martial Arts Schools.
(Sportsmanlike attitude required)
- EQUIPMENT:** Foot pads, hand pads, shin pads, groin protection, head gear, mouth piece.
Toes must be covered to compete in sparring.
- NOTES:** No spectators on the floor; No coaching.
- TROPHIES:** 1st place trophies for all events
2nd & 3rd place trophies (smaller)
Awards for all Forms Competitors
- ENTRY FEES:** \$40.00 for 1, 2, or 3 events, pre-registered.
\$45.00 for 1, 2, or 3 events, at the door.
Note: No personal checks allowed. Cash, money order, bank checks ONLY
- PRE-REGISTER:** Send only - money order, bank check, or cash to:

Eastern Sun Martial Arts
1411 Mayflower Ave.
Sheboygan, WI 53083

FOR MORE INFORMATION CALL (920) 457-5007

IMPORTANT NOTICE

All Pre-Registered competitors must pay by April 5th
NO EXCEPTIONS!